

Middle School Fall Lunch Menu

August 20, 2026 - November 20, 2026



MON

TUE

WED

THU

FRI

WEEK A



Chicken Mashed Potato Bowl

NEW



Nachos w/Beef & Cheese Sauce



Cinnamon Glazed French Toast Sticks & Sausage Patty



All Beef Chicago Style Hot Dog



Chicken Gyro

NEW



Plant Based Nuggets w/Mashed Potatoes



Black Bean Nachos



Plant Based Nuggets w/Soft Pretzel Rods



Plant Based Burger



Falafel Sandwich

WEEK B



Penne w/Meatsauce & Garlic Bread



Soft Shell Tacos (Beef or Turkey Barbacoa)



Chicken & Buttery Maple Waffle



Build Your Own Beef Burger



Orange Chicken & Brown Rice



Penne w/Plant Based Meatballs



Black Bean Tacos



Plant Based Nuggets w/Soft Pretzel Rods



Plant Based Burger



General Tso w/Plant Based Nuggets and Rice

GRAB N GO



Parmesan Cheesy Bites



Homemade Cheese Pizza



Chicken Tenders w/Soft Pretzel Rods



Chicken Sandwich



Chicken Nuggets & Soft Pretzel Rods (H)



Chicken Sandwich (H)



Detroit Style Cheese Pizza



NEW



Spicy Chicken Sandwich



Chicken Sandwich (H)



Parmesan Cheesy Bites



Chicken Sandwich



Chicken Sandwich (H)



Cheese or Turkey Pepperoni Pizza



Chicken Tenders w/Soft Pretzel Rods



Chicken Nuggets & Soft Pretzel Rods (H)

**COLD OPTIONS:
Available Daily**



Fruit & Yogurt Parfait



Turkey & Cheddar Sub



Italian Turkey Sub

August	September	October	November
M T W Th F	M T W Th F	M T W Th F	M T W Th F
	1 2 3 4	1 2	2 X 4 5 6
	X 8 9 10 11	5 6 7 8 9	9 10 11 12 13
	14 15 16 17 18	12 13 14 15 16	16 17 18 19 20
24 25 26 27 28	X 22 23 24 25	19 20 21 X X	X X X X X X
31	28 29 30	26 27 28 29 30	30

Nutrition, ingredient, and allergen information can be viewed on our app: Menu subject to change.



Menu Indicators:



Vegetarian

(H)



Plant Based

Certified Halal Food Item

*AHSD25 kitchens are not Halal Certified