



SCAN HERE
for more info

ARIZONA HEALTHY SCHOOLS ACT

CLASSROOM SNACK GUIDE



The Arizona Healthy Schools Act sets nutrition standards for ALL food provided to any student other than your own child. 

- ✓ Applies to ALL food provided during the school day until 30 minutes after dismissal.

This includes classroom snacks, birthday treats, party snacks, teacher snacks, school-provided snacks, and food-related fundraisers.



This does not apply to snacks or lunches packed from home for your own child.



ALL FOOD PROVIDED AT SCHOOL MUST:

- Meet the Arizona Healthy Schools Act (no banned additives)
- Meet Federal Smart Snacks in School Nutrition Standards

These standards limit calories, saturated fat, sugar, and sodium and require whole grains, fruits, vegetables, or other nutritious ingredients.



11 PROHIBITED ADDITIVES

Red 40 • Red 3 • Yellow 5 • Yellow 6 • Blue 1 • Blue 2
Green 3 • BVO • Titanium Dioxide • Potassium Bromate • Propylparaben

PARENT REMINDERS



Parents may send any snack for their own child.



Please check ingredient labels.



When in doubt, stick with fresh, whole foods!



For examples of allowable snacks,

turn the page!



Let's work together to keep our students healthy and ready to learn!



⇒ GREAT CHOICES FOUND AT: ⇒



COSTCO
WHOLESALE

- ✓ That's It Fruit Bars
- ✓ MadeGood Granola Bars
- ✓ SkinnyPop Popcorn
- ✓ Pirate's Booty
- ✓ Kirkland Applesauce Pouches (unsweetened)
- ✓ Kirkland String Cheese



Walmart

- ✓ Great Value Unsweetened Applesauce Cups
- ✓ Great Value Popcorn (plain or lightly salted)
- ✓ MadeGood Granola Bars
- ✓ That's It Fruit Bars
- ✓ SkinnyPop
- ✓ Pirate's Booty
- ✓ Cheese Sticks
- ✓ Fresh Fruit



fry's (Kroger)

- ✓ Simple Truth Organic Applesauce Pouches
- ✓ MadeGood Granola Bars
- ✓ SkinnyPop
- ✓ Pirate's Booty
- ✓ Fresh Fruit
- ✓ Cheese Sticks
- ✓ Simple Truth Popcorn



SAFEWAY

- ✓ O Organics Applesauce
- ✓ O Organics Cheese Sticks
- ✓ SkinnyPop
- ✓ That's It Fruit Bars
- ✓ Fresh Fruit
- ✓ Plain Popcorn



target

- ✓ Good & Gather Unsweetened Applesauce
- ✓ Good & Gather Cheese Sticks
- ✓ MadeGood Granola Bars
- ✓ SkinnyPop
- ✓ Pirate's Booty
- ✓ Annie's Organic Bunny Grahams
- ✓ Fresh Fruit



TRADER JOE'S

- ✓ Organic Applesauce Crushers
- ✓ Organic Fruit Leather Buttons
- ✓ Freeze-Dried Strawberries
- ✓ Freeze-Dried Apples
- ✓ Organic Popcorn
- ✓ String Cheese
- ✓ Mini Cheese Sandwich Crackers
- ✓ Fresh Fruit



⇒ MORE EXAMPLES OF ALLOWABLE & POPULAR SNACKS ⇒



Welch's Fruit Snacks
(Many varieties are allowable)



Mott's Fruit Snacks
(Many varieties are allowable)



Goldfish Crackers
(Many varieties are allowable)



Cheez-It Crackers
(Many varieties are allowable)



Ritz Crackers
(Many varieties are allowable)



Rice Krispies Treats
(Original and many varieties)



Quaker Chewy Granola Bars
(Many varieties are allowable)

⇒ Always check labels! Products and ingredients can change. ⇒