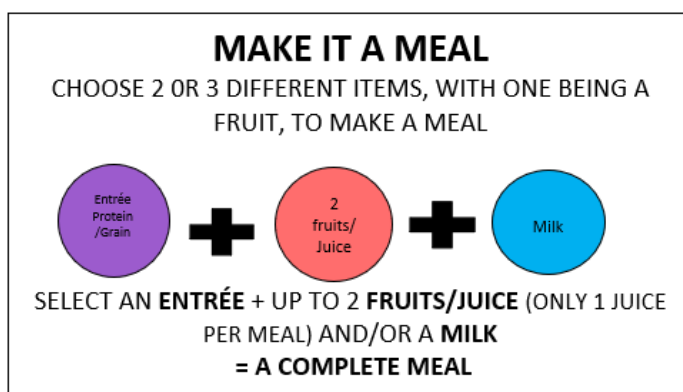


Secondary Schools Breakfast Menu

Zionsville High School, ZMS, and Z'West

2026-2027



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice of 1 Entrée: - Pork Sausage, Egg, and Cheese Bagel ^{MESW} - Breaded Chicken ^{MSW} on a Biscuit ^{MW} - Asst. 2 oz Cereals - Breakfast Bar ^{MESW} - Donut ^{MESW} - Mini Cinni ^{MW} - Uncrustables ^{MW} Choice of 1 or 2 Fruits: - Assorted Fresh Fruits - Chilled Fruits - Dried Fruits 100% Fruit Juice Choice of 1 Milk: - Milk Variety ^M	Choice of 1 Entrée: - Turkey Ham, Egg, and Cheese Biscuit ^{MESW} - Breaded Chicken ^{MSW} on a Biscuit ^{MW} - Asst. 2 oz Cereals - Breakfast Bar ^{MESW} - Donut ^{MESW} - Mini Cinni ^{MW} - Uncrustables ^{MW} Choice of 1 or 2 Fruits: - Assorted Fresh Fruits - Chilled Fruits - Dried Fruits 100% Fruit Juice Choice of 1 Milk: - Milk Variety ^M	Choice of 1 Entrée: - Pork Sausage, Egg, and Cheese Bagel ^{MESW} - Breaded Chicken ^{MSW} on a Biscuit ^{MW} - Asst. 2 oz Cereals - Breakfast Bar ^{MESW} - Donut ^{MESW} - Mini Cinni ^{MW} - Uncrustables ^{MW} Choice of 1 or 2 Fruits: - Assorted Fresh Fruits - Chilled Fruits - Dried Fruits 100% Fruit Juice Choice of 1 Milk: - Milk Variety ^M	Choice of 1 Entrée: - Breakfast Burrito ^{MESW} - Breaded Chicken ^{MSW} on a Biscuit ^{MW} - Asst. 2 oz Cereals - Breakfast Bar ^{MESW} - Donut ^{MESW} - Mini Cinni ^{MW} - Uncrustables ^{MW} Choice of 1 or 2 Fruits: - Assorted Fresh Fruits - Chilled Fruits - Dried Fruits 100% Fruit Juice Choice of 1 Milk: - Milk Variety ^M	Choice of 1 Entrée: - Breakfast Pizza Bagel ^{MESW} - Breaded Chicken ^{MSW} on a Biscuit ^{MW} - Asst. 2 oz Cereals - Breakfast Bar ^{MESW} - Donut ^{MESW} - Mini Cinni ^{MW} - Uncrustables ^{MW} Choice of 1 or 2 Fruits: - Assorted Fresh Fruits - Chilled Fruits - Dried Fruits 100% Fruit Juice Choice of 1 Milk: - Milk Variety ^M

Breakfast Pricing

Student Breakfast \$1.40
 Student Reduced Breakfast \$0.30
 Extra Milk \$0.65
 Extra Entrée \$1.30
Snack items are available at an additional cost.

Visit the Food Service link at <https://www.zcs.k12.in.us/departments/food-services> to find info on:

- Contact names
- Meal assistance
- Nutritional / allergen information
- Cafeteria pricing
- School Pay and More

You can also learn about our **ZCS Family Portal** where you can view current balances, food purchase histories and MORE!

Allergen Legend:

W – Contains Wheat
 S – Contains Soy
 M – Contains Milk/Dairy
 E – Contains Eggs
 SS – Contains Sesame
 GF – Naturally Gluten Free (Packaged in kitchens that prepare items containing gluten.)

SF – Contains Shellfish
 T – Contains Tree Nuts
 P – Contains Peanuts
 F – Contains Fish

Please speak with your school's café manager to obtain a Special Dietary Needs Medical Form if your child requires a special menu or meal modification due to a disability or impairment.

Monday	Portion Size	Cals	Mg Cholst	Mg Sodm	G Fiber	Mg Iron	Mg Calcm	G Total Sugars	G Protn	G Carb	G T-Fat	G S-Fat
Sausage, Egg, and Cheese	1 Each	340	114	573	4.00	2.09	169.00	5.50	17.90	30.00	16.80	6.35
Chicken Slider, breakfast	1 ea	200	25	390	3.00	2.16	40.00	2.00	11.00	25.00	7.00	1.00
Chicken Slider Bisc, breakfast	1 ea	330	25	850	2.00	2.52	20.00	2.00	12.00	34.00	16.00	7.00
Cereal, RS Cinnamon Toast	bowl	210	0	320	7.00	4.50	100.00	11.00	3.00	44.00	6.00	0.00
Cereal, Lucky Charms	Bowl	210	0	440	5.00	5.40	150.00	12.00	5.00	45.00	2.00	0.00
Cereal, RS Cocoa Puffs	Bowl	220	0	230	3.00	5.40	150.00	12.00	3.00	47.00	3.00	0.00
CEREAL, TRIX RS	BOWL	220	0	320	3.00	4.50	100.00	12.00	3.00	47.00	3.00	0.00
Breakfast Bar French Toast	1 ea	280	25	210	3.00	1.80	20.00	20.00	5.00	46.00	9.00	2.50
Breakfast Bars, Chocolate B	1 ea	280	15	220	3.00	1.80	20.00	23.00	5.00	47.00	8.00	3.00
Breakfast Bars, Chocolate C	1 bar	280	15	230	3.00	1.80	20.00	20.00	5.00	46.00	9.00	3.00
Donut w/Glaze	1 ea	260	0	330	3.00	1.44	20.00	14.25	5.00	39.48	9.00	3.50
Mini Cinnis	1 ea	230	0	280	3.00	1.44	20.00	14.00	5.00	41.00	7.00	2.00
Frudel, Apple	1 ea	210	0	270	3.00	2.00	0.00	10.00	5.00	38.00	5.00	1.00
Uncrustable Grape Jelly on	1 ea	300	0	270	4.00	1.08	40.00	15.00	9.00	32.00	16.00	3.50
Uncrustable PB & Straw jam	1 EA	300	0	270	4.00	1.08	40.00	15.00	9.00	32.00	16.00	3.50
Uncrustable PB & Honey	1 each	300	0	270	4.00	1.08	40.00	15.00	9.00	32.00	16.00	3.50
Bananas	1 EACH	105	0	1	3.07	0.31	5.90	14.43	1.29	26.95	0.39	0.13
Orange - Whole	1 EACH	45	0	0	2.30	0.10	38.40	8.98	0.90	11.28	0.12	0.01
Apple Slices	1 pkg	30	0	0	1.00	0.00	0.00	6.00	0.00	7.00	0.00	0.00
Juice, Apple Cup	ea	60	0	5	0.00	0.00	0.00	12.00	0.00	14.00	0.00	0.00
Juice, Orange Cup	1 ea	60	0	0	0.00	0.00	0.00	12.00	0.00	14.00	0.00	0.00
Juice, Grape	1 cup	80	0	10	0.00	0.00	20.00	18.00	0.00	19.00	0.00	0.00
Canned Fruit, Asst	half cup	75	0	6	1.42	0.24	1.34	16.13	0.34	18.27	0.00	0.00
Raisins	1 box	129	0	11	1.94	0.77	26.66	28.03	1.42	34.11	0.11	0.04
Craisins, Watermelon	package	110	0	0	2.00	0.00	0.00	24.00	0.00	27.00	0.00	0.00
Milk, White, 1%, 8 oz	1 EACH	110	10	125	0.00	0.00	300.00	12.00	8.00	13.00	2.50	1.50
Milk, TruMoo, 1% Choc, 8 oz	1 EACH	150	10	220	0.00	0.40	300.00	22.00	8.00	24.00	2.50	1.50
Ketchup, Packets	1 ea	10	0	25	0.00	0.00	0.00	2.00	0.00	2.00	0.00	0.00
Mustard Packets	1 pkt	0	0	65	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Mayonnaise Packet	1 ea	80	5	80	0.00	0.00	0.00	0.00	0.00	1.00	8.00	1.50

Tuesday	Portion Size	Cals	Mg Cholst	Mg Sodm	G Fiber	Mg Iron	Mg Calcm	G Total Sugars	G Protn	G Carb	G T-Fat	G S-Fat
Ham, Egg, and Cheese Bisc	1 Each	333	108	990	1.00	1.97	136.00	2.50	14.57	28.33	17.47	9.05
Chicken Slider, breakfast	1 ea	200	25	390	3.00	2.16	40.00	2.00	11.00	25.00	7.00	1.00
Chicken Slider Bisc, breakfast	1 ea	330	25	850	2.00	2.52	20.00	2.00	12.00	34.00	16.00	7.00
Cereal, RS Cinnamon Toast	bowl	210	0	320	7.00	4.50	100.00	11.00	3.00	44.00	6.00	0.00
Cereal, Lucky Charms	Bowl	210	0	440	5.00	5.40	150.00	12.00	5.00	45.00	2.00	0.00
Cereal, RS Cocoa Puffs	Bowl	220	0	230	3.00	5.40	150.00	12.00	3.00	47.00	3.00	0.00
CEREAL, TRIX RS	BOWL	220	0	320	3.00	4.50	100.00	12.00	3.00	47.00	3.00	0.00
Breakfast Bar French Toast	1 ea	280	25	210	3.00	1.80	20.00	20.00	5.00	46.00	9.00	2.50
Breakfast Bars, Chocolate B	1 ea	280	15	220	3.00	1.80	20.00	23.00	5.00	47.00	8.00	3.00
Breakfast Bars, Chocolate C	1 bar	280	15	230	3.00	1.80	20.00	20.00	5.00	46.00	9.00	3.00
Donut w/Glaze	1 ea	260	0	330	3.00	1.44	20.00	14.25	5.00	39.48	9.00	3.50
Mini Cinnis	1 ea	230	0	280	3.00	1.44	20.00	14.00	5.00	41.00	7.00	2.00
Frudel, Apple	1 ea	210	0	270	3.00	2.00	0.00	10.00	5.00	38.00	5.00	1.00
Uncrustable Grape Jelly on	1 ea	300	0	270	4.00	1.08	40.00	15.00	9.00	32.00	16.00	3.50
Uncrustable PB & Straw jam	1 EA	300	0	270	4.00	1.08	40.00	15.00	9.00	32.00	16.00	3.50
Uncrustable PB & Honey	1 each	300	0	270	4.00	1.08	40.00	15.00	9.00	32.00	16.00	3.50
Bananas	1 EACH	105	0	1	3.07	0.31	5.90	14.43	1.29	26.95	0.39	0.13
Orange - Whole	1 EACH	45	0	0	2.30	0.10	38.40	8.98	0.90	11.28	0.12	0.01
Apple Slices	1 pkg	30	0	0	1.00	0.00	0.00	6.00	0.00	7.00	0.00	0.00
Juice, Apple Cup	ea	60	0	5	0.00	0.00	0.00	12.00	0.00	14.00	0.00	0.00
Juice, Orange Cup	1 ea	60	0	0	0.00	0.00	0.00	12.00	0.00	14.00	0.00	0.00
Juice, Grape	1 cup	80	0	10	0.00	0.00	20.00	18.00	0.00	19.00	0.00	0.00
Canned Fruit, Asst	half cup	75	0	6	1.42	0.24	1.34	16.13	0.34	18.27	0.00	0.00
Raisins	1 box	129	0	11	1.94	0.77	26.66	28.03	1.42	34.11	0.11	0.04
Craisins, Watermelon	package	110	0	0	2.00	0.00	0.00	24.00	0.00	27.00	0.00	0.00
Milk, White, 1%, 8 oz	1 EACH	110	10	125	0.00	0.00	300.00	12.00	8.00	13.00	2.50	1.50
Milk, TruMoo, 1% Choc, 8 oz	1 EACH	150	10	220	0.00	0.40	300.00	22.00	8.00	24.00	2.50	1.50
Ketchup, Packets	1 ea	10	0	25	0.00	0.00	0.00	2.00	0.00	2.00	0.00	0.00
Mustard Packets	1 pkt	0	0	65	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Mayonnaise Packet	1 ea	80	5	80	0.00	0.00	0.00	0.00	0.00	1.00	8.00	1.50

Wednesday	Portion Size	Cals	Mg Cholst	Mg Sodm	G Fiber	Mg Iron	Mg Calcm	G Total Sugars	G Protn	G Carb	G T-Fat	G S-Fat
Sausage, Egg, and Cheese	1 Each	340	114	573	4.00	2.09	169.00	5.50	17.90	30.00	16.80	6.35
Chicken Slider, breakfast	1 ea	200	25	390	3.00	2.16	40.00	2.00	11.00	25.00	7.00	1.00
Chicken Slider Bisc, breakfast	1 ea	330	25	850	2.00	2.52	20.00	2.00	12.00	34.00	16.00	7.00
Cereal, RS Cinnamon Toast	owl	210	0	320	7.00	4.50	100.00	11.00	3.00	44.00	6.00	0.00
Cereal, Lucky Charms	Bowl	210	0	440	5.00	5.40	150.00	12.00	5.00	45.00	2.00	0.00
Cereal, RS Cocoa Puffs	Bowl	220	0	230	3.00	5.40	150.00	12.00	3.00	47.00	3.00	0.00
CEREAL, TRIX RS	BOWL	220	0	320	3.00	4.50	100.00	12.00	3.00	47.00	3.00	0.00
Breakfast Bar French Toast	1 ea	280	25	210	3.00	1.80	20.00	20.00	5.00	46.00	9.00	2.50
Breakfast Bars, Chocolate B	1 ea	280	15	220	3.00	1.80	20.00	23.00	5.00	47.00	8.00	3.00
Breakfast Bars, Chocolate C	1 bar	280	15	230	3.00	1.80	20.00	20.00	5.00	46.00	9.00	3.00
Donut w/Glaze	1 ea	260	0	330	3.00	1.44	20.00	14.25	5.00	39.48	9.00	3.50
Mini Cinnis	1 ea	230	0	280	3.00	1.44	20.00	14.00	5.00	41.00	7.00	2.00
Frudel, Apple	1 ea	210	0	270	3.00	2.00	0.00	10.00	5.00	38.00	5.00	1.00
Uncrustable Grape Jelly on	1 ea	300	0	270	4.00	1.08	40.00	15.00	9.00	32.00	16.00	3.50
Uncrustable PB & Straw jam	1 EA	300	0	270	4.00	1.08	40.00	15.00	9.00	32.00	16.00	3.50
Uncrustable PB & Honey	1 each	300	0	270	4.00	1.08	40.00	15.00	9.00	32.00	16.00	3.50
Bananas	1 EACH	105	0	1	3.07	0.31	5.90	14.43	1.29	26.95	0.39	0.13
Orange - Whole	1 EACH	45	0	0	2.30	0.10	38.40	8.98	0.90	11.28	0.12	0.01
Apple Slices	1 pkg	30	0	0	1.00	0.00	0.00	6.00	0.00	7.00	0.00	0.00
Juice, Apple Cup	ea	60	0	5	0.00	0.00	0.00	12.00	0.00	14.00	0.00	0.00
Juice, Orange Cup	1 ea	60	0	0	0.00	0.00	0.00	12.00	0.00	14.00	0.00	0.00
Juice, Grape	1 cup	80	0	10	0.00	0.00	20.00	18.00	0.00	19.00	0.00	0.00
Canned Fruit, Asst	half cup	75	0	6	1.42	0.24	1.34	16.13	0.34	18.27	0.00	0.00
Raisins	1 box	129	0	11	1.94	0.77	26.66	28.03	1.42	34.11	0.11	0.04
Craisins, Watermelon	package	110	0	0	2.00	0.00	0.00	24.00	0.00	27.00	0.00	0.00
Milk, White, 1%, 8 oz	1 EACH	110	10	125	0.00	0.00	300.00	12.00	8.00	13.00	2.50	1.50
Milk, TruMoo, 1% Choc, 8 oz	1 EACH	150	10	220	0.00	0.40	300.00	22.00	8.00	24.00	2.50	1.50
Ketchup, Packets	1 ea	10	0	25	0.00	0.00	0.00	2.00	0.00	2.00	0.00	0.00
Mustard Packets	1 pkt	0	0	65	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Mayonnaise Packet	1 ea	80	5	80	0.00	0.00	0.00	0.00	0.00	1.00	8.00	1.50

Thursday	Portion Size	Cals	Mg Cholst	Mg Sodm	G Fiber	Mg Iron	Mg Calcm	G Total Sugars	G Protn	G Carb	G T-Fat	G S-Fat
Bkfast Burrito, Egg & Sausage	1 EACH	200	40	310	3.00	*N/A*	*N/A*	1.00	11.01	22.01	8.00	3.00
Chicken Slider, breakfast	1 ea	200	25	390	3.00	2.16	40.00	2.00	11.00	25.00	7.00	1.00
Chicken Slider Bisc, breakfast	1 ea	330	25	850	2.00	2.52	20.00	2.00	12.00	34.00	16.00	7.00
Cereal, RS Cinnamon Toast	owl	210	0	320	7.00	4.50	100.00	11.00	3.00	44.00	6.00	0.00
Cereal, Lucky Charms	Bowl	210	0	440	5.00	5.40	150.00	12.00	5.00	45.00	2.00	0.00
Cereal, RS Cocoa Puffs	Bowl	220	0	230	3.00	5.40	150.00	12.00	3.00	47.00	3.00	0.00
CEREAL, TRIX RS	BOWL	220	0	320	3.00	4.50	100.00	12.00	3.00	47.00	3.00	0.00
Breakfast Bar French Toast	1 ea	280	25	210	3.00	1.80	20.00	20.00	5.00	46.00	9.00	2.50
Breakfast Bars, Chocolate B	1 ea	280	15	220	3.00	1.80	20.00	23.00	5.00	47.00	8.00	3.00
Breakfast Bars, Chocolate C	1 bar	280	15	230	3.00	1.80	20.00	20.00	5.00	46.00	9.00	3.00
Donut w/Glaze	1 ea	260	0	330	3.00	1.44	20.00	14.25	5.00	39.48	9.00	3.50
Mini Cinnis	1 ea	230	0	280	3.00	1.44	20.00	14.00	5.00	41.00	7.00	2.00
Frudel, Apple	1 ea	210	0	270	3.00	2.00	0.00	10.00	5.00	38.00	5.00	1.00
Uncrustable Grape Jelly on	1 ea	300	0	270	4.00	1.08	40.00	15.00	9.00	32.00	16.00	3.50
Uncrustable PB & Straw jam	1 EA	300	0	270	4.00	1.08	40.00	15.00	9.00	32.00	16.00	3.50
Uncrustable PB & Honey	1 each	300	0	270	4.00	1.08	40.00	15.00	9.00	32.00	16.00	3.50
Bananas	1 EACH	105	0	1	3.07	0.31	5.90	14.43	1.29	26.95	0.39	0.13
Orange - Whole	1 EACH	45	0	0	2.30	0.10	38.40	8.98	0.90	11.28	0.12	0.01
Apple Slices	1 pkg	30	0	0	1.00	0.00	0.00	6.00	0.00	7.00	0.00	0.00
Juice, Apple Cup	ea	60	0	5	0.00	0.00	0.00	12.00	0.00	14.00	0.00	0.00
Juice, Orange Cup	1 ea	60	0	0	0.00	0.00	0.00	12.00	0.00	14.00	0.00	0.00
Juice, Grape	1 cup	80	0	10	0.00	0.00	20.00	18.00	0.00	19.00	0.00	0.00
Canned Fruit, Asst	half cup	75	0	6	1.42	0.24	1.34	16.13	0.34	18.27	0.00	0.00
Raisins	1 box	129	0	11	1.94	0.77	26.66	28.03	1.42	34.11	0.11	0.04
Craisins, Watermelon	package	110	0	0	2.00	0.00	0.00	24.00	0.00	27.00	0.00	0.00
Milk, White, 1%, 8 oz	1 EACH	110	10	125	0.00	0.00	300.00	12.00	8.00	13.00	2.50	1.50
Milk, TruMoo, 1% Choc, 8 oz	1 EACH	150	10	220	0.00	0.40	300.00	22.00	8.00	24.00	2.50	1.50
Ketchup, Packets	1 ea	10	0	25	0.00	0.00	0.00	2.00	0.00	2.00	0.00	0.00
Mustard Packets	1 pkt	0	0	65	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Mayonnaise Packet	1 ea	80	5	80	0.00	0.00	0.00	0.00	0.00	1.00	8.00	1.50

Friday	Portion Size	Cals	Mg Cholst	Mg Sodm	G Fiber	Mg Iron	Mg Calcm	G Total Sugars	G Protn	G Carb	G T-Fat	G S-Fat
Pizza, Breakfast Bagel	1 each	240	60	450	3.00	1.50	169.00	3.00	12.00	31.00	7.00	3.00
Chicken Slider, breakfast	1 ea	200	25	390	3.00	2.16	40.00	2.00	11.00	25.00	7.00	1.00
Chicken Slider Bisc, breakfast	1 ea	330	25	850	2.00	2.52	20.00	2.00	12.00	34.00	16.00	7.00
Cereal, RS Cinnamon Toast	owl	210	0	320	7.00	4.50	100.00	11.00	3.00	44.00	6.00	0.00
Cereal, Lucky Charms	Bowl	210	0	440	5.00	5.40	150.00	12.00	5.00	45.00	2.00	0.00
Cereal, RS Cocoa Puffs	Bowl	220	0	230	3.00	5.40	150.00	12.00	3.00	47.00	3.00	0.00
CEREAL, TRIX RS	BOWL	220	0	320	3.00	4.50	100.00	12.00	3.00	47.00	3.00	0.00
Breakfast Bar French Toast	1 ea	280	25	210	3.00	1.80	20.00	20.00	5.00	46.00	9.00	2.50
Breakfast Bars, Chocolate B	1 ea	280	15	220	3.00	1.80	20.00	23.00	5.00	47.00	8.00	3.00
Breakfast Bars, Chocolate C	1 bar	280	15	230	3.00	1.80	20.00	20.00	5.00	46.00	9.00	3.00
Donut w/Glaze	1 ea	260	0	330	3.00	1.44	20.00	14.25	5.00	39.48	9.00	3.50
Mini Cinnis	1 ea	230	0	280	3.00	1.44	20.00	14.00	5.00	41.00	7.00	2.00
Frudel, Apple	1 ea	210	0	270	3.00	2.00	0.00	10.00	5.00	38.00	5.00	1.00
Uncrustable Grape Jelly on	1 ea	300	0	270	4.00	1.08	40.00	15.00	9.00	32.00	16.00	3.50
Uncrustable PB & Straw jam	1 EA	300	0	270	4.00	1.08	40.00	15.00	9.00	32.00	16.00	3.50
Uncrustable PB & Honey	1 each	300	0	270	4.00	1.08	40.00	15.00	9.00	32.00	16.00	3.50
Bananas	1 EACH	105	0	1	3.07	0.31	5.90	14.43	1.29	26.95	0.39	0.13
Orange - Whole	1 EACH	45	0	0	2.30	0.10	38.40	8.98	0.90	11.28	0.12	0.01
Apple Slices	1 pkg	30	0	0	1.00	0.00	0.00	6.00	0.00	7.00	0.00	0.00
Juice, Apple Cup	ea	60	0	5	0.00	0.00	0.00	12.00	0.00	14.00	0.00	0.00
Juice, Orange Cup	1 ea	60	0	0	0.00	0.00	0.00	12.00	0.00	14.00	0.00	0.00
Juice, Grape	1 cup	80	0	10	0.00	0.00	20.00	18.00	0.00	19.00	0.00	0.00
Canned Fruit, Asst	half cup	75	0	6	1.42	0.24	1.34	16.13	0.34	18.27	0.00	0.00
Raisins	1 box	129	0	11	1.94	0.77	26.66	28.03	1.42	34.11	0.11	0.04
Craisins, Watermelon	package	110	0	0	2.00	0.00	0.00	24.00	0.00	27.00	0.00	0.00
Milk, White, 1%, 8 oz	1 EACH	110	10	125	0.00	0.00	300.00	12.00	8.00	13.00	2.50	1.50
Milk, TruMoo, 1% Choc, 8 oz	1 EACH	150	10	220	0.00	0.40	300.00	22.00	8.00	24.00	2.50	1.50
Ketchup, Packets	1 ea	10	0	25	0.00	0.00	0.00	2.00	0.00	2.00	0.00	0.00
Mustard Packets	1 pkt	0	0	65	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Mayonnaise Packet	1 ea	80	5	80	0.00	0.00	0.00	0.00	0.00	1.00	8.00	1.50

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

