

Cosmetology | Two-Year Program: Scope & Sequence

Year 1, Semester 1

CS101 - Cosmetology and Related Services I

Unit 1 Orientation (1 Week, Hours: 15 Class)

- West-MEC Handbook
- Professional Image
- AZ State Board of Cosmetology Rules & Regulations
- Life Skills
- Communicating for success
- Student kits

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Officer Elections

Professional Skills: 1.A, 1.B, 2.A, 2.B, 4.A-4.F, 8.A-8.I

Academic Standards: ELA.11-12.RI.10, ELA.11-12.W.4, ELA.11-12.W.9

Work-based Learning: Career Exploration Activities

Technical Standard: 1.1-.4

District Pre- Assessment

Unit 2 Design Principles (4 Weeks, Hours: 25 Class, 35Lab)

- Elements of hair design
- Hair type and texture
- Style and face shape harmony
- Structure design for men

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Fundraising, SkillsUSA Fall Conference

Professional Skills: 4.A-4.F

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9

Work-based Learning: Guest Speakers, Simulated Lab Experience

Technical Standard: 2.1-.6, 8.1, 8.2

Unit 3 Haircutting (4 Weeks, Hours: 25 Class, 35Lab)

- Haircutting Fundamentals
- Haircutting Techniques
- Sectioning and types of haircutting

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Fundraising, Community Service

Professional Skills: 4.A-4.F

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9

Work-based Learning: Guest Speakers, Simulated Lab Experience

Technical Standard: 1.5, 2.1-.6, 7.1, 7.2

Unit 4 Chemical Texturizing (3 Weeks, Hours: 20 Class, 25Lab)

- Chemical Texturizing Fundamentals
- Perming and curl reformation
- Chemical straightening
- Keratin Smoothing

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, SkillsUSA Regional Conference

Professional Skills: 4.A-4.F

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9, 6.RP.A.3

Work-based Learning: Brazilian Blowout Certification/Guest Speaker, Product Knowledge/Guest Speaker, Interview Prep, Simulated Lab Experience

Technical Standard: 2.1-.6, 9.1-.4

Unit 5 Haircoloring (3 Weeks, Hours: 20 Class, 25 Lab)

- Haircoloring Fundamentals
- Haircolor & lighting techniques
- Highlighting techniques

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Community Service Event*, Fundraising, SkillsUSA State Conference

Professional Skills: 4.A-4.F

Academic Standards: ELA.11-12.SL.4, ELA.11-12.SL.6, ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9, ELA.11-12.W.5, ELA.11-12.SL.3, 5.NF.B.3, 6.RP.A.3

Work-based Learning: Wella Product Knowledge/Guest Speaker, Simulated Lab Experience, Mock Interview

Technical Standard: 2.1-.6, 10.1-.6

Unit 6 Nail Care (1 Week, Hours: 6 Class, 9 Lab)

- Manicure and pedicure
- Massage

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Community Service Event

Professional Skills: 1.0 A-D, 2.0 A-C, 3.0 A-E, 4.0 A-F, 5A-E, 6.0 A-C, 7.0 A-C, 8.0 A-I

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9 Work-based Learning: Guest Speakers, Simulated Lab Experience Technical Standard: 1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0-4.4, 12.0-12.5

Unit 7 Skin Care(1 Week, Hours: 6 Class, 9 Lab)

- Facial massage and facial cleansing
- Product Knowledge

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Community Service Event

Professional Skills: 1.0 A-D, 2.0 A-C, 3.0-A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C,8.0 A-I

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9 Work-based Learning: Guest Speakers, Simulated Lab Experience Technical Standard:1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0-4.4, 13.0-13.3

Unit 8 Year 1 Review (1 Week Hours: 5 Class, 10 Lab)

- Design Principles and Haircutting
- Hair color
- Chemical Texture
- Skin & nails

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Community Service Event

Professional Skills: 1.0 A-D, 2.0 A-C, 3.0-A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C,8.0 A-I

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9 Work-based Learning: Guest Speakers, Simulated Lab Experience Technical Standard:1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0-4.4, 13.0-13.3, 7.0-7.5, 8.0-8.7, 10.0-10.10, 11.0-11.3, 12.0-12.5, 13.0-13.10

Benchmark Exam

Year 1, Semester 2

CS101 - Cosmetology and Related Services

Unit 9 Design Principles (3 Weeks, Hours: 20 Class, 25 Lab)

- Wet Hair styling
- Thermal styling
- Formal Styling
- Blowdry Styling

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Community Service Event,

Professional Skills: 1.0 A-D, 2.0 A-C, 3.0-A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C

8.0 A-I

Academic Standards: ELA.11-12.RI.10, ELA.11-12.W.4, ELA.11-12.W.9 Work-based Learning: Guest Speaker, Simulated Lab experience, Milady infection control certification

Technical Standard: 1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0, 4.1,4.3, 5.0-5.5, 6.1-6.3, 8.0-8.7, 11.0 -11.1

Unit 10 Haircutting (4 Weeks, Hours: 25 Class, 35 Lab)

- Haircutting techniques
- Haircutting fundamentals

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Community Service Event,

Professional Skills: 1.0 A-D, 2.0 A-C, 3.0-A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C

8.0 A-I

Academic Standards: ELA.11-12.W.4, ELA.11-12.W.5, ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9

Work-based Learning: Simulated Lab Experience, guest speaker,

Technical Standard: 1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0-4.2, 5.0-5.4, 6.0-6.3,7.0-7.2,

Unit 11 Chemical Texture (4 Weeks, Hours: 25 Class, 35 Lab)

- Explain sentiment analysis, key phrase extraction, NER, classification, and translation.
- Run NLP tasks with Azure Language Services and interpret confidence scores.

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Fall Leadership Conference,

Professional Skills: 1.0 A-D, 2.0 A-C, 3.0-A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C

8.0 A-I

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9 Work-based Learning: Guest Speakers, Simulated Lab Experience Technical Standard:

1.0-1.5,2.0-2.6, 3.0-3.5, 4.0-4.4, 5.0-5.4, 6.0-6.3, 8.0-8.4, 9.0-9.4

Unit 12 Haircoloring(4 Weeks,Hours: 25 Class, 35 Lab)

- Haircolor & lightening techniques
- Highlighting techniques

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Professional Skills: 1.0 A-D, 2.0 A-C, 3.0-A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C

8.0 A-I

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9, 6.RP.A.3 Work-based Learning: Guest Speakers, Simulated Lab Experience

Technical Standard:1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0-4.4, 5.0-5.4, 6.0-6.3, 8.0-8.2, 10.0-10.6

Unit 13 Year 1 Review (2 Weeks, Hours: 10 Class, 20 Lab)

- Review all topics covered in Year 1

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Community Service Event,

Professional Skills: 1.0 A-D, 2.0 A-C, 3.0-A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C,8.0 A-I

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9 Work-based Learning: Guest Speakers, Simulated Lab Experience Technical Standard:1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0-4.4, 13.0-13.3, 7.0-7.5, 10.0-10.10, 11.0-11.9, 12.0-12.5, 15.0-15.8, 16.0-16.6, 17.0-17.4

Certification: Barbicide, Dermalogica Clean Touch, OSHA 10

Cosmetology & Other Related Personal Grooming Services 12.0400.00

* All units include general sciences, anatomy & physiology, client consults, safety sanitation, & terminology that pertain to that unit

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Year 2, Semester 1

CS201 - Cosmetology and Related Services

Unit 1 Orientation (1 Week, Hours: 25 Class)

- West-MEC policies
- Kit check
- Salon Ecology

Professional Skills: 1. A-B, 2.A-C,3. A-C 4.A-4.F, 5. A-B, 5. E 6. A-C, 7 A-C 8.A-I

Academic Standards: ELA.11-12.RI.10, ELA.11-12.W.4, ELA.11-12.W.9 Work-based Learning: Career Exploration Activities

Technical Standard: Standards 1.0 -1.4, 2.6

CTSO Integration (leadership Skills): Leadership lesson, Meetings, officer elections

Unit 2 Year 1 review(2 Weeks, Hours: 20 Class, 30 Lab)

- Haircutting
- Ergonomics
- Styling
- Haircoloring
- Chemical texturizing

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Community Service Event,
Professional Skills: 1.0 A-D, 2.0 A-C, 3.0-A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C,8.0 A-I

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9 Work-based Learning: Guest Speakers, Simulated Lab Experience Technical Standard:1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0-4.4, 13.0-13.3, 7.0-7.5, 10.0-10.10, 11.0-11.9, 12.0-12.5, 15.0-15.8, 16.0-16.6, 17.0-17.4

Unit 3 Nail Care (4 Weeks, Hours: 25 Class, 75 Lab)

- Manicure & pedicure
- Massage
- Nail enhancements

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Community Service Event,
Professional Skills: 1.0 A-D, 2.0 A-C, 3.0-A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C,8.0 A-I

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9 Work-based Learning: Guest Speakers, Simulated Lab Experience Technical Standard: 1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0-4.4, 12.0-12.5

Unit 4 Skin Care(3 Weeks, Hours: 25 Class, 50 Lab)

- Facials and facial massage
- Waxing
- Facials
- Make-up application

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Community Service Event,
Professional Skills: 1.0 A-D, 2.0 A-C, 3.0-A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C,8.0 A-I

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9 Work-based Learning: Guest Speakers, Simulated Lab Experience

Technical Standard:1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0-4.4, 13.0-13.3

Unit 5 Design Principles (1 Week, Hours: 10 Class, 15 Lab)

- Wet Hair styling
- Thermal styling
- Formal Styling
- Blowdry Styling

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Community Service Event,
Professional Skills: 1.0 A-D, 2.0 A-C, 3.0-A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C 8.0 A-I

Academic Standards: ELA.11-12.RI.10, ELA.11-12.W.4, ELA.11-12.W.9 Work-based Learning: Guest Speaker, Simulated Lab experience, Milady infection control certification

Technical Standard: 1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0, 4.1,4.3, 5.0-5.5, 6.1-6.3, 8.0-8.7, 11.0 -11.1

Unit 6 Advanced Haircutting (1 Week, Hours: 10 Class, 25Lab)

- Advanced techniques

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Community Service Event,
Professional Skills: 1.0 A-D, 2.0 A-C, 3.0-A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C 8.0 A-I

Academic Standards: ELA.11-12.W.4, ELA.11-12.W.5, ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9

Work-based Learning:Simulated Lab Experience, guest speaker,

Technical Standard: 1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0-4.2, 5.0-5.4, 6.0-6.3,7.0-7.2, 8.0-8.7

Unit 7 Advanced Haircolor(2 Weeks,Hours: 10 Class, 40 Lab)

- Advanced techniques
- Haircolor & lighting techniques
- Highlighting techniques
- Color correcting

CTSO Integration (Leadership Skills): Leadership Lessons,

Meetings, Professional Skills: 1.0 A-D, 2.0 A-C, 3.0-A-E, 4.0 A-F, 5.0

A-E, 6.0 A-C, 7.0 A-C

8.0 A-I

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9,

6.RP.A.3 Work-based Learning: Guest Speakers, Simulated Lab

Experience

Technical Standard:1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0-4.4, 5.0-5.4, 6.0-6.3,

8.0-8.2, 10.0-10.6

Unit 8 Advanced Chemical Texture (2 Weeks Hours: 10 Class,40 Lab)

- Chemical Texture
- Permiong
- Chemical curl reformation
- Keratin Smoothing

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings,

Fall leadership Conference,

Professional Skills: 1.0 A-D, 2.0 A-C, 3.0-A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C,

7.0 A-C

8.0 A-I

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7,

ELA.11-12.W.9 Work-based Learning: Guest Speakers,

Simulated Lab Experience Technical Standard:

1.0-1.5,2.0-2.6, 3.0-3.5, 4.0-4.4, 5.0-5.4, 6.0-6.3,

8.0-8.4, 9.0-9.4

Unit 9 Business (2 Weeks, Hours: 10 Class, 40 Lab)

- Career planning
- Sales Marketing
- Social Media
- The Beauty Business
- Building a business

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings,

Community Service Event,

Professional Skills: 1.0 A-D, 2.0 A-C, 3.0-A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C,

7.0 A-C,8.0 A-I , 9.0-9.C

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7,

ELA.11-12.W.9 Work-based Learning: Guest Speakers,

Simulated Lab Experience,

Cosmetology & Other Related Personal Grooming Services 12.0400.00

* All units include general sciences, anatomy & physiology, client consults, safety sanitation, & terminology that pertain to that unit

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Year 2, Semester 2

CS201 - Cosmetology and Related Services

Unit 10 State Board Review (5 Weeks, Hours: 45 Class, 80 Lab)

- Arizona State Board of Cosmetology Rules and Regulations
- Review CIB (Candidate Information Bulletins)

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Community Service Event,

Professional Skills: 1.0 A-D, 2.0 A-C, 3.0 A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C, 8.0 A-I

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9 Work-based Learning: Guest Speakers, Simulated Lab Experience Technical Standard: 1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0-4.4, 13.0-13.3, 7.0-7.5, 10.0-10.10, 11.0-11.9, 12.0-12.5, 15.0-15.8, 16.0-16.6, 17.0-17.4

Unit 11 Advanced Haircutting (3 Weeks, Hours: 25 Class, 50 Lab)

- Advance Haircutting Techniques
- Sectioning of Hair

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Community Service Event,

Professional Skills: 1.0 A-D, 2.0 A-C, 3.0 A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C

8.0 A-I

Academic Standards: ELA.11-12.W.4, ELA.11-12.W.5, ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9

Work-based Learning: Simulated Lab Experience, guest speaker,

Technical Standard: 1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0-4.2, 5.0-5.4, 6.0-6.3, 7.0-7.2, 8.0-8.7

Unit 12 Advanced Haircolor (3 Weeks, Hours: 25 Class, 50 Lab)

- Haircolor and highlighting techniques
- Highlighting techniques
- Color correcting

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Professional Skills: 1.0 A-D, 2.0 A-C, 3.0 A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C

8.0 A-I

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9, 6.RP.A.3 Work-based Learning: Guest Speakers, Simulated Lab Experience

Technical Standard: 1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0-4.4, 5.0-5.4, 6.0-6.3, 8.0-8.2, 10.0-10.6

Unit 13 Advanced Chemical texture (2 Weeks, Hours: 20 Class, 30 Lab)

- Perming
- Chemical straightening
- Chemical curl reformation
- Keratin Smoothing

Cosmetology & Other Related Personal Grooming Services 12.0400.00

* All units include general sciences, anatomy & physiology, client consults, safety sanitation, & terminology that pertain to that unit

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CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Fall leadership Conference,

Professional Skills: 1.0 A-D, 2.0 A-C, 3.0 A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C

8.0 A-I

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7, ELA.11-12.W.9

Work-based Learning: Guest Speakers, Simulated Lab Experience

Technical Standard: 1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0-4.4, 5.0-5.4, 6.0-6.3, 8.0-8.4, 9.0-9.4

Unit 14 Nail Care (2 Weeks, Hours: 20 Class, 30 Lab)

- Manicure and Pedicure
- Nail Enhancement

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Community Service Event,

Professional Skills: 1.0 A-D, 2.0 A-C, 3.0 A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C, 8.0 A-I

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7,

ELA.11-12.W.9 Work-based Learning: Guest Speakers, Simulated Lab Experience Technical Standard: 1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0-4.4, 12.0-12.5

Unit 15 Skin Care (2 Weeks, Hours: 20 Class, 30 Lab)

- Facials and facial massage
- Waxing
- Make-up application

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Community Service Event,

Professional Skills: 1.0 A-D, 2.0 A-C, 3.0 A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C, 8.0 A-I

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7,

ELA.11-12.W.9 Work-based Learning: Guest Speakers, Simulated Lab Experience Technical Standard: 1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0-4.4, 13.0-13.3

Unit 16 Industry Readiness (1 Week, Hours: 25 Class, Lab)

- Career Planning
- Social Media
- Licensing

CTSO Integration (Leadership Skills): Leadership Lessons, Meetings, Community Service Event,

Professional Skills: 1.0 A-D, 2.0 A-C, 3.0 A-E, 4.0 A-F, 5.0 A-E, 6.0 A-C, 7.0 A-C, 8.0 A-I, 9.0-9.C

Academic Standards: ELA.11-12.L.6, ELA.11-12.RI.7,

ELA.11-12.W.9 Work-based Learning: Guest Speakers, Simulated Lab Experience, Student-based enterprise Technical Standard: 1.0-1.5, 2.0-2.6, 3.0-3.5, 4.0-4.4, 13.0-13.3, 7.0-7.5, 10.0-10.10, 11.0-11.9, 12.0-12.5, 15.0-15.8, 16.0-16.6, 17.0-17.4

Certification: Arizona Board of Cosmetology License

ADE Technical Assessment