

BELLMONT MIDDLE SCHOOL

VOLLEYBALL

(7TH AND 8TH GRADE)

Tryouts

WEDNESDAY, AUGUST 12 & THURSDAY, AUGUST 13, 2026

7th Grade---5:00 P.M.-6:00 P.M.

8th Grade---6:00 P.M.-7:00 P.M.

BMS Main Gym- Enter Door S49

You will need:

Kneepads, Gym Shoes, Athletic Wear, Full Water Bottle(s)

First Official Practice

FRIDAY, AUGUST 14, 2026

MUSTS

***ALL** physicals, waivers and medical forms must be signed and uploaded to FinalForms before participating.

BMS Office hours are Monday thru Friday 7:30 A.M. to 3:30 P.M.

DO NOT bring your eligibility forms to the coach at practice.

No medical insurance to complete a physical? Please contact the BMS Office or Mrs. Oliver olivert@nadams.k12.in.us

Any questions please contact

Bellmont Middle School Athletic Department 724-3137 or

7th Grade Head Coach: Jessalyn Akers jessaakers830@gmail.com

8th Grade Head Coach: TBD