SJUSD Secondary Lunch -August 2026

Lunch Entrée	Protein Source
Bean & Cheese Burrito	Beans, Dairy
Beef Tacos	Beef
Beef Rib B' Que	Beef
Breaded Chicken Drumstick	Chicken
Burger - Beef	Beef
Burger - Beef Cheeseburger	Beef, Dairy
Cheese Pizza	Dairy
Cheese Quesadilla	Dairy
Chicken Burger	Chicken
Chicken Corn Dog	Chicken, Dairy
Chicken Glazed Drumstick	Chicken
Chicken Meatball Sub	Chicken
Chicken Pozole	Chicken
Chicken Tenders	Chicken
Chicken Quesadilla	Chicken, Dairy
Hot Dog Beef	Beef
Italian Dunkers	Dairy
Italian Cheese & Garlic Pull Apart	Dairy
Lo Mein w/ Chicken	Chicken
Nachos - Beans & Cheese	Dairy
Orange Popcorn Chicken	Chicken
Parfait - Fruit & Granola	Dairy
Pasta - Alfredo with Chicken	Chicken, Dairy
PB&J Sandwich	Nuts
Nachos - Super	Dairy
Salad - Chicken Caesar	Chicken, Dairy
Shoyu Ramen with Chicken	Chicken
Salad - Popcorn Chicken	Dairy
Spicy Chicken Burger	Chicken
Spicy Chicken Tenders w/ Pretzels	Chicken, Dairy
Southwest Pull Apart	Dairy
Sweet & Sour Chicken w/ Rice	Chicken
Sweet & Sour Veggie Chicken w/ Rice	Chicken
Turkey-Ham Cheddar Sandwich	Turkey
Turkey, Gravy and Mashed Potatoes	Turkey, Dairy
Veggie Burger	Dairy
Wrap - Chicken Caesar	Chicken, Dairy
Wrap - Hummus	
Wrap - Spicy Chicken	Chicken, Dairy

Allergens
Wheat, Milk, Soy
Wheat, Soy, Milk
Wheat, Milk, Soy
Wheat
Milk, Wheat
Milk, Wheat
Milk,Soy, Wheat
Milk, Soy, Wheat
Wheat, Soy
Egg, Milk, Soy, Wheat
Soy, Wheat, Milk
Soy, Milk, Wheat
Wheat, Milk
Wheat
Wheat, Milk, Soy, Egg
Milk, Wheat, Soy
Wheat, Soy
Milk
Soy, Wheat
Milk, Wheat
Milk, Wheat
Wheat, Peanuts
Soy, Milk
Milk, Wheat, Egg, Fish
Wheat, Soy
Milk,Egg, Wheat, Soy
Wheat, Soy
Milk,Wheat, Soy
Milk, Wheat, Soy
Soy, Wheat
Soy, Wheat
Wheat, Milk
Milk, Wheat
Egg, Milk, Soy, Wheat
Milk, Egg, Fish, Wheat
Wheat
Milk, Soy, Wheat, Egg