



Hitchcock Independent School District Athletics Emergency Action Plan

Football Stadium • Gymnasium • Baseball Field • Softball Field • Football Fieldhouse

Official Document for the 2026-2027 School Year Effective August 1, 2026 Last Updated: August 1, 2026

1. Purpose

This Emergency Action Plan (EAP) establishes clear, venue-specific procedures to protect the health and safety of student-athletes, coaches, staff, officials, and spectators during all Hitchcock ISD athletic practices, contests, and related activities. Student safety takes absolute priority over the continuation of any activity.

This plan complies with University Interscholastic League (UIL) requirements (including the mandatory 2026-2027 Heat Protocols effective August 1, 2026), Texas Education Code multi-hazard emergency operations standards, National Athletic Trainers' Association (NATA) best practices, and Hitchcock ISD policy.

2. Scope

This EAP applies to all athletic practices, contests, conditioning sessions, and related activities at the following venues located at Hitchcock High School, 6629 FM 2004, Hitchcock, TX 77563:

- Football Stadium
- Gymnasiums
- Baseball Field
- Softball Field
- Football Fieldhouse

It covers all sports for Hitchcock High School (UIL 4A) and Crosby Middle School.

3. Key Personnel – 2026-2027

- **Athletic Director:** Craig Smith – 409-316-6554 | csmith@hitchcockisd.org
- **Athletic Secretary:** Linda Leuschen – Work: 409-316-6544 ext. 1224 | Cell: 281-235-0452
- **Athletic Trainer:** Premier Sports Medicine LLC (insert specific trainer name, cell phone, and email)
- **Interim Chief of Police / SRO:** Officer Harp – Cell: 512-897-0356 | Work: 409-316-6544
- **HHS Principal:** Donette Line – 409-316-6544
- **CMS Principal:** Andrew Lockhart – 409-316-6542
- **Superintendent:** Dr. Darryl Henson – 409-316-6545



4. UIL 2026-2027 Mandatory Heat Protocols (Class 3)

Hitchcock ISD (Galveston County) is classified as **Class 3**. Wet Bulb Globe Temperature (WBGT) monitoring is required for all outdoor athletic activities.

Monitoring Requirements

- Obtain WBGT reading within 15 minutes prior to the start of outdoor activity.
- Re-check every 30 minutes during the activity.
- Use a scientifically approved instrument or approved internet-based method.
- Prefer the same trained individual for consistency whenever possible.

Class 3 Activity Modification Chart

- **Green** (< 82.0°F): Normal activity. At least three separate rest/hydration breaks per hour (minimum 3 minutes each). Unrestricted water access.
- **Yellow** (82.0–86.9°F): Increased monitoring and rest. At least three rest breaks per hour (minimum 4 minutes each). **Rapid cooling zone required.**
- **Orange** (87.0–90.0°F): Maximum 2 hours of outdoor practice. At least four rest breaks per hour (minimum 4 minutes each). Football: helmet, shoulder pads, and shorts only. **Rapid cooling zone required.**
- **Red** (90.1–92.0°F): Maximum 1 hour. No protective equipment. No conditioning activities. At least 20 minutes of rest breaks distributed throughout the hour. **Rapid cooling zone required.**
- **Black** ($\geq 92.1^\circ\text{F}$): No outdoor activity. Delay or move indoors until conditions improve.

Rapid Cooling Zone (required whenever $\text{WBGT} \geq 82.0^\circ\text{F}$) Immediate availability of a cold-water immersion tub/stock tank (water temperature 35–58°F) or TACO method (ice-water filled tarp). Supplemental cooling items (ice sponges, towels, misters, shade) are strongly recommended.

Exertional Heat Stroke Protocol Remove all equipment and excess clothing → Begin whole-body cooling immediately (preferably within 10 minutes of collapse) → Call 911 after cooling has started → Monitor rectal temperature if trained and available (cease cooling at 101–102°F). Do not rely on oral, tympanic, axillary, or forehead thermometers.

Water shall never be restricted.

5. Roles, Responsibilities, and Chain of Command

1. **Primary Response:** Premier Sports Medicine LLC Athletic Trainer or Head Coach.
2. **Secondary:** Athletic Director Craig Smith or Campus Administrator (Donette Line for HHS events; Andrew Lockhart for CMS events).
3. **Tertiary / District Escalation:** Officer Harp (security and law enforcement) and Superintendent Dr. Darryl Henson.



6. General Emergency Protocols

- Reserved telephone lines or radios shall be used for emergency communication.
- Parents are notified via Skyward, district website, and social media.
- All coaches and designated staff maintain current CPR/AED certification.
- Venue-specific drills are conducted at least twice per semester with local EMS participation.
- All student-athletes must have current physical examinations and completed Rank One forms on file before participation.
- AEDs, first-aid kits, and naloxone are available and regularly checked at every venue.

7. Facility-Specific Emergency Action Plans

A. Football Stadium

- **EMS Access Point:** Main gate near FM 2004 or CMS paved stadium entrance on south side double gate of stadium.
- **AED Location:** Trainer's station on home sideline during game (confirm exact placement annually)
- **Safe Shelter:** Gymnasium or Fieldhouse interior rooms without windows
- **Rapid Cooling:** Staged on-site whenever WBGT $\geq 82.0^{\circ}\text{F}$
- **Medical Emergency:** Trainer assesses → Call 911 → Clear EMS path → Initiate CPR/AED or rapid cooling as indicated
- **Severe Weather:** Suspend activity for lightning (30-minute rule) or Black-flag WBGT → Move all personnel to designated shelter
- **Evacuation / Lockdown:** Follow Officer Harp directions; move to Fieldhouse or secondary parking area as directed
- **Key Contacts:** Premier Sports Medicine Trainer | Officer Harp | Craig Smith | Donette Line

B. Gymnasiums

- **EMS Access Point:** Main school entrance off FM 2004
- **AED Location:** Near gym entrance or training room
- **Safe Shelter:** Locker rooms or interior hallways without windows
- **Medical Emergency:** Trainer responds immediately → Call 911 → Clear court → Direct EMS
- **Severe Weather:** Move to designated interior safe areas during tornado warnings
- **Evacuation / Lockdown:** Exit to exterior parking or secure in locker rooms; follow Officer Harp
- **Key Contacts:** Premier Sports Medicine Trainer | Officer Harp | Donette Line | Craig Smith | Andrew Lockhart

C. Baseball Field

- **EMS Access Point:** Gate near parking lot adjacent to the field



- **AED Location:** Trainer's kit or nearby concession stand
- **Safe Shelter:** Gymnasium or Fieldhouse
- **Rapid Cooling:** Staged whenever WBGT $\geq 82.0^{\circ}\text{F}$
- **Medical Emergency:** Trainer assesses $\rightarrow$ Call 911 $\rightarrow$ Clear path $\rightarrow$ Begin appropriate care
- **Severe Weather / Evacuation / Lockdown:** Same protocols as Football Stadium
- **Key Contacts:** Premier Sports Medicine Trainer | Officer Harp | Donette Line | Craig Smith

D. Softball Field

- **EMS Access Point:** Gate near parking lot (shared with baseball field when adjacent)
- **AED Location:** Trainer's kit or nearby concession stand
- **Safe Shelter:** Gymnasium or Fieldhouse
- **Rapid Cooling:** Staged whenever WBGT $\geq 82.0^{\circ}\text{F}$
- **Medical Emergency, Severe Weather, Evacuation, and Lockdown:** Follow Baseball Field protocols
- **Key Contacts:** Premier Sports Medicine Trainer | Officer Harp | Donette Line | Craig Smith

E. Football Fieldhouse

- **EMS Access Point:** Main gate near FM 2004 (shared with stadium)
- **AED Location:** Near the athletic trainer door and classroom in the main hallway
- **Safe Shelter:** Fieldhouse locker rooms and training rooms (primary indoor shelter)
- **Medical Emergency:** Trainer responds $\rightarrow$ Use AED near athletic trainer door and classroom in main hallway $\rightarrow$ Call 911 $\rightarrow$ Direct EMS via stadium main gate
- **Severe Weather:** Remain in interior rooms without windows
- **Evacuation / Lockdown:** Secure entrances or exit as directed by Officer Harp
- **Key Contacts:** Premier Sports Medicine Trainer | Officer Harp | Craig Smith | Donette Line

8. Severe Weather Guidelines

- **Lightning:** Follow UIL 30-minute rule.
- **Tornadoes:** Move immediately to designated interior safe shelters.
- **Heat:** Strictly follow the Class 3 WBGT chart in Section 4.
- **Cold Weather:** Cancel outdoor activities if wind chill is below 32°F or provide appropriate protective gear for at-risk athletes.
- Cancellation or modification decisions are made by the Athletic Director in consultation with the Superintendent.

9. Medical Emergency Protocols

- Assess the scene and the athlete.
- Activate EMS (call 911) for any life-threatening condition.



- Begin CPR and use AED immediately for cardiac arrest.
- Initiate rapid cooling for suspected exertional heat stroke before or while calling 911.
- Document the incident thoroughly and submit to the Athletic Director within 24 hours.
- Report catastrophic injuries and all AED uses to the UIL as required.

10. Large Event Safety

For high-attendance events (particularly football games):

- Additional security personnel are coordinated by Officer Harp (typically 2–4+ officers).
- A traffic management plan keeps EMS access routes on FM 2004 clear.
- Home and visitor seating areas are designated with clear evacuation routes maintained.
- A pre-event medical time-out is conducted with the athletic trainer.
- Public-address announcements include basic emergency procedures.
- Standby EMS is preferred for major football contests.

11. Collaboration with Emergency Services

Hitchcock ISD partners with the Hitchcock Police Department (Officer Harp), Galveston County EMS, and local fire departments. EMS personnel are invited to annual venue walk-throughs and drills. Post-incident reviews are conducted as needed.

12. Parent and Community Involvement

- Parents must maintain current emergency contact information in Skyward.
- Parents should refrain from calling school telephone lines during an active emergency.
- Pre-season safety information and EAP highlights are shared through district communication channels.

13. Review, Rehearsal, and Posting Requirements

- This EAP is reviewed annually by the Athletic Director, campus principals, Officer Harp, the Premier Sports Medicine athletic trainer, and the district safety team.
- Venue-specific emergency drills are conducted at least twice each semester.

Required Posting

- Laminated one-page venue summary posted in locker rooms, dugouts, press box, Fieldhouse, gym entrances, and trainer stations.
 - Full EAP binder maintained in the Athletic Director's office and Fieldhouse.
 - AED, naloxone, and rapid-cooling locations clearly marked with signage.
 - Current emergency contact list and EMS access maps posted at each venue.
 - Class 3 WBGT activity chart displayed at all outdoor sites.
 - QR code linking to the digital version of this EAP available for staff and coaches.
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This document is the official Hitchcock ISD Athletics Emergency Action Plan for the 2026-2027 school year and supersedes all previous versions.

Prepared for: Hitchcock Independent School District Athletics Department

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