

OSCE Testimonial Sarah

Audio	Video
<p>Sarah My journey to medical school has not been linear. As a first generation applicant and re-applicant, I have faced challenges throughout the entire process.</p>	<p>Young woman (Sarah) with light brown, straight hair pulled over one shoulder wearing a black blouse trimmed in a black and white pattern. She is in front of a curved wall with a purple and gold L S U Health Shreveport logo Text: Sarah Murphy</p>

<p>When I first applied, I was naive, overconfident, and under-prepared. I underestimated how much I needed to grow as an applicant and future physician. Without mentors to guide me, I was navigating an unfamiliar academic and professional landscape on my own.</p> <p>I was fortunate to meet Doctor Toni Thibeaux at a pivotal point in my medical school application journey. As I prepared to apply for a second time, I was discouraged by a low MCAT score and felt my chances of earning an interview were slim. During our first meeting, Doctor Thibeaux provided honest, constructive feedback about my application. Instead of focusing on my weaknesses, she helped me identify areas for growth and developed a clear plan to strengthen my application. We met monthly to evaluate my progress and set new goals, which kept me encouraged and motivated throughout the process.</p> <p>Through the Office of Student and Community Engagement, I was given access to resources that helped transform my application. I attended a two day online AMCAS workshop aimed at improving my personal statement and medical school application. A six week MCAT course through Kaplan with full access to double AMC question banks and full length practice exams. These resources allowed me to refine the knowledge from my undergraduate degrees and focus on test taking strategies, improving my MCAT score by five points. When I was invited to interview for medical school, the Office of Student and Community Engagement provided interview preparation, helping me practice potential interview questions, refine my communication skills, and strengthen my overall interview performance. Their guidance gave me confidence and peace of mind when approaching one of the most important interviews of my academic career.</p> <p>The investment the Office of Student and Community Engagement has made in me has not gone unnoticed. The guidance, mentorship and resources I received were instrumental in transforming me into the medical student I am today. LSU Health Shreveport's demonstrated commitment to student success has instilled confidence in me that I will succeed during medical school. Their belief in my potential and abilities taught me that resilience</p>	<p>Sarah on camera</p>
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<p>is built through perseverance, reflection, and the willingness to seek guidance. With the support of the Office of Student and Community Engagement. I view each setback as an opportunity to reflect and grow, leading me to be the student I am today.</p>	