

Sports Medicine staff:

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St. Francis de Sales School Visiting Team Sports Medicine Letter

Visiting team administration, coaches, and athletic training staff

This informational letter is being sent in an effort to resolve any potential issues that may arise regarding visiting teams without their respective Certified and Licensed Athletic Trainer that participate at St. Francis de Sales School.

Two major areas of concern include:

- 1) Taping and other restorative care of your athletes
- 2) Return to participation of athletes after injury

The information below has been pulled from the Laws and Rules Regulating the Practice of Athletic Training (Chapter 4755 of the Ohio Revised Code), Ohio Occupational Therapy, Physical Therapy, and Athletic Trainers Board (which is responsible for the scope of practice of athletic training in the State of Ohio) and the Ohio Athletic Trainers' Association.

WHAT DOES THIS MEAN?

- The St. Francis de Sales School athletic training staff **may provide** visiting teams, traveling without an AT or team physician, **first aid/emergency care and routine care**. Restorative treatments and/or return to participation of an athlete with a suspected injury will not be provided under the discretion of the St. Francis de Sales covering AT.
- **FIRST AID/EMERGENCY CARE** – Basic, immediate care given on site to stabilize and prepare for transportation/referral, as needed, **will be** provided to the best of our ability.
- **ROUTINE CARE** – Maintenance and preventative measures, such as pre-event prophylactic taping (no injury involved or suspected) **may be** provided. If taping is needed, we asked that a **phone call or note be provided along with proper taping supplies. WE WILL NOT TAPE ANY ATHLETE WITHOUT TAPING SUPPLIES AND A WRITTEN NOTE/PHONE CALL/TEXT FROM THE SCHOOL AT STAFF.**
- **TAPING AND OTHER RESTORATIVE CARE** – Patient specific instructions such as but not limited to rehabilitation exercises, taping, bracing, modalities for use with a diagnosed injury **will be provided ONLY WITH A PHYSICIAN'S NOTE.**
- **RETURN TO PARTICIPATION AFTER INJURY** – If the St. Francis de Sales athletic training staff determines an athlete suffered a significant injury or concussion, then that athlete will not return to play. An evaluation may be completed and an opinion will be made based on the findings. However, return to participation decisions will be the coach's responsibility except for concussions, which will fall under the treating AT and/or on site-physician.

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