

AUGUST 2026

LUNCH

NORTHWEST RANKIN HIGH
COUGAR CAFE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Sandwich Chicken Tenders, Garlic Knot Mandarin Chicken over Rice w/ Egg Roll Tuna Salad w/Crunchy Crackers Carrots w/ Dip Seasoned Potato Wedges Brookie Cookie	4 Buffalo Hot Wings, Garlic Knot Chef Salad, Crackers, Croutons Hamburger Pizza, Variety Carrots w/ Dip French Fries Vanilla Pudding	5 Chicken Tenders, Garlic Knot Chicken Tenders Salad Hot Ham & Cheese Croissant Pizza, Variety Saltine Crackers Carrots w/ Dip Tater Tots Candy Cookies	6 Buffalo Hot Wings, Garlic Knot Chicken Salad with Crackers Hamburger Pizza, Variety Crunchy Crackers Carrots w/ Dip French Fries Southern Mud	7 Chef Salad, Crackers, Croutons Chicken Tenders, Garlic Knot Crispy Rolled Chicken Tacos Pizza, Variety Baked Beans Spicy Fries Assorted Gelatins with Topping
10 Chicken Tenders, Garlic Knot Mandarin Chicken over Rice w/ Egg Roll Pizza, Variety Tuna Salad w/Crunchy Crackers Carrots w/ Dip Seasoned Potato Wedges Red Velvet Cookie	11 Buffalo Hot Wings, Garlic Knot Chef Salad, Crackers, Croutons Hamburger Pizza, Variety Carrots w/ Dip French Fries Chocolate Pudding	12 Chicken Tenders, Garlic Knot Chicken Tenders Salad Hot Ham & Cheese Croissant Pizza, Variety Saltine Crackers Carrots w/ Dip Tater Tots Chocolate Brownies	13 Buffalo Hot Wings, Garlic Knot Chicken Salad with Crackers Hamburger Pizza, Variety Crunchy Crackers Carrots w/ Dip French Fries Banana Pudding	14 Chef Salad, Crackers, Croutons Chicken Tenders, Garlic Knot Crispy Rolled Chicken Tacos Pizza, Variety Baked Beans Spicy Fries Assorted Gelatins with Topping
17 Chicken Sandwich Chicken Tenders, Garlic Knot Mandarin Chicken over Rice w/ Egg Roll Tuna Salad with Crunchy Crackers Carrots w/ Dip Seasoned Potato Wedges Brookie Cookie	18 Buffalo Hot Wings, Garlic Knot Chef Salad, Crackers, Croutons Hamburger Pizza, Variety Carrots w/ Dip French Fries Vanilla Pudding	19 Chef Salad Chicken Salad on a Croissant Hot Ham & Cheese Croissant Italian Rotini Casserole Garlic Knot Roll Carrots w/ Dip Savory Green Beans Tater Tots Candy Cookies	20 BBQ Pork Sandwich Chicken Tenders Chicken Tenders Salad Crispy Rolled Chicken Tacos Garlic Toast Cheesy Mashed Potatoes French Fries Steamed Broccoli Florets Southern Mud	21 Buffalo Hot Wings Cheeseburger Crispy Rolled Chicken Tacos Hamburger Garlic Knot Roll Baked Beans Crinkle Cut Fries Assorted Gelatins with Topping
24 Hot Dog Pizza, Variety Chicken Tenders & Garlic Knot Tuna Salad with Crackers Glazed Carrots Green Peas Seasoned Potato Wedges Red Velvet Cookies	25 Chef Salad, Crackers, Croutons Buffalo Hot Wings, Garlic Knot Chicken Sandwich Southwest Dip and Chips Corn French Fries Pinto Beans Chocolate Pudding	26 Chicken Tenders Chicken Tenders Salad Hot Ham & Cheese Croissant Pizza, Variety Garlic Knot Roll Carrots w/ Dip Tater Tots Chocolate Brownies	27 Buffalo Hot Wings, Garlic Knot Chicken Salad, Crunchy Crackers Hamburger Pizza, Variety Crunchy Crackers Carrots w/ Dip French Fries Banana Pudding	28 Chef Salad, Crackers, Croutons Chicken Tenders, Garlic Knot Crispy Rolled Chicken Tacos Pizza, Variety Baked Beans Spicy Fries Assorted Gelatins with Topping
31 Chicken Sandwich Chicken Tenders, Garlic Knot Mandarin Chicken over Rice w/ Egg Roll Tuna Salad with Crunchy Crackers Carrots w/ Dip Seasoned Potato Wedges Brookie Cookie				

NWRHS COUGAR CAFE

DAILY OPTIONS

Fruit, variety
 Fresh Fruit Bowl
 Chocolate Milk
 Low Fat Unflavored Milk
 Strawberry Milk

CONDIMENTS

Mayonnaise
 Mustard
 Ketchup
 Sour Cream
 Dipping Sauce, variety
 Marinara
 Syrup
 Salad Dressings
 Saltine Crackers
 Croutons