



Hanford Elementary School District

Wellness Policy- Executive Summary (2025-2026)

During the 2025-2026 school year, the Hanford Elementary School District (HESD) Wellness Committee convened to review the implementation and evaluation of the district's wellness policy. These meetings served as an opportunity for staff, administrators, and educational partners to assess current practices and develop strategies to strengthen the district's efforts in promoting student wellness across all schools.

The Hanford Elementary School District (HESD) Local School Wellness Policy (LSWP) Action Plan reflects the district's ongoing commitment to promoting student health, wellness, and academic success. During the 2025–2026 school year, the district developed updated wellness goals based on assessment data and initiated implementation across school sites.

Assessment results from Spring 2025 indicate moderate implementation of wellness practices districtwide. Strengths include standards-aligned physical education delivered by credentialed teachers, consistent access to daily recess and physical activity, and strong participation in school meal programs supported by staff awareness of the district wellness policy.

Opportunities for growth included a need for consistent delivery of nutrition education across grade levels, limited access to school gardens and hands-on opportunities, and the need to expand family engagement beyond informational communication.

In response, the district established the following priorities and began implementation during the current school year:

- **Increase the opportunities for students to receive nutrition education.**
- **Promote healthy eating habits across all schools.**
- **Increase awareness of the importance of physical activity for students' families.**
- **Increase hands on activities. Including school gardens.**

Initial implementation efforts have included curriculum review, expanded nutrition communication through menus and parent outreach, integration of wellness messaging within physical education, and planning for increased access to school gardens and hands-on activities.

Each goal area includes identified responsible departments, implementation timelines, and defined measures of progress, including SLAQ data, site-level documentation, and records of parent engagement activities. Continued implementation will occur throughout the 2026–2027 school year with ongoing monitoring by the District Wellness Committee.

HESD remains in compliance with required federal LSWP components, including stakeholder involvement, annual public notification, and completion of a triennial assessment. The district will continue to provide updates to stakeholders through the district website, parent communication systems, and Board reporting.