Romulus CSD Body Mass Index (BMI) State Reporting

As part of the required New York State school health examination, students have their height and weight measured. These measurements are used to calculate a student's **Body Mass Index (BMI)**, which is a screening tool used to determine whether a student's weight falls within a healthy range for their age and height.

New York State Education Law requires that a student's BMI and weight status category be included as part of the school health examination. Each year, the New York State Department of Health selects a sample of school districts to participate in a statewide health survey.

If Romulus Central School District is selected to participate, the District will report students' weight status categories to the New York State Department of Health. The information is used only to help state and local health officials better understand childhood health trends and to develop programs that support the health and well-being of children across New York State.

No personally identifiable information is reported. Student names, dates of birth, and other identifying information are **not** shared with the New York State Department of Health. Only summary data regarding students' weight status categories are submitted.

Parents and guardians have the right to exclude their child's weight status information from this survey. If you do not want your child's BMI or weight status category included in the New York State Department of Health survey, please contact your child's school nurse.