Tenaya Middle School

Student Athlete Physical Education (PE) Expectations

Participation in athletics is a privilege that requires students to demonstrate responsibility both during and after the school day. Student athletes are expected to fully participate in all academic classes, including Physical Education (PE).

PE Dress-Out Expectations

- Student athletes must come prepared for PE each day with the required PE clothing.
- Students who forget their PE clothes will be permitted to use a loaner uniform one time.
- After the first loaner use, students are responsible for bringing their own PE clothes and loaners will no longer be provided.
- Students are expected to dress out and actively participate in PE unless they have a documented medical excuse.

Athletic Eligibility Consequences

To maintain eligibility and participation in school athletics:

- Three (3) non-dress days in PE will result in a one-game suspension from athletic competition.
- Each additional non-dress day after the initial suspension may result in an additional game suspension.
- Coaches, administrators, and PE teachers will work together to monitor compliance with these expectations.

Our Commitment

Tenaya Middle School believes that student athletes should model responsibility, accountability, and commitment both in the classroom and on the field of play. Consistent participation in PE helps students develop healthy habits, physical fitness, and the self-discipline necessary for success in athletics and academics.

Parents and guardians are encouraged to support their student by ensuring they have the appropriate PE clothing each day and reinforcing the importance of meeting all school expectations.