

August 2026 Elementary Menus St. Charles Parish Public Schools

This institution is an equal opportunity provider.
Menus are subject to change.



The original value meal &
still a fantastic deal!

BREAKFAST

\$1.60

LUNCH

\$2.00

To apply for Free/Reduced Priced meals go to:
www.myschoolapps.com

You can also contact us at: 985-785-3181
or childnutrition@wearescps.org

Monday, August 10	Tuesday, August 11	Wednesday, August 12	Thursday, August 13	Friday, August 14
<u>Breakfast</u> Pop Tarts Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	<u>Breakfast</u> Pop Tarts Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	<u>Breakfast</u> Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	<u>Breakfast</u> Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	<u>Breakfast</u> Muffin w/Cheese Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice
<u>Lunch</u> Bosco Sticks Marinara Sauce Cup Green Beans Peaches Chocolate Chip Cookie	<u>Lunch</u> Bosco Sticks Marinara Sauce Cup Green Beans Peaches Chocolate Chip Cookie	<u>Lunch</u> Turkey & Sausage Gumbo Steamed Rice Potato Salad Cucumber/Tomato Salad Banana	<u>Lunch</u> Spaghetti & Meatsauce Broccoli Florets Italian Salad Garlic Bread Pineapple Tidbits	<u>Lunch</u> Mini Corn Dogs Crinkle Cut Fries Carrots & Celery w/Ranch Orange Wedges

Monday, August 17	Tuesday, August 18	Wednesday, August 19	Thursday, August 20	Friday, August 21
<u>Breakfast</u> Pancake on a Stick Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	<u>Breakfast</u> Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	<u>Breakfast</u> French Toast Sticks Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	<u>Breakfast</u> Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	<u>Breakfast</u> Donut Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice
<u>Lunch</u> Chicken Nuggets Curly Fries Cal Blend Veggies Cinnamon Apple Slices	<u>Lunch</u> Chicken Alfredo Broccoli Florets Steamed Carrots Dinner Roll Pineapple Tidbits	<u>Lunch</u> Chili, Fritos Garden Salad Steamed Corn Banana Cake or Crisp	<u>Lunch</u> Fish Nuggets Macaroni & Cheese Green Beans Cucumber & Tomato Salad Pears	<u>Lunch</u> Hamburger/Cheeseburger Tater Tots Lettuce/Tomato/Pickle Baked Beans Orange Wedges

AVAILABLE DAILY

Monday
Sunbutter Sandwich
Tuesday
Charley Box
Wednesday
Deli Sandwich
Thursday
Entrée Salad
Friday
Sunbutter Sandwich

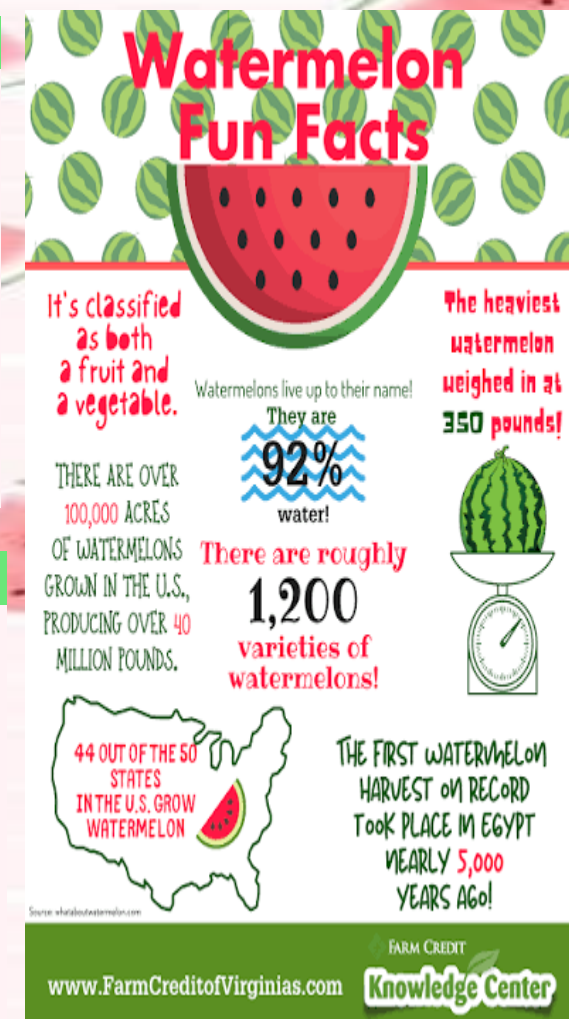


Every complete meal we serve
comes with your choice of low fat
or nonfat milk!

Monday, August 24	Tuesday, August 25	Wednesday, August 26	Thursday, August 27	Friday, August 28
Breakfast Grits w/Sausage Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Parfait, Egg Bites Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice
Lunch Red Beans & Rice Mustard Greens Steamed Carrots Cornbread Peaches	Lunch Tacos w/Shredded Cheese Steamed Corn Refried Beans Taco Salad Cup, Salsa Apple Wedges	Lunch Italian Bake Broccoli Florets Italian Salad Garlic Bread, Banana Jello w/Topping	Lunch Turkey Stew Steamed Rice Candied Yams Steamed Cabbage WATERMELON	Lunch Pizza Marinara Sauce Green Beans Orange Wedges

Monday, August 31	Tuesday, September 1	Weds, September 2	Thursday, September 3	Friday, September 4
Breakfast Confetti Pancakes Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast French Toast Sticks Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Waffle Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice
Lunch Totchos Green Beans Cornbread Applesauce	Lunch Roasted Chicken Loaded Mashed Potatoes Steamed Corn DINNER Roll Apple Wedges	Lunch Grilled Cheese Sandwich Veggie Soup Garden Salad Banana Brownie	Lunch Sweet & Sour Meatballs Macaroni & Cheese Broccoli Florets Carrots Pineapple Tidbits	Lunch Chicken Sandwich Tater Tots Baked Beans Lettuce/Tomato/Pickle Orange Wedges

Watermelon Fun Facts



It's classified as both a fruit and a vegetable.

The heaviest watermelon weighed in at 350 pounds!

Watermelons live up to their name! They are **92%** water!

There are roughly 1,200 varieties of watermelons!

There are over 100,000 acres of watermelons grown in the U.S., producing over 40 million pounds.

44 out of the 50 states in the U.S. grow watermelon.

The first watermelon harvest on record took place in Egypt nearly 5,000 years ago!

Source: whatnotwatermelon.com

FARM CREDIT
Knowledge Center

www.FarmCreditofVirginias.com

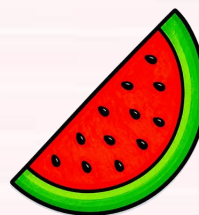
AUGUST DAILY & WEEKLY CELEBRATIONS:

NATIONAL WATERMELON DAY : AUG 3

NATIONAL FARMERS MARKET WEEK : AUG 2-8

WORLD WATER WEEK: AUG 23-27

BE KIND TO HUMANKIND WEEK: AUG 25-31



AUGUST MONTHLY CELEBRATIONS:

NATIONAL PEACH MONTH

NATIONAL SANDWICH MONTH

BACK TO SCHOOL MONTH

NATIONAL PANINI MONTH

NATIONAL IMMUNIZATION AWARENESS MONTH