

August 3 - August 31

What's Cooking Today?



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 W/G Chicken Fries -8 Cut Yams -1c Cherry Craisins - 1/2c. Wheat Dinner Roll -1 Milk -8oz	4 W/G Toasted Cheese Sandwich -1 3 Bean Salad Cup - 3/4c Fresh Nectarine -1 Milk-8 oz.	5 Macaroni & Cheese -6oz Diced Carrots -1c Fresh Plum-1 Whole Grain Bread Slice-1 Milk-8oz	6 Tri-Color Tortellini w/ Alfredo Sauce -3oz Sliced Cucumbers -3/4cw/ Dip Fresh Peach -1 Wheat Dinner Roll-1 Milk-8 oz.	Last Day of ESY 7 Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1 1/2 c. Fresh Orange-1 Milk-8 oz.
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				