



DJUHSD Mental Health Pyramid of Supports

Tier 3

**Targeted/Intensive
Support**

**School Psychologist
District Social Worker
District Mental Health
Therapist**

Tier 2

Mild to Moderate Support

**School Psychologist, Counselor,
Intervention Counselor**

Tier 1

All Students

**All School Staff including the Mental Health
Team**

Tier 1

Mental Health Schoolwide Universal Supports School Counselors, Intervention Counselor, School Psychologist, School Social Worker, and School Mental Health Therapist

- Ongoing schoolwide education to promote mental health wellness in the form of assemblies, school rallies, classroom presentations and/or lunch activities including but not limited to:
 - Mental health education
 - Promote wellness and self-care
 - Anti-bullying education and awareness
 - Movement to promote racial and gender equality
 - Promote and explore individual career and vocational interests
 - Promote ideals of basic human worth, individual integrity, and respect for the rights and opinions of others
 - Suicide awareness and prevention
 - Encourage student participation in clubs, sports and other school extra-curricular activities
 - Activities to discourage the use of drugs and alcohol
- Ongoing mental health literacy and education to promote mental health wellness for parents and all staff

Delano High School Counselors

Sandy Oropeza
Phone: 661-720-4133
Email: soropeza@djuhsd.org

Susana Salazar
Phone: 661-720-4322
Email: ssalazar@djuhsd.org

Irma Guerrero
Phone: 661-720-4135
Email: iguerrero@djuhsd.org

Dr. Sherie Wolosz
Phone: 661-720-4680
Email: swolosz@djuhsd.org

Robert F. Kennedy High School Counselors

Martha Munoz
Phone: 661-720-4136
Email: mmunoz@djuhsd.org

Natalie Fragoso
Phone: 661-720-5114
Email: nfragoso@djuhsd.org

Arturo Cantu
Phone: 661-720-5115
Email: acantu@djuhsd.org

Katie Carver
Phone: 661-720-4182
Email: kcarver@djuhsd.org

Chavez Collegiate High School Counselors

Eliseo Garza
Phone: 661-720-4503
Email: egarza@djuhsd.org

Maria Mendoza
Phone: 661-720-4783
Email: mmendoza@djuhsd.org

Marbella DeLeon
Phone: 661-720-4531
Email: mdeleon@djuhsd.org

Alfonso Hernandez
Phone: 661-720-4784
Email: ahernandez@djuhsd.org

Intervention Counselors

Cheryl Gonzalez
Delano High School
Phone: 661-720-4250
Email: cgonzalez@djuhsd.org

Sarah Del Rio
Robert F. Kennedy High School
Phone: 661-720-5120
Email: sdelrio@djuhsd.org

Esmeralda Robles
Chavez Collegiate High School
Phone: 661-720-4551
Email: erobles@djuhsd.org

Eliseo Santillano
Valley High School
Phone: 661-720-4142
Email: esantillano@djuhsd.org

School Psychologists

Ligia Rodarte
Chavez Collegiate High School
Phone: 661-720-4465
Email: lrodarte@djuhsd.org

Claudia Rodriguez
Robert F. Kennedy High School
Phone: 661-720-4143
Email: crodriguez@djuhsd.org

Rudy Arellano
Delano High School
Phone: 661-720-4521
Email: rarellano@djuhsd.org

Guillermo Santana
Valley High School
Phone: 661-720-4716
Email: gsantana@djuhsd.org

District Mental Health Therapists

Luz Maria Garay, LMFT
Phone: 661-720-4130
Email: lgaray@djuhsd.org

Yareli Ruiz, LMFT
Phone: 661-720-4310
Email: yruiz@djuhsd.org

District Social Worker

Maria Sandoval, LCSW
Phone: 661-720-4159
Email: msandoval@djuhsd.org

Ryleigh Gutierrez, PPS
Phone: 661-720-4215
Email: rgutierrez2@djuhsd.org



Tier 2

Students with Mild to Moderate Mental Health Issues School Psychologist, School Counselors, Intervention Counselor

- Small group/individual counseling of students who experience social emotional difficulties in the areas of but not limited to:
 - Personal and academic growth
 - Anger management, conflict resolution skills
 - Developing and maintaining healthy relationship
 - Normal (uncomplicated) grief and loss
 - Effective ways to cope with mild mental health symptoms
 - Goal setting and career planning
 - Anti-bullying education (promote the use of Stop-it app)
 - Effective problem solving skills
 - Educational development due to behavioral, health or other reasons (i.e. lack of motivation)
- Conflict mediation
- Provide substance abuse education and awareness, etc. to triumph over patterns of drug usage.
- Ongoing counseling, check ins/follow up on progress of student on caseload.
- Meet, confer and counsel parents regarding at risk student problems.
- Assist in the referral of student to community agencies and specialized services as needed.

Delano High School Counselors

Sandy Oropeza
Phone: 661-720-4133
Email: soropeza@djuhsd.org

Susana Salazar
Phone: 661-720-4322
Email: ssalazar@djuhsd.org

Irma Guerrero
Phone: 661-720-4135
Email: iguerrero@djuhsd.org

Dr. Sherie Wolosz
Phone: 661-720-4680
Email: swolosz@djuhsd.org

Robert F. Kennedy High School Counselors

Martha Munoz
Phone: 661-720-4136
Email: mmunoz@djuhsd.org

Natalie Fragoso
Phone: 661-720-5114
Email: nfragoso@djuhsd.org

Arturo Cantu
Phone: 661-720-5115
Email: acantu@djuhsd.org

Katie Carver
Phone: 661-720-4182
Email: kcarver@djuhsd.org

Chavez Collegiate High School Counselors

Eliseo Garza
Phone: 661-720-4503
Email: egarza@djuhsd.org

Maria Mendoza
Phone: 661-720-4783
Email: mmendoza@djuhsd.org

Marbella DeLeon
Phone: 661-720-4531
Email: mdeleon@djuhsd.org

Alfonso Hernandez
Phone: 661-720-4784
Email: ahernandez@djuhsd.org

Intervention Counselors

Cheryl Gonzalez
Delano High School
Phone: 661-720-4250
Email: cgonzalez@djuhsd.org

Sarah Del Rio
Robert F. Kennedy High School
Phone: 661-720-5120
Email: sdelrio@djuhsd.org

Esmeralda Robles
Chavez Collegiate High School
Phone: 661-720-4551
Email: erobles@djuhsd.org

Eliseo Santillano
Valley High School
Phone: 661-720-4142
Email: esantillano@djuhsd.org

School Psychologists

Ligia Rodarte
Chavez Collegiate High School
Phone: 661-720-4465
Email: lrodarte@djuhsd.org

Claudia Rodriguez
Robert F. Kennedy High School
Phone: 661-720-4143
Email: crodriguez@djuhsd.org

Rudy Arellano
Delano High School
Phone: 661-720-4521
Email: rarellano@djuhsd.org

Guillermo Santana
Valley High School
Phone: 661-720-4716
Email: gsantana@djuhsd.org



Tier 3

Students Experiencing Significant Distress/Impaired Mental Health Functioning School Psychologist, School Social Worker, School Mental Health Therapist

- Respond to on site crisis calls (i.e. possible risk of suicide or threat to others, student exhibiting serious emotional distress) and develop safety plan to secure safety of student in crisis as needed.
- Assist in referrals of student in crisis to specialized outside mental health treatment.
- Ongoing check ins and monitoring progress of student outside treatment.
- Family counseling and parent education as it relates to the student's specific mental health issue(s).
- Serve as a liaison between parent and outside provider(s) to collaborate and assist with student reaching improved mental health.
- Work closely with school staff and parent to establish appropriate accommodations and academic supports as needed.
- Short term counseling/case management of high risk students who otherwise not able to secure outside mental health services as needed.
- Assists in the coordination of SST/SART meetings and monitors the functioning and effectiveness said school services.
- Provides consultation to teachers, parents and administrators on mental health issues affecting the student's educational progress.
- Planning and conducting individual and group counseling of students experiencing significant mental health problems.

School Psychologists

Ligia Rodarte
Chavez Collegiate High School
Phone: 661-720-4465
Email: lrodarte@djuhsd.org

Claudia Rodriguez
Robert F. Kennedy High School
Phone: 661-720-4143
Email: crodriguez@djuhsd.org

Rudy Arellano
Delano High School
Phone: 661-720-4521
Email: rarellano@duhsd.org

Guillermo Santana
Valley High School
Phone: 661-720-4716
Email: gsantana@djuhsd.org

District Mental Health Therapists

Luz Maria Garay, LMFT
Phone: 661-720-4130
Email: lgaray@djuhsd.org

Yareli Ruiz, LMFT
Phone: 661-720-4310
Email: yruiz@djuhsd.org

District Social Worker

Maria Sandoval, LCSW
Phone: 720-4159
Email: msandoval@djuhsd.org

Ryleigh Gutierrez, PPS
Phone: 661-720-4215
Email: rgutierrez2@djuhsd.org



DJUHSD Mental Health Staff

School Psychologists

Tier 3
Tier 1 & 2 as needed

Ligia Rodarte
Chavez Collegiate High School
Phone: 661-720-4465
Email: lrodarte@djuhsd.org

Claudia Rodriguez
Robert F. Kennedy High School
Phone: 661-720-4143
Email: crodriguez@djuhsd.org

Rudy Arellano
Delano High School
Phone: 661-720-4521
Email: rarellano@duhsd.org

Guillermo Santana
Valley High School
Phone: 661-720-4716
Email: gsantana@djuhsd.org

District MFT's

Tier 3
Tier 1 as needed

Luz Maria Garay, LMFT
Phone: 661-720-4130
Email: lgaray@djuhsd.org

Yareli Ruiz, LMFT
Phone: 661 720-4310
Email: yruiz@djuhsd.org

District Social Worker

Tier 3
Tier 1 as needed

Maria Sandoval, LCSW
Phone: 661 720-4159
Email: msandoval@djuhsd.org

Ryleigh Gutierrez, PPS
Phone: 661-720-4215
Email: rgutierrez2@djuhsd.org

School Counselors

Tier 1 & Tier 2

Sandy Oropeza
Delano High School
Phone: 661-720-4133
Email: soropeza@djuhsd.org

Susana Salazar
Delano High School
Phone: 661-720-4322
Email: ssalazar@djuhsd.org

Irma Guerrero
Delano High School
Phone: 661-720-4135
Email: iguerrero@djuhsd.org

Sherie Wolosz
Delano High School
Phone: 661-720-4680
Email: swolosz@djuhsd.org

Eliseo Garza
Chavez Collegiate High School
Phone: 661-720-4503
Email: egarza@djuhsd.org

Maria Mendoza
Chavez Collegiate High School
Phone: 661-720-4783
Email: mmendoza@djuhsd.org

Marbella DeLeon
Chavez Collegiate High School
Phone: 661-720-4531
Email: mdeleon@djuhsd.org

Alfonso Hernandez
Chavez Collegiate High School
Phone: 661-720-4784
Email: ahernandez@djuhsd.org

Assistant Superintendent of Student Services

Rene Ayon
Phone: 661-720-4113
Email: rayon@djuhsd.org

School Counselors

Tier 1 & Tier 2

Martha Munoz
Robert F. Kennedy High School
Phone: 661-720-4136
Email: mmunoz@djuhsd.org

Natalie Fragoso
Robert F. Kennedy High School
Phone: 661-720-5114
Email: nfragoso@djuhsd.org

Arturo Cantu
Robert F. Kennedy High School
Phone: 661-720-5115
Email: acantu@djuhsd.org

Katie Carver
Robert F. Kennedy High School
Phone: 661-720-4182
Email: kcarver@djuhsd.org

Intervention Counselors

Tier 1 & Tier 2

Esmeralda Robles
Chavez Collegiate High School
Phone: 661-720-4551
Email: erobles@djuhsd.org

Sarah Del Rio
Robert F. Kennedy High School
Phone: 661-720-5120
Email: sdelrio@djuhsd.org

Cheryl Gonzalez
Delano High School
Phone: 661-720-4250
Email: cgonzalez@djuhsd.org

Eliseo Santillano
Valley High School
Phone: 661-720-4142
Email: esantillano@djuhsd.org

