



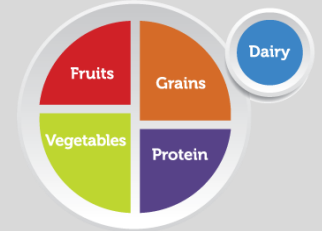
J.S. Morton Transitional Center Menu

August 2026 Breakfast & Lunch

MONDAY AUGUST 17, 24, 31	TUESDAY AUGUST 18, 25	WEDNESDAY AUGUST 12, 19, 26	THURSDAY AUGUST 14, 21, 28	FRIDAY AUGUST 13, 20, 22
Breakfast includes servings of grain/protein, fruit, and milk.				
<i>Breakfast</i> Sausage, Egg, & Bagel Sandwich & Orange Milk Carton	<i>Breakfast</i> Breakfast Muffin & String Cheese Milk Carton	<i>Breakfast</i> Bacon, Egg, & Cheese Sandwich & Banana Milk Carton	<i>Breakfast</i> Cereal Bar & Doughnut Milk Carton	<i>Breakfast</i> Kellogg's Cereal Bowl Pack & Fruit Cup Milk Carton
<i>Hot Lunch</i> Cheeseburger w/ Fries	<i>Hot Lunch</i> Oven Fried Chicken Meal	<i>Hot Lunch</i> Walking Taco or Nachos w/ Beef & Cheese	<i>Hot Lunch</i> Chicken Quesadilla w/ Rice & Beans	<i>Hot Lunch</i> Loaded Tots
Meatless Entrées Available Daily: Veggie Burger, PB&J Sandwich, or Entrée Salad				
Lunch Sides: Choose a vegetable side and a fruit side				
Elote Salad Spicy Slaw Fresh Fruit: Grapes Tangerine Slushie Cup	Broccoli w/ Ranch Cucumbers w/ Lime Fresh Fruit: Melon Peaches	Carrots w/ Ranch Cauliflower Fresh Fruit: Tangerine Mango w/ Tajin & Lime Slushie Cup	Broccoli w/ Ranch Cucumbers w/ Lime Fresh Fruit: Melon Peaches	Elote Salad Spicy Slaw Fresh Fruit: Grapes Tangerine Slushie Cup

Offer vs. Served:
Each meal must include at least a ½ cup serving of fruit or vegetable.
Please Note:
Menu substitutions may occur due to supply chain disruptions.

CHOOSE MY PLATE GUIDE



Meals follow the USDA guidelines for the National School Lunch Program

*Fruit Selection varies by day

apples, mango, oranges, peaches, bananas, pineapple, dried or canned fruit, 100% real fruit juice

2oz protein serving with each lunch entree

You may select one 8oz. carton of milk with each breakfast
 And each lunch meal

Milk Selection 1% white

Fat-Free Chocolate

**Selections are bundled meals featuring grains and meats and also include 1 cup vegetable, 1 cup fruit and 8 oz. milk selection*

A la Carte Items available daily. Items must be paid for with cash at the time of purchase and do not qualify for a subsidized meal

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age, or disability.