MINNEAPOLIS PUBLIC SCHOOLS
Culinary & Wellness Services

Culinary & Wellness Services Family Guide 2026-27

Meal Program Overview

Nurturing ALL children through access to quality food and active living

Getting a meal at school is simple:

1. Students go through the meal line.
2. Students enter their unique PIN number (same as Student ID).
3. Students eat at no cost and enjoy our delicious, scratch-cooked True Food!

MPS CWS serves meals and snacks through United States Department of Agriculture (USDA) programs. When MPS serves food that meets the guidelines, the USDA reimburses for each of the meals or snacks. CWS uses reimbursement money to purchase food for future meals and snacks, and pay employee wages and benefits.

Special Dietary Needs

We support students with allergies, intolerances, and disabilities with alternative meals after proper documentation has been submitted and approved.

- Beginning in Fall 2026, middle and high school cafeterias will serve a prepackaged peanut butter & jelly sandwich. Peanut butter will not be served at elementary and K-8 schools.
- Vegetarian meals are available daily to everyone at all schools.
- Detailed menu information, including nutrition facts and allergens, is available online for families and staff to review.

Breakfast Guidelines

Breakfast is provided at no cost to all MPS students.

Each Breakfast Includes:



Milk | Grains and Protein | Fruits and Vegetables

Choose at least 3 items total. ½ Cup of fruit or vegetable must be on your tray.

Lunch Guidelines

Lunch is provided at no cost to all MPS students.

Each Lunch Includes:



Milk | Grains | Protein | Fruits | Vegetables

Choose 3 items for the A-okay; fill with ALL FIVE to fuel your day! ½ Cup of fruit or vegetable must be on your tray.

Menus

View up-to-date menus with nutrition facts & allergens at:
schoolcafe.com/minneapolispublicschools

Print menus at:
mpschools.org/menus