Required Health Trainings Summary for Colorado K-12 Schools

*Preschool/childcare settings have different requirements

Training	Audience	Frequency	Statues/Rules/Guidelines
Medication Administration Training • "Appropriate training" is required for K-12 schools. (3 CCR 716-1). The MAT course is endorsed by CDE as the state approved training. • Use of the Medication Administration Training (MAT) course is required for preschool/childcare/ camps.	Unlicensed Assistive Personnel (UAPs) - any staff delegated by school nurse (RN) to administer medication at school	Per the MAT facilitator guide, page 7, required to be completed every three years (or more often, as the CCHC or school nurse requires). An annual review, assessment of delegatee competency, and re-delegation by the school nurse (RN) is required.	1 CCR 301-68 Rules For Administration Of Medications 3 CCR 716-1, Chapter 13 - Rules and Regulations Regarding the Delegation of Nursing Tasks Medication Administration Guidelines for Colorado School and Child Care Settings includes comprehensive table of more related statutes and rules
Seizure Recognition and First Aid Training • Required to be free and developed by recognized sources on epilepsy and seizure disorders	One or more employees, "appropriate staff" as defined by C.R.S. 22-1-132	Annually, within 60 days of beginning of each academic year AND Within 8 weeks of notification of student who has seizure disorder - training necessary to administer or assist with administration of seizure treatments, seizure rescue medications, and manual vagus nerve stimulation	C.R.S. 22-1-132. Seizure safe schools Rules for Individualized Medical Seizure Action Plans CDE Guidance for Medical Seizure Safe Schools, Action Plans, and Training
Anaphylaxis & Food Allergy Training	"Appropriate staff" - see rule	Per policy, with annual delegation by registered nurse	1 CCR 301-68 Rules For Administration Of Medications C.R.S. 22-2-135. Food allergy and anaphylaxis management - rules. C.R.S. 22-1-119.5. Asthma, food allergy, and anaphylaxis health management - self-administered medication - staff-administered medication - rules - definitions.

Training	Audience	Frequency	Statues/Rules/Guidelines
CPR/AED/ First Aid	At least one staff member at all times during school day and during school sponsored events; High School Coaches, Bus Drivers and paras A public school that receives a donated AED shall decide who will be trained, the frequency of training, and when the aed training will take place.	Every two years	6 CCR 1010-6 Rules And Regulations Governing Schools See section 6.16.1 of version effective 8/1/2026 1 CCR 301-96 Rules For The Administration Of The Instruction Of Cardiopulmonary Resuscitation In Public Schools 1 CCR 301-26 5.0 Colorado Rules For The Operation, Maintenance, And Inspection Of School Transportation Vehicles C.R.S. 25-53-102 C.R.S. 22-1-125.5. C.R.S. 13-21-108.1
Stock Epinephrine, if have policy	If have stock epinephrine policy, staff that work with students who have known life threatening allergies and a minimum of two designated personnel that will receive a more comprehensive training using a state approved course.	Per policy	1 CCR 301-68 Rules For Administration Of Medications C.R.S. 22-1-119.5. Asthma, food allergy, and anaphylaxis health management - self-administered medication - staff-administered medication - rules - definitions Stock Emergency-Use Epinephrine Guidelines updated 7/2026
Stock Naloxone, if have policy	If have naloxone policy, training is encouraged to be included in the policy.	Per policy	C.R.S. 22-1-119.1 Policy for employee and agent possession and administration of opioid antagonists - definitions. C.R.S. 22-1-119.7 Student possession and administration of opiate antagonists and possession of non-laboratory detection tests.

* **Preschool/ Child Care trainings** are not governed by Colorado Department of Education and not included on this list. Refer to Healthy Child Care Colorado CCHC Resources to find trainings required through child care licensing rules.

Disclaimer: This document is intended as a general resource and may not represent a comprehensive list of all required health-related trainings. Schools and districts should ensure they are following all current federal, state, and local laws, regulations, policies, and program requirements when determining required health-related trainings.