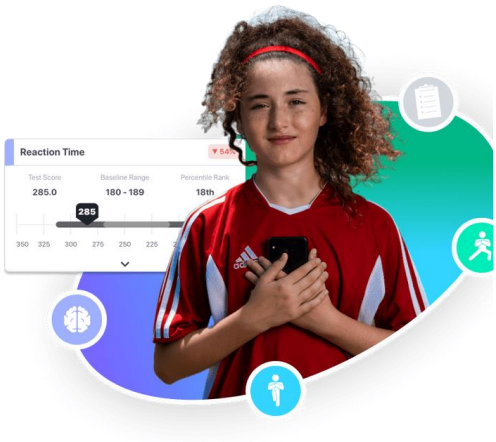
Essentia Health

# SWAY

# CONCUSSION TESTING

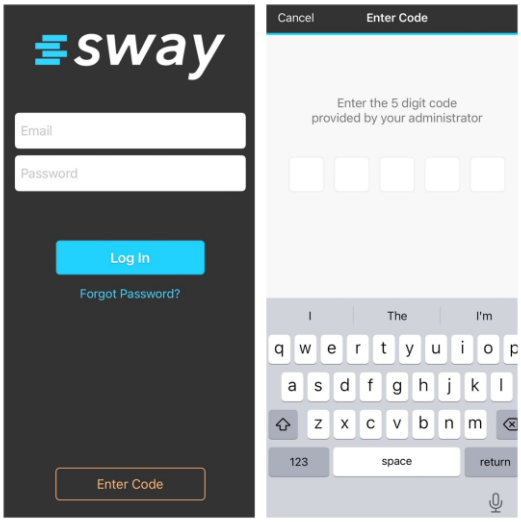



## Benefits of Sway vs. ImPACT

- Taken on the athlete's smartphone, no need for a computer
- Faster baseline test-taking process – consistency in 1st two trials removes the need for a 3rd trial
- Can be done on the field/court
- Smartphone allows for a balance component - a key objective measure which can't be assessed via ImPACT
- Modules (balance, reaction time, memory, impulse control, etc.) are saved as they are completed, no need to retake the entire test if the system crashes or the test is interrupted
- Modules can be tested individually, if needed, instead of a full assessment
- Symptom tracker can be sent remotely if athlete isn't feeling well enough attend school

# New Testing Process:

- **Athletes will need to upload the Sway Medical app to their phone**
  - **Athletes who don't have access to a smartphone or are unable to upload the app can see Steph or Tom to schedule a time for baseline testing**




- **Codes have been generated by graduation year**

| | |
|---|---|
| Seniors (2027) | 2SRUR |
| Juniors (2028) | QDN33 |
| Sophomores (2029) | UHVXG |
| Freshmen (2030) | GX7JE |
| 8th Graders (2031) | CCUAJ |
| 7th Graders (2032) | GGM23 |

  - **Be sure to set phone to "DO NOT DISTURB" mode – test will be invalid if modules are interrupted while testing**
  - **Must have access to wifi or cell service throughout testing process**