

ECC Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Aug 3	Aug 4	Aug 5	Aug 6	Aug 7
		Chicken & Cheese Crispito Carrot Coins Green Beans Fresh Apples Chocolate Milk White Milk Skim Milk Taco Sauce	Tender Basket Garden Fresh Salad Corn Bananas Ketchup Buttermilk Ranch Packet Chocolate Milk White Milk Skim Milk	Corn Dog Tater Tots Pork & Beans Pineapple Mustard Packet Ketchup Chocolate Milk White Milk Skim Milk
Aug 10	Aug 11	Aug 12	Aug 13	Aug 14
Cheese Pizza Broccoli Florets Mixed Vegetables Fresh Pears Chocolate Milk White Milk Skim Milk	Bean & Cheese Burrito Carrot Sticks REFRIED BEANS: canned Bananas Taco Sauce Chocolate Milk White Milk Skim Milk	Country fried steak Mashed Potatoes Corn Fresh Apples Country Style Gravy Chocolate Milk White Milk Skim Milk	Chicken Nuggets regular or spicy Green Peas Garden Fresh Salad Applesauce Cups Ketchup Chocolate Milk White Milk Skim Milk	Hamburger / Cheeseburger Lettuce Tomato Pickle French Fries Herb Roasted Cauliflower Warm Cinnamon Apples Ketchup Mustard Packet Mayo Chocolate Milk White Milk Skim Milk
Aug 17	Aug 18	Aug 19	Aug 20	Aug 21
Cheese Pizza Broccoli Salad Green Beans Fresh Pears Chocolate Milk White Milk Skim Milk	Cheesy Chicken Spaghetti Cheesy Garlic Breadstick CREAMY COLE SLAW California Blend Bananas Chocolate Milk White Milk Skim Milk	Popcorn Chicken Peas & Carrots Garden Fresh Salad Fresh Apples Chocolate Milk White Milk Skim Milk Ketchup	Hamburger / Cheeseburger Smiley Fries Charro Beans Fresh Oranges Chocolate Milk White Milk Skim Milk Ketchup Mayo Mustard Packet	
Aug 24	Aug 25	Aug 26	Aug 27	Aug 28
Cheese Pizza Herb Roasted Broccoli Fresh Veggies & Dip Applesauce Cups Chocolate Milk White Milk Skim Milk	Beef Soft Taco ECC Corn Pinto Beans Bananas Chocolate Milk White Milk Skim Milk	Chicken & Waffles Herb Roasted Cauliflower Sweet Potato Tots Warm Cinnamon Apples Chocolate Milk White Milk Skim Milk	Grilled Cheese Sandwich CUCUMBER slices Cooked Carrots Fresh Oranges Chocolate Milk White Milk Skim Milk	Mini Corn Dogs Onion Rings Celery Sticks STRAWBERRIES: frozen Chocolate Milk White Milk Skim Milk
Aug 31				
Cheese Pizza Corn Green Beans Fresh Pears Chocolate Milk White Milk Skim Milk				

*Menu subject to change without notice due to product availability. This institution is an equal opportunity provider and employer.