

CFISD Exploring Food & Fabrics

Scope and Sequence

Endorsement: n/a

Cluster: n/a

Meets advanced course requirement? **NO** ▾

Program of Study: none (elective only)

Meets foundation requirement for math, science, fine arts, English, LOTE? **NO** ▾

Course Description:

This course is a two-part, hands-on semester course. One segment of the course includes instruction in foods and nutrition with skill development in food preparation lab experiences. The second segment includes an introduction to the study of fabrics and the fashion design industry coupled with sewing lab experiences.

TEKS link (n/a; local credit)

- ½ credit
- Grades 7-8
- Lab supplies or fee may be required
- Required prerequisites: n/a
- Recommended prerequisites: n/a

Industry Certification/Credential: n/a

TEA recognized IBC (to count toward program of study completion)? **NO** ▾

Instructional Units	Grading Period
Nutrition (MyPlate, nutrients, etc.) Fast food unit Etiquette & table service Meal planning How to read a recipe (measuring, tools, procedures) Kitchen safety (duties, demo) Principles of food preparation/labs	N1 (fall) N3 (spring)
Sewing safety & tools Sewing book Principles of sewing Sewing projects	N2 (fall) N4 (spring)

Primary Instructional Materials: Discovering Life Skills 1st Edition, Glencoe/McGraw Hill