



YEARS OF 3DE

N

Northview Cohort interviews



Questions

- What does being successful mean to you, and how has the 3DE program influenced your definition of success?
 - What core competencies from 3DE (like critical thinking, collaboration, or self-direction) do you most frequently use in your day to day life, and why?
 - What is one of the best analytical tools or methods you've learned through 3DE, and how do you apply it in your current activities, whether personal or professional?
 - How have the skills you acquired in 3DE directly contributed to your current position in your career or academic journey?
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Questions

- Can you describe a specific situation in your career or school where a 3DE skill, such as problem-solving or creativity, helped you stand out or outperform peers who didn't participate in the program?
- What specific 3DE competency has made you feel more prepared or resilient in handling challenges, and how has it shaped your overall mindset?
- Looking ahead, how do you plan to continue leveraging 3DE skills for future growth, and what excites you most about that?



❖ Daniela ❖ Lopez Experience

Internship at a
nonprofit for
mental health and
addiction,
organized youth
presentations, and
multiple Girl Scout
panels



Current school:





Daniela Lopez

What does being successful mean to you, and how has the 3DE program influenced your definition of success?



To me, success means being happy with what I'm doing and having that happiness create a positive effect on others as well. 3DE shaped this definition because we were solving real challenges for companies, and in doing so we made their work easier. That experience showed me how rewarding it is to tailor specific solutions for others. On a personal level, 3DE also brought me happiness by surrounding me with close friends and supportive teachers.





Daniela Lopez

What core competencies from 3DE (like critical thinking, collaboration, or self-direction) do you most frequently use in your day to day life, and why?



"Effective communication is the competency I use most. From the moment I wake up until I go to sleep, I'm constantly communicating with peers, professors, and friends. A big part of that is understanding your audience and adjusting your tone and vocabulary accordingly. In today's world, knowing how to hold meaningful conversations is an invaluable skill, and 3DE taught me how to do that."





Daniela Lopez

What is one of the best analytical tools or methods you've learned through 3DE, and how do you apply it in your current activities, whether personal or professional?



"The SMART model has been the most impactful for me. It breaks goals down into important segments, and I live by always having a new goal to pursue. I still keep this model in mind as I go through life—it helps me stay focused and intentional about what I'm working toward."





Daniela Lopez

How have the skills you acquired in 3DE directly contributed to your current position in your career or academic journey?



"3DE prepared me early on through experiences like the advisory board application process. I learned how to clearly communicate in written applications, and those skills translated into internship and college applications. On the interview side, the public speaking experience I gained made me more confident when talking to professionals. Beyond that, 3DE taught me how to diagnose a problem, solve it effectively, and be a reliable team member—all of which I've applied in both school and internships."





Daniela Lopez

Can you describe a specific situation in your career or school where a 3DE skill, such as problem-solving or creativity, helped you stand out or outperform peers who didn't participate in the program?

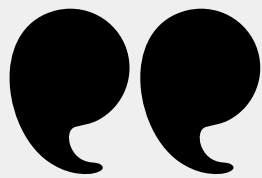
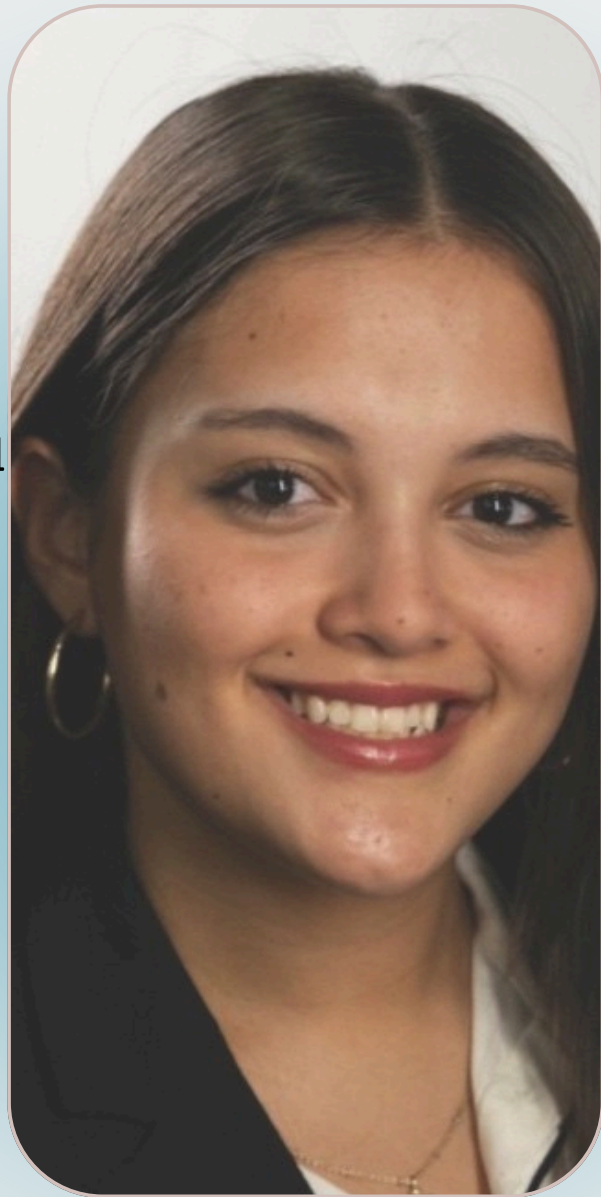


"In a law studies class, I had to create a slide deck and present it to the class. Many of my peers were nervous during their presentations, and their delivery wasn't as strong. Thanks to 3DE, I felt prepared and confident, and I delivered my presentation with ease—standing out as someone who had real public speaking experience."



Daniela Lopez

What specific 3DE competency has made you feel more prepared or resilient in handling challenges, and how has it shaped your overall mindset?



“Collaboration has made the biggest difference for me. During my internship at a nonprofit, I worked with a large group of employees. Thanks to 3DE, I was already comfortable working in professional teams, which gave me an advantage in adapting quickly and contributing effectively. Having that skill early in my career has been huge.”



Daniela Lopez

Looking ahead, how do you plan to continue leveraging 3DE skills for future growth, and what excites you most about that?



"Since my career goals are tied to consulting, 3DE is directly connected to what I want to do—working on teams, solving problems for clients, and presenting ideas. Even small things, like learning how to dress professionally, have been important lessons. Moving forward, I plan to keep building on the foundation 3DE gave me. Honestly, the program was irreplaceable."





Daniela Lopez

★ Most Impactful Quote:

"To me, success means being happy with what I'm doing and having that happiness create a positive effect on others as well. 3DE shaped this definition because we were solving real challenges for companies and making their work easier."





◆◆◆
Daveh
Day

Experience

3DE Graduate,
Georgia tech
student, Data and
AI internship at
Capgemini



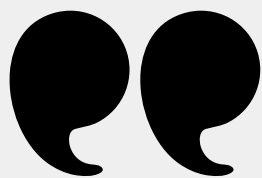
Current school:





Daveh Day

What does being successful mean to you, and how has the 3DE program influenced your definition of success?



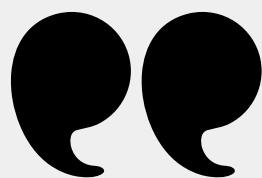
"Success means achieving the goals and objectives I set for myself. 3DE influenced this definition by showing me that I have the power to define my own goals in a way that aligns with my personal values, rather than following someone else's path."





Daveh Day

What core competencies from 3DE (like critical thinking, collaboration, or self-direction) do you most frequently use in your day to day life, and why?



"The three I use most are critical thinking, self-direction, and cultural agility. Critical thinking is essential because almost every problem I face requires breaking it down into manageable parts before finding the best solution. Self-direction is also vital—after high school, there's much less guidance, so you really have to learn to make your own decisions and judgements. And cultural agility is key because I work with people from many different backgrounds, and being able to adapt to those differences has made me more effective in both personal and professional settings."





Daveh Day

What is one of the best analytical tools or methods you've learned through 3DE, and how do you apply it in your current activities, whether personal or professional?



"The SWOT analysis is a tool I consistently use. It's a simple yet powerful way to break down scenarios, quickly identifying both problems and assets so I can decide the best way forward."





Daveh Day

How have the skills you acquired in 3DE directly contributed to your current position in your career or academic journey?



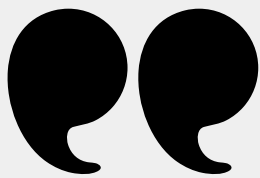
"The skills I picked up in 3DE help me handle complex situations with multiple moving parts. In the real world, problems often involve many people across different levels of an organization, and issues can cascade. My 3DE training taught me to identify problems clearly, develop solutions, and then execute them in a way that works across the board."





Daveh Day

Can you describe a specific situation in your career or school where a 3DE skill, such as problem-solving or creativity, helped you stand out or outperform peers who didn't participate in the program?



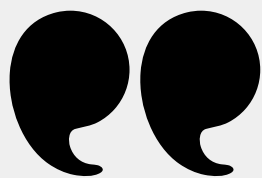
“During my last internship, we were working on time-sensitive code that had several bugs. None of my teammates could immediately fix the issues, so I walked the team through a problem-solving process, helping us identify the root causes step by step. Because of that approach, we got the code functioning again in a structured and timely way, and I stood out as someone who could lead under pressure.





Daveh Day

What specific 3DE competency has made you feel more prepared or resilient in handling challenges, and how has it shaped your overall mindset?



“Collaboration has been the most important. After high school, I found that most challenges actually come from miscommunications or misunderstandings between people. Thanks to 3DE, I developed the ability to work through conflict, listen effectively, and resolve issues smoothly. That mindset has made me far more resilient when handling challenges.”





Daveh Day

Looking ahead, how do you plan to continue leveraging 3DE skills for future growth, and what excites you most about that?



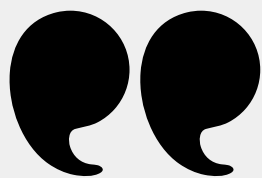
"I'm excited to find myself in more creative roles where I can fully leverage my 3DE skills. These skills really flourish when I have the freedom to shape my work process, experiment with new ideas, and innovate. I think 3DE prepared me to not just adapt to creative roles, but to thrive in them."





Daveh Day

★ Most Impactful
Quote:



"3DE influenced my definition of success by showing me that I have the power to define my own goals in a way that aligns with my personal values."



Shruthi Balachander

Experience

(Delta Co-op, 19
Under 19 Nominee, VP
of events for AMA)



Current school:

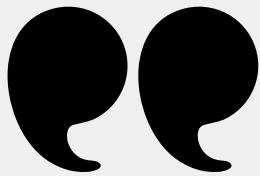




3DE

Shruthi Balachander

What does being successful mean to you, and how has the 3DE program influenced your definition of success?



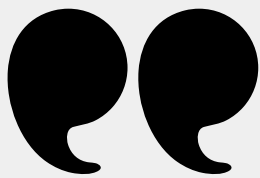
"To me, being successful means being happy and surrounded by people who both support me and push me every day to grow. I really learned this through 3DE, where I was embraced by both students and teachers. They made it clear that they were there for me, but also held me accountable to be my best self."





Shruthi Balachander

What core competencies from 3DE (like critical thinking, collaboration, or self-direction) do you most frequently use in your day to day life, and why?



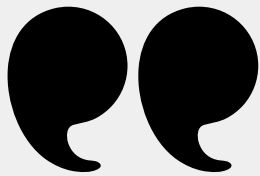
“Creativity is the competency I use the most. It’s something I can apply everywhere, which surprised me—especially in law. I used to think law was strictly straightforward, but I’ve learned that creativity is a big part of finding solutions and arguments.”





Shruthi Balachander

What is one of the best analytical tools or methods you've learned through 3DE, and how do you apply it in your current activities, whether personal or professional?



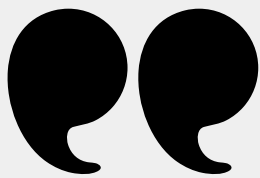
"The tool I use most is the SWOT analysis. It's basically a more advanced version of a pros-and-cons list, and I've applied it in real-life decisions, like when I was choosing between attending Georgia State with the Stamps Scholarship or going to UGA."





Shruthi Balachander

How have the skills you
acquired in 3DE directly
contributed to your current
position in your career or
academic journey?

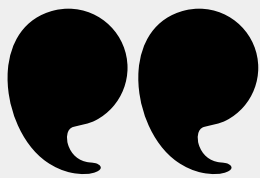


"The most valuable thing I took from 3DE is the ability to combine all the skills I gained and apply them with real client companies from the start. Having that experience on my resume gave me a strong foundation and set me apart early on."



Shruthi Balachander

Can you describe a specific situation in your career or school where a 3DE skill, such as problem-solving or creativity, helped you stand out or outperform peers who didn't participate in the program?



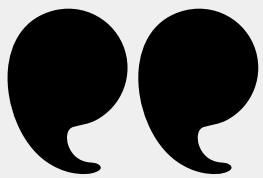
"My work with client companies through 3DE really gave me a competitive edge. That professional experience not only boosted my resume, but it also gave me confidence in job interviews and roles. Compared to peers who didn't have those opportunities, I felt much more prepared and capable in professional environments."





Shruthi Balachander

What specific 3DE competency has made you feel more prepared or resilient in handling challenges, and how has it shaped your overall mindset?



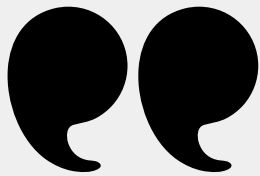
“Critical thinking has been essential. No matter the context—whether it’s a challenge at work or a personal decision—critical thinking helps me navigate situations and find effective solutions.”





Shruthi Balachander

Looking ahead, how do you plan to continue leveraging 3DE skills for future growth, and what excites you most about that?



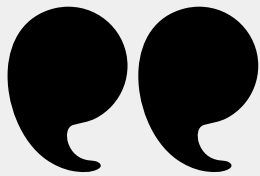
"3DE taught me that learning is a lifelong process. The program gave me a strong base of skills, but what excites me most is continuing to grow those skills through real-world experience in the workforce."





Shruthi Balachander

✨ Most Impactful
Quote:



"To me, being successful means being happy and surrounded by people who both support me and push me every day to grow. I really learned this through 3DE."





✦ Ioanna ✦ Antonakaki Experience

4 years in 3DE,
created a
nonprofit,
completed a
marketing
internship with
Kris Kempf,
nominated for "19
Under 19" Award

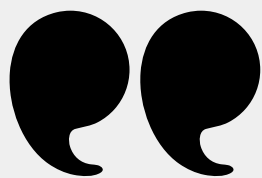


Current school:



Ioanna Antonakaki

What does being successful mean to you, and how has the 3DE program influenced your definition of success?

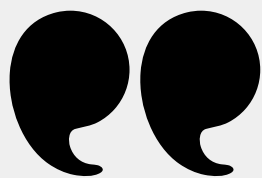


“To me, success means doing what I love professionally. Right now, I’m pursuing real estate, but 3DE really helped me discover my professional ambition by exposing me to so many different careers. Along the way, it gave me the opportunity to build meaningful connections that continue to help me grow.

”

✦ Ioanna ✦ Antonakaki

What core competencies from 3DE (like critical thinking, collaboration, or self-direction) do you most frequently use in your day to day life, and why?

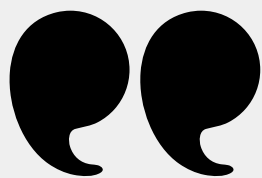


“The competency I use most is self-direction. Especially in college, there’s no one to guide you step by step, so I’ve learned how to set my own goals and follow through with them. Planning out my schedule and holding myself accountable is something 3DE trained me to do early on, and it’s been invaluable.”



✦ Ioanna ✦ Antonakaki

What is one of the best analytical tools or methods you've learned through 3DE, and how do you apply it in your current activities, whether personal or professional?

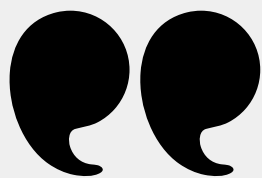


"3DE helped me recognize my ambition through competition. I got to work on advanced marketing concepts at a very early stage, which impressed future employers. I like to think of it this way: while most students start exploring these skills in college, I was already building them as a freshman in 3DE."



✦ Ioanna ✦ Antonakaki

How have the skills you acquired in 3DE directly contributed to your current position in your career or academic journey?

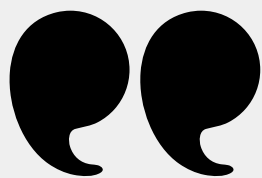


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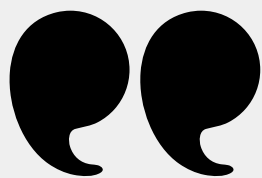
Can you describe a specific situation in your career or school where a 3DE skill, such as problem-solving or creativity, helped you stand out or outperform peers who didn't participate in the program?



“One situation that really stood out to me was when I compared myself to adults already in the workforce. I was having a conversation with my dad about some of his coworkers who have stayed in the same entry-level job for their entire careers. It baffled me, because many don't realize the importance of building a strong resume or expanding experiences. Thanks to 3DE, I was already developing a professional presence—even creating my LinkedIn profile and growing my network—long before many of my peers.”

✦ Ioanna ✦ Antonakaki

What specific 3DE competency has made you feel more prepared or resilient in handling challenges, and how has it shaped your overall mindset?

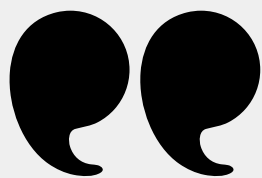


“Critical and analytical thinking has been the most important. The case challenges gave me real-world consulting experience, where I had to analyze a company’s problems and propose creative solutions. That hands-on experience showed me that I can tackle challenges of any size or severity with confidence.”



Ioanna Antonakaki

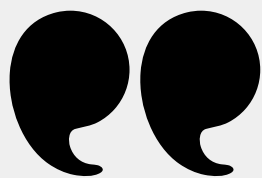
Looking ahead, how do you plan to continue leveraging 3DE skills for future growth, and what excites you most about that?



“I’m already using my 3DE skills by planning for my future. Goal setting is something I learned through the program, especially from hearing stories like Sara Blakely’s, and I’ve already mapped out goals through age 25. On top of that, I’m excited to keep building connections. The 3DE community is unique—my peers and I have a close-knit bond, and we’re constantly supporting each other’s progress.”

✦ Ioanna ✦ Antonakaki

✦ Most Impactful
Quote:



“While most students start exploring these skills
in college, I was already building them as a
freshman in 3DE.”





✦ Eduardo
✦ Gomes

Experience

4 years in 3DE, CEO
of Dinner Genie,
Consulting Intern
ship at RG
Enterprise,
nominated for "19
Under 19" Award

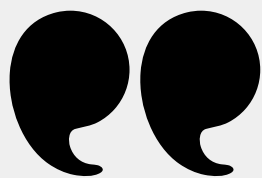


Current school:



✦ Eduardo ✦ Gomes

What does being successful mean to you, and how has the 3DE program influenced your definition of success?

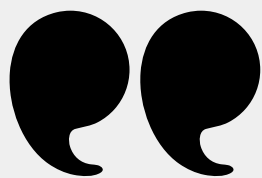


“Before joining 3DE, I believed that money and status were what defined success. I’ve since learned that isn’t the full picture. 3DE taught me that real success is getting paid to do what you love while being surrounded by people who make you better.”



✦ Eduardo ✦ Gomes

What core competencies from 3DE (like critical thinking, collaboration, or self-direction) do you most frequently use in your day to day life, and why?

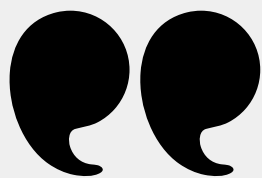


“While I think all the competencies are essential, the one I use most is effective communication. We communicate constantly—whether through public speaking, networking, or writing—and those who can clearly share their message always stand out. That’s why I believe effective communication is the most important competency.”



✦ Eduardo ✦ Gomes

What is one of the best analytical tools or methods you've learned through 3DE, and how do you apply it in your current activities, whether personal or professional?

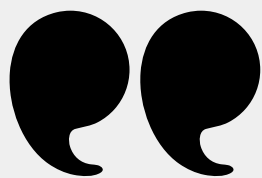


“The SWOT analysis has been the most useful tool for me. I use it to weigh options and make better decisions, not just in business settings but also in personal situations.”



✦ Eduardo ✦ Gomes

How have the skills you acquired in 3DE directly contributed to your current position in your career or academic journey?

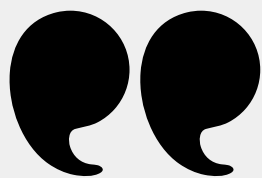


"Since freshman year, 3DE gave me exposure to core competencies and professional skills that continue to help me. Even though my professional career is just beginning, I've been able to apply these skills in college, where they've impressed both professors and peers at networking events."



✦ Eduardo ✦ Gomes

Can you describe a specific situation in your career or school where a 3DE skill, such as problem-solving or creativity, helped you stand out or outperform peers who didn't participate in the program?

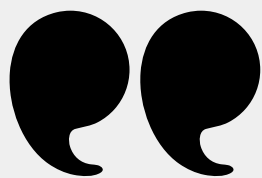


“One example was during my first job interview with AutoZone. Thanks to 3DE, I understood the importance of company values. I researched their values ahead of time—especially their focus on creating a family-like workplace. Out of 10 applicants, I was the one who got the job, and I believe that preparation gave me the edge.”



✦ Eduardo ✦ Gomes

What specific 3DE competency has made you feel more prepared or resilient in handling challenges, and how has it shaped your overall mindset?



“ Critical thinking has made me the most resilient. 3DE taught me how to think outside the box when facing challenges, and that’s a skill I can apply to almost any situation in life.”



✦ Eduardo ✦ Gomes

Looking ahead, how do you plan to continue leveraging 3DE skills for future growth, and what excites you most about that?

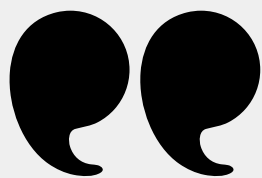


"3DE taught me that learning never stops. Even as a professional, there's always room to grow. Since the program gave me a strong foundation, I plan to keep developing those skills throughout my college career, into my professional life, and all the way until retirement."



✦ Eduardo ✦ Gomes

✦ Most Impactful
Quote:



"3DE taught me that real success is getting paid to do what you love while being surrounded by people who make you better."





✦ Rajal
✦ Nadkar

Experience

(3DE Graduate,
Human
Communications &
Business Value and
You Portfolio)

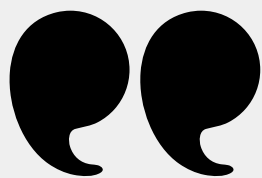


Current school:



✦ Rajal ✦ Nadkar

What does being successful mean to you, and how has the 3DE program influenced your definition of success?



“Success to me is variable. 3DE is so diverse that success doesn’t have to mean founding your own startup or becoming a C-suite executive. It could look like one of our alumni being admitted into medical school for her dream specialization or making an impact at a Big Four consulting firm. The program showed me that success is personal and unique, and it’s shaped my ability to define it on my own terms.”



✦ Rajal ✦ Nadkar

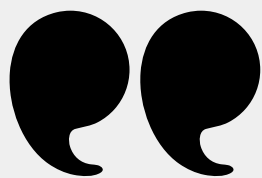
What core competencies from 3DE (like critical thinking, collaboration, or self-direction) do you most frequently use in your day to day life, and why?



“Effective communication and collaboration are the two competencies I rely on most. Without them, I wouldn’t be able to participate fully in my Human Communications class or work effectively with my Business Value and You portfolio team. These skills are, in my opinion, the most valuable takeaways from four years of 3DE.”

✦ Rajal ✦ Nadkar

What is one of the best analytical tools or methods you've learned through 3DE, and how do you apply it in your current activities, whether personal or professional?



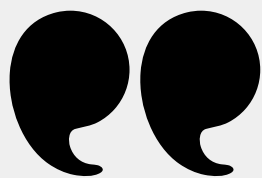
“The 2x2 matrix is one tool I use constantly. It’s not just helpful in a high school program—it’s applied in startups, college courses, and business studies. Gantt charts are another tool I’ve leaned on, especially for organizing projects and timelines effectively.”





✦ Rajal ✦ Nadkar

How have the skills you acquired in 3DE directly contributed to your current position in your career or academic journey?



"The skills I gained from 3DE, particularly public speaking and networking, have helped me overcome confidence issues and take proactive steps in my career. By making meaningful connections, I've been able to advance professionally and open doors that wouldn't have been available otherwise."





✦✦ Rajal Nadkar

Can you describe a specific situation in your career or school where a 3DE skill, such as problem-solving or creativity, helped you stand out or outperform peers who didn't participate in the program?

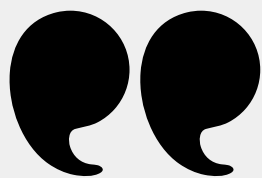


"I run a newsletter aimed at recent graduates and young professionals, and early on, engagement was low. Drawing on my 3DE experience founding a business in junior year, I reached out to another duo of high school students who specialize in outreach and promotion. We collaborated on a cost-effective campaign that boosted engagement, strengthened my credibility, and even helped me land a full-time job. That experience wouldn't have been possible without the collaborative and entrepreneurial mindset fostered in 3DE."



✦ Rajal ✦ Nadkar

What specific 3DE competency has made you feel more prepared or resilient in handling challenges, and how has it shaped your overall mindset?



“Critical thinking has been essential, especially in group settings. It helps not just in generating innovative solutions but also in problem-solving collaboratively—encouraging ideas, resolving conflicts, and navigating challenges effectively.”





✦ Rajal ✦ Nadkar

Looking ahead, how do you plan to continue leveraging 3DE skills for future growth, and what excites you most about that?



I'm proud to be a 3DE alumnus. Engineering meaning within a cohort has always been a passion for me, and I hope to continue fostering collaboration, problem-solving, and innovation in any future endeavor. The skills and mindset I developed in 3DE will continue to guide me in both personal and professional growth.





✦✦ Rajal Nadkar

✦✦ Most Impactful
Quote:



"3DE showed me that success is personal and unique, and it's shaped my ability to define it on my own terms."

