



Toileting Independence Digital Resources

*Potty training is an important developmental milestone. The following **optional digital resources** provide guidance, routines, and encouragement to support families at home.*

HealthyChildren.org – Toilet Training

<https://www.healthychildren.org/English/ages-stages/toddler/toilet-training>

Guidance from the American Academy of Pediatrics on readiness signs, routines, and positive support strategies.

CDC – Toilet Training & Child Development

<https://www.cdc.gov/childdevelopment/positiveparenting/toddlers.html>

Research-based information on child development and positive parenting approaches.

PBS Parents – Potty Training

<https://www.pbs.org/parents/learn/growth/potty-training>

Family-friendly articles and videos supporting potty training in a calm, age-appropriate way.

Sesame Street – Potty Time

<https://sesamestreet.org/parents/topics-and-activities/potty-training>

Videos and activities that help normalize potty training and build confidence through familiar characters.

Pull-Ups® Potty Training App

Available on Apple App Store and Google Play

Optional reminders, routines, and encouragement for families supporting potty training at home.



Toileting Independence Book List

Supporting toileting independence is an important milestone for young children. The following books are wonderful resources for use at home and in the classroom to encourage confidence, understanding, and success.

Children's Books

- ***Potty (Bacinica)*** – Leslie Patricelli
- ***Everyone Poops*** – Taro Gomi
- ***Diapers Are Not Forever / Los Pañales No Son Para Siempre*** – Elizabeth Verdick
(English & Spanish)
- ***A Potty for Me!*** – Karen Katz
- ***Pottysaurus*** – Brooke Vitale
- ***I'm a Potty Superhero*** – Mabel Forsyth
- ***Potty Time with Pete the Kitty*** – Kimberly & James Dean
- ***The Potty Story: Girl's Edition*** – Agnes Green
- ***The Potty Story: Boy's Edition*** – Agnes Green
- ***Superstar Potty Training Book for Girls*** – Violet Giannone
- ***Superstar Potty Training Book for Boys*** – Violet Giannone
- ***Unicorn Potty: Learn to Potty with Unicorn*** – Laura Gates Galvin
- ***Once Upon a Potty*** – Alona Frankel
- ***Daniel Goes to the Potty*** – Adapted by Maggie Testa
- ***Daniel's Potty Time*** – Adapted by Alexandra Cassel Schwartz
- ***Fiona's Little Accident*** – Rosemary Wells
- ***Clayton Parker Really Really Has to Pee*** – Cinco Paul
- ***Raj's Rule (For the Bathroom at School)*** – Lana Button
- ***Potty Train Your Dragon*** – Steve Herman
- ***Dash's Belly Ache*** – Wendy Hayden
- ***P Is for Potty*** – PI Kids
- ***Super Pooper and Whizz Kid: Potty Power!*** – Eunice & Sabrina Moyle
- ***Big Girl Panties*** – Fran Manushkin
- ***Time to PEE!*** – Mo Willems
- ***Even Firefighters Go to the Potty*** – Wendy & Naomi Wax
- ***My Thomas Potty Book*** – Random House
- ***I Want My Potty*** – Tony Ross
- ***Poop! There It Is!*** – Xavier Finkley
- ***Potty Patrol*** – Random House
- ***The Potty Book for Girls*** – Alyssa Satin Capucilli
- ***The Potty Book for Boys*** – Alyssa Satin Capucilli

Books for Parents

Helpful guides for supporting children through the toileting journey

- ***The First-Time Parent's Guide to Potty Training*** – Jazmine McCoy
- ***Success with Potty Training*** – Beth Allen
- ***Toilet Training in Less Than a Day*** – Nathan H. Azrin, Ph.D. & Richard M. Foxx, Ph.D.
- ***Ready, Set, Potty!*** – Brenda Batts
- ***Stress-Free Potty Training*** – Sara Au & Peter L. Stavinoha, Ph.D.
- ***Potty Mastery: A Child-Centered Approach to Toileting*** – Joan Morgenstern with Dr. Becky Bailey

Remember:

Every child develops at their own pace. Encouragement, consistency, and patience are key to building confidence and independence.