

August 2026 High School Menus St. Charles Parish Public Schools

This institution is an equal opportunity provider.
Menus are subject to change.



The original value meal &
still a fantastic deal!

BREAKFAST

\$1.65

LUNCH

\$2.35

To apply for Free/Reduced Priced meals go to:
www.myschoolapps.com

You can also contact us at: **985-785-3181**
or **childnutrition@wearescpps.org**

BREAKFAST

All Breakfast meals are served with
your choice of Fruit or Fruit Juice.

Daily options include:

Cereal w/Graham Crackers
Yogurt w/Tiger Bites

Monday

(selections rotate weekly)

Pop Tarts ★ Pancake on a Stick
Grits w/Sausage ★ Confetti Pancakes

Tuesday

Pop Tart (8/11) ★ Chicken Biscuit

Wednesday

Cinnamon Roll ★ French Toast Sticks

Thursday

Sausage Biscuit

Friday

(selections rotate weekly)

Muffin w/Cheese ★ Donut
Parfait, Egg Bites ★ Waffle

Monday, August 10

Chicken Tenders	Deli Sandwich
Crinkle Cut Fries	<u>Daily Special:</u> Bosco Sticks
Green Beans	
Fruit/Fruit Juice Choice	
Chocolate Chip Cookie	

Tuesday, August 11

Chicken Tenders	Deli Sandwich
Crinkle Cut Fries	<u>Daily Special:</u> Bosco Sticks
Green Beans	
Fruit/Fruit Juice Choice	
Chocolate Chip Cookie	

Wednesday, August 12

Turkey & Sausage Gumbo	Pizza
Steamed Brown Rice	Deli Sandwich
Potato Salad, Crackers	<u>Daily Special:</u> Hamburger or
Okra & Tomato	Cheeseburger w/Fries
Fruit/Fruit Juice Choice	

Thursday, August 13

Spaghetti & Meat sauce	Pizza
Broccoli Florets	Deli Sandwich
Italian Salad	<u>Daily Special:</u> Grilled Ham &
Garlic Bread	Cheese w/Fries
Fruit/Fruit Juice Choice	

Friday, August 14

Oven Fried Chicken	Pizza
Macaroni & Cheese	Deli Sandwich
Steamed Corn	<u>Daily Special:</u>
Peas	Turkey Sliders w/Fries
Fruit/Fruit Juice Choice	

Monday, August 17

Chicken Nuggets	Pizza
Mashed Potatoes & Gravy	Deli Sandwich
Cal Blend Veggies	<u>Daily Special:</u>
Dinner Roll	Turkey Taco Loaded Fries
Cinnamon Apple Slices	

Tuesday, August 18

Chicken Alfredo Pasta	Southwest Bowl
Broccoli Florets	Deli Sandwich
Steamed Carrots	<u>Daily Special:</u>
Dinner Roll	Sriracha Chicken Sandwich
Fruit/Fruit Juice Choice	

Wednesday, August 19

Chili	Pizza
Garden Salad	Deli Sandwich
Steamed Corn	<u>Daily Special:</u> Hamburger or
Tortilla Chips	Cheeseburger w/Fries
Fruit/Fruit Juice Choice	

Thursday, August 20

Fish Nuggets	Grilled Ham & Cheese w/Fries
Macaroni & Cheese	Deli Sandwich
Green Beans	<u>Daily Special:</u>
Tomato Salad	Mashed Potato Bowl w/ Fixin's
Fruit/Fruit Juice Choice	

Friday, August 21

Pastalaya	Pizza
Steamed Peas	Deli Sandwich
Garden Salad	<u>Daily Special:</u>
Dinner Roll	BBQ Rib on Hoagie w/Fries
Fruit Choice	

Monday, August 24

Red Beans w/Sausage	Pizza
Steamed Brown Rice	Deli Sandwich
Seasoned Mustard Greens	<u>Daily Special:</u>
Steamed Carrots	Turkey Taco Totchos
Cornbread	
Fruit/Fruit Juice Choice	

Tuesday, August 25

Tacos w/Cheese	Brunch
Refried Beans, Salsa	Deli Sandwich
Steamed Corn	<u>Daily Special:</u> Honey Island
Taco Salad Cup	Chicken Sandwich
Fruit/Fruit Juice Choice	

Wednesday, August 26

Italian Bake	Pizza
Broccoli Florets	Deli Sandwich
Italian Salad	<u>Daily Special:</u> Bosco Sticks w/
Garlic Bread	Marinara & Fries
Fruit/Fruit Juice Choice	

Thursday, August 27

Turkey Stew	Grilled Cheese Sandwich w/Fries
Brown Rice	Deli Sandwich
Carrot Soufflé	<u>Daily Special:</u> Baked Potato w/
Steamed Cabbage	Carnita Meat & Fixin's
Dinner Roll	Fruit of the Week:
Fruit/Fruit Juice Choice	WATERMELON

Friday, August 28

General Tso Chicken	Pizza
Noodles, Dinner Roll	Deli Sandwich
Edamame Beans	<u>Daily Special:</u> BBQ Pulled Chicken
Asian Chopped Salad	Sliders w/ Fries
Fruit/Fruit Juice Choice	

Watermelon Fun Facts

It's classified
as both
a fruit and
a vegetable.

Watermelons live up to their name!

They are

92%

water!

THERE ARE OVER
100,000 ACRES
OF WATERMELONS
GROWN IN THE U.S.,
PRODUCING OVER 40
MILLION POUNDS.

There are roughly
1,200
varieties of
watermelons!

The heaviest
watermelon
weighed in at
350 pounds!



THE FIRST WATERMELON
HARVEST ON RECORD
TOOK PLACE IN EGYPT
NEARLY **5,000**
YEARS AGO!

Source: whatisthewatermelon.com

www.FarmCreditofVirginias.com

FARM CREDIT

Knowledge Center

Monday, August 31

Jambalaya	Pizza
Green Beans	Deli Sandwich
Carrots	<u>Daily Special:</u>
Dinner Roll	Turkey Taco Loaded Fries
Fruit/Fruit Juice Choice	

Tuesday, September 1

Roasted Chicken	Southwest Bowl
Loaded Mashed Potatoes	Deli Sandwich
Steamed Corn	<u>Daily Special:</u>
Dinner Roll	Sriracha Chicken Sandwich
Fruit/Fruit Juice Choice	

Wednesday, September 2

Grilled Cheese Sandwich	Pizza
Vegetable Soup	Deli Sandwich
Garden Salad	<u>Daily Special:</u> Hamburger or
Fruit/Fruit Juice Choice	Cheeseburger w/Fries

Thursday, September 3

Sweet & Sour Meatballs	Grilled Ham & Cheese Sandwich
Macaroni & Cheese	Deli Sandwich
Broccoli Florets, Carrots	<u>Daily Special:</u>
Dinner Roll	Mashed Potato Bowl w/Fixin's
Fruit/Fruit Juice Choice	

Friday, September 4

Enchiladas	Pizza
Refried Beans	Deli Sandwich
Steamed Corn	<u>Daily Special:</u> Hot Dog w/Fries
Garden Salad	
Fruit/Fruit Juice Choice	

AUGUST DAILY & WEEKLY CELEBRATIONS:

NATIONAL WATERMELON DAY : AUG 3

NATIONAL FARMERS MARKET WEEK : AUG 2-8

WORLD WATER WEEK: AUG 23-27

BE KIND TO HUMANKIND WEEK: AUG 25-31

AUGUST MONTHLY CELEBRATIONS:

NATIONAL PEACH MONTH

NATIONAL SANDWICH MONTH

BACK TO SCHOOL MONTH

NATIONAL PANINI MONTH

NATIONAL IMMUNIZATION AWARENESS MONTH