

FALL 2026

# River Valley **PROJECT EXPLORE**



**SCHOLARSHIP INFO  
PAGE 14!**

## **Come One, Come All! CRAFT FAIR**

Saturday, October 3 • See page 3 for more details

Classes begin on September 3, 2026

# WELCOME

We would like to extend an invitation for you to take part in the variety of activities and services offered through River Valley Project Explore, a Community Education program serving adults with disabilities. The information provided here should give you a close look and better understanding of how our program works and where to acquire additional information that you may need. For 35 years, Project Explore has been a leader in providing options for adults with disabilities to participate in activities that are specifically designed to meet their diverse needs.

## FROM THE DESK OF THE COORDINATOR

Fall is almost here, and we are excited for another season of fun activities, time with friends, and new things to try. This catalog has a little bit of everything, including cooking, crafts, dances, bowling, book club, wellness activities, outings, and more. We are bringing back many Project Explore favorites this fall, along with some new activities we hope you will enjoy. Whether you are joining us for a class, heading out on a field trip, bowling with friends, or coming to a dance, we hope you find something you are excited about. I look forward to seeing you this fall.

Please take time to review the catalog carefully. Some activities have limited space, registration deadlines, or caregiver registration requirements. Activities fill up quickly, so be sure to register early so you do not miss out on the classes and activities you are most interested in.

You can use the back page of the catalog to track your classes. We will also send email reminders, so **please make sure your contact information is up to date when you register, including a current email address.** Thank you for being a part of Project Explore.



## We love our Volunteers!

Project Explore Volunteers are very valuable. Through the generosity of volunteers, we are able to keep our class and activity fees low, allowing individuals to participate in more classes. Project Explore is always looking for volunteers to help with activities. If you, your group or organization would like to volunteer, please let us know. You can send us an email at [projectexplore@district196.org](mailto:projectexplore@district196.org) – or call 651-423-7931.

## Project Explore Staff

Coordinator ..... Shannon Murphy  
Instructors and Staff .....  
Amanda Anderson, Jeanne Borchardt-VonHoltum, Sue Butzer, Delaney Cashin, Gabby Coggshall, Sofia Fornicoia, Caroline Gettz, Anita Groen, Janet Larson, Emily Messick, Brittany Minnick, Eileen O'Hara, Connie Orman, Betsy Ritschel, Angila Schmidtke, Kari Schultz, Jen Stoller, Carla Student, Cathy Tschida, Patty Vance, Rick Vance, and Jeff VonHoltum



## Project Explore Advisory Council

|                 |                |               |
|-----------------|----------------|---------------|
| Jane Anderson   | Caroline Gettz | Kevin Johnson |
| Dave Modrynski  | Kristi Myers   | Sona Parker   |
| Leah Paulson    | Greg Paulson   | Kelly Ruiz    |
| Megan Schreiber | Carla Student  | Teri Townsend |
| Patty Vance     | Denise Weber   |               |

### District 196 Community Education Staff

Marisa Schroht      Shannon Murphy

Advisory Council members meet bi-monthly to discuss providing services and programming. They develop collaborations to benefit the ongoing educational, recreational and social needs of adults with disabilities living within the five school districts of the consortium. Interested in becoming part of the Council? Contact the Project Explore office for information.

## RVPE Foundation

Our mission is to seek funding resources and effectively manage funds to support River Valley Project Explore. The Foundation will work cooperatively with the Project Explore Advisory Council and program staff to support advocacy and fundraising programs as well as the disbursement of funds that ensure the programs' ongoing success.

The Foundation is focused on expanding programs, classes and opportunities; providing needed equipment for activities, and scholarships for those needing financial assistance.

Board members include: Elaine Becker, Jeanne Borchardt-VonHoltum, Lisa Burns, Nick Cookas, Rick Cotterman, Suzanne Ellwell, Patty Vance and Jeff VonHoltum.



# COOKING CLASSES

## Pizza, Pizza, and More Pizza

Calling all pizza fans! In this class, we will make three different kinds of pizza. Participants will create two cold pizzas, a veggie pizza and a fruit pizza, plus one hot personal pizza. Come ready to cook, eat, and socialize!

**Tuesday, September 8**  
**Valley Middle School**

*Note this class meets the same time as Yoga.*

**6:00-7:30 pm**  
**\$15 per person**

**Monday, September 14**  
**Valley Middle School**

*Note this class meets the same time as Puzzle Pals.*

**6:00-7:30 pm**  
**\$15 per person**

**Monday, September 21**  
**Valley Middle School**

*Note this class meets the same time as Tissue Paper Sunflower.*

**6:00-7:30 pm**  
**\$15 per person**

## Creepy Cooking

Are you looking for a meal that will scare away hunger? Join us as we cook up a Halloween dinner that will satisfy even the hungriest ghosts and goblins. Participants will help prepare frightfully delicious recipes, enjoy a meal together, and have a spooky good time with friends. Do not be afraid to join us for this creepy cooking class!

**Monday, October 5**  
**Valley Middle School**

*Note this class meets the same time as Spider Web Painting.*

**6:00-7:30 pm**  
**\$15 per person**

**Tuesday, October 13**  
**Valley Middle School**

**6:00-7:30 pm**  
**\$15 per person**

**Monday, October 19**  
**Valley Middle School**

**6:00-7:30 pm**  
**\$15 per person**



## Egg Rolls

Get ready to roll! In this cooking class, participants will make tasty egg rolls filled with delicious ingredients. We will mix, fill, and roll our egg rolls before cooking them up and enjoying them. Come hungry and ready to roll into a fun night of cooking.

**Monday, November 9**  
**Valley Middle School**

**6:00-7:30 pm**  
**\$15 per person**

**Tuesday, November 17**  
**Valley Middle School**

*Note this class meets the same time as Theater Club.*

**6:00-7:30 pm**  
**\$15 per person**

**Monday, November 23**  
**Valley Middle School**

*Note this class meets the same time as Beat It Line Dance.*

**6:00-7:30 pm**  
**\$15 per person**

# CRAFTS

## Tissue Paper Sunflower Mosaic

Brighten your day with this cheerful Tissue Paper Sunflower Mosaic class! Participants will use small pieces of balled-up tissue paper to design a colorful sunflower and background on canvas or cardstock, creating a textured mosaic-style masterpiece. This fun and relaxing craft encourages creativity while building fine motor skills, and the finished project makes a beautiful seasonal decoration.

**Monday, September 21**  
**Valley Middle School**

*Note this class meets the same time as Pizza, Pizza and More Pizza.*

**6:30-8:00 pm**  
**\$12 per person**

## Pumpkin Patch Fairy Garden

Create your own tiny fall fairy garden! We will make a fairy house out of a clay pot and add fun fall decorations. Then we will use small containers, moss, stones, mini pumpkins, and other fall items to design a magical mini garden to take home.

**Thursday, September 24**  
**Southview Elementary School**

**6:30-8:00 pm**  
**\$12 per person**

## Fall Wall Hanging

Celebrate the colorful autumn season with this fun hands-on craft. In this class you will transform simple everyday craft supplies into vibrant festive wall decoration to brighten up your space..

**Wednesday, September 30**  
**Southview Elementary School**

*Note this class meets the same time as Pizza, Pizza and More Pizza.*

**6:30-8:00 pm**  
**\$12 per person**



## Craft Fair

### Come One, Come All!

See a great variety of crafts for sale from some of our Project Explore friends and various local vendors.

Get a jump on all your holiday shopping. Invite your friends, family and co-workers. Food and drinks will be available for purchase.

**Saturday, October 3, 10:00am - 3:00pm**  
**Free!**  
**Valley Middle School**

If you are a crafter or want to volunteer, we need you!  
Contact Caroline at 952-393-5944

# CRAFTS CLASSES

## T-Shirt Painting

Come to one of our favorite classes and paint a Project Explore t-shirt. The design is already printed on the shirt, all you have to do is use your creativity and color it! Please fill in your t-shirt size when you register. **You must register by September 18** for this activity so your t-shirt can be ordered and printed prior to the class.



**Thursday, October 1**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$15 per person**

## Spider Web Painting

Get creative with spooky season art in this Spider Web Abstract Painting class! Participants will use tape to design a spider web on canvas, then paint around it using their choice of colors and patterns to create a bold abstract background. Once the paint is dry, the tape will be removed to reveal the web design, and participants will create and add a spider to complete their artwork.

**Monday, October 5**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$12 per person**

*Note this class meets the same time as Creepy Cooking.*

## Spooky Slab Pottery

Get creative with clay! We will use air dry clay to make spooky ghost slab pottery. You will shape your own ghost out of clay and add fun details to make it unique. Since air dry clay takes more than 24 hours to dry, you will also get a ready to paint piece during class. Come ready to sculpt, paint, and have some spooky fun!

**Thursday, October 15**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$12 per person**

## Fall Cardmaking

Create some beautiful cards for the fall season! We'll have supplies for Halloween, Thanksgiving and fall themes. These are sure to brighten the lives of people when you send them to let them know you care! Each person will have supplies to make ten cards.

**Wednesday, October 21**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$12 per person**



## Spider Web Dreamcatcher

Get in the spooky spirit with this fun craft. In this class we will put a seasonal twist on a classic craft by creating a beautiful spider web inspired dreamcatcher. It is the perfect decoration to hang in your space for Halloween.

**Thursday, October 22**  
**Southview Elementary School**

**6:30-8:00 pm**  
**\$12 per person**

*Note this class meets the same time as Theater Club and Guided Sound Meditation.*

## Fall Glow Jars

Create a cozy autumn decoration in this fun and relaxing Fall Glow Jars craft class! Participants will decorate a glass jar using colorful tissue paper and faux fall leaves, then add twinkle lights inside to create a warm seasonal glow. This simple craft is perfect for all skill levels and makes a beautiful fall centerpiece or home decoration..

**Wednesday, October 28**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$12 per person**

*Note this class meets the same time as Move and Groove.*



## Open Art Studio

Get creative at Open Art Studio! Choose from different arts and craft activities like painting, drawing, coloring, collage, and more. There is no right or wrong way to make art. No art experience is needed. Just come ready to create, relax, and have fun!

**Wednesday, November 11**  
**Southview Elementary School**

**6:30-8:00 pm**  
**\$12 per person**

*Note this class meets the same time as Move and Groove.*

## Thanksgiving Centerpiece

Create your own unique Thanksgiving-themed centerpiece just in time to help celebrate. We will use paint, pumpkins, flowers, and other festive accents to create your masterpiece. It is sure to be a big hit at your gathering!

**Wednesday, November 18**  
**Southview Elementary School**

**6:30-8:00 pm**  
**\$12 per person**

*Note this class meets the same time as Move and Groove.*

## Thanksgiving Suncatchers

Celebrate the season with a festive Thanksgiving suncatcher craft! Participants will use colorful tissue paper and Thanksgiving-themed cutouts to create bright and cheerful window decorations.

**Thursday, November 19**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$12 per person**

*Note this class meets the same time as Theater Club and Thanksgiving Dinner Setup.*

# SCIENCE

## Sound Sculpture

Create whimsical wind chimes out of repurposed metal hardware, found objects and wire. Use lonely silverware, random nuts & bolts, old keys and other scrap metals to make beautiful noise. You are the conductor experimenting with mix and match arrangements to make your own perfect orchestra.

**Monday, September 28**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$12 per person**

## Exploding Ghost PEEPs

Get ready for some spooky science fun! We will microwave PEEPs and see what happens when they puff up like ghost geysers. We will talk about the science behind PEEPs and why they change in the microwave. After the experiment, we will design Halloween PEEP s'mores for a fun and tasty treat.

**Monday, October 26**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$12 per person**

## DIY Pinecone Wreaths

Nature meets imagination as you craft a beautiful pinecone wreath accented with nuts and cinnamon sticks. Participants will hot glue pinecones, nuts, and cinnamon sticks onto wooden shapes to make an autumn holiday wreath. You will also learn how to identify some Minnesota pinecones and nuts.

**Monday, November 30**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$12 per person**

# DANCES

## Fall Kick-off Dance

Get out your dancing shoes and join us for a great evening together to 'Kick-off' our fall season. What a great way to get moving and get together with friends!

**Friday, September 25**  
**Valley Middle School**

**6:30-9:00 pm**  
**\$8 per person**

## Halloween Dance

It's time for the most popular dance of the year! Wear your favorite costume and join all your friends for our annual Halloween Dance. Don't be spooked if they don't recognize you. It's sure to be a blast! One caregiver per participant, group or group home needs to register and pay for the dance. You may pay at the door if you choose not to pre-register.

**Friday, October 16**  
**Farmington High School**

**6:30-9:00 pm**  
**\$8 per person**



# ENTERTAINMENT

## Video Game Night

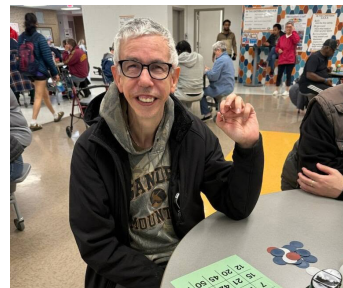
Get ready for a fun night of video games with friends! Try Mario Kart on the Nintendo Switch, play PS5 games, and test out racing simulators. No video game experience is needed. Come ready to play, cheer each other on, and have fun!.

**Friday, September 4**  
**Diamondhead Education Center**

**6:00-8:00 pm**  
**\$10 per person**

## Bingo & Pizza

Let's meet up for a delicious pizza lunch followed by Bingo! What a great way to spend a Saturday afternoon with friends. There will be lots of great prizes for you to choose from. Call the Project Explore office if you need gluten free pizza.



**Saturday, September 12**  
**Valley Middle School**

**12:00-2:00 pm**  
**\$9 per person**

## Movie Night

Get out of the house and join your friends for a fun evening of refreshments and a movie! Check-in time is 6:00-6:10pm and the movie will begin promptly at 6:15 pm to make sure we are done by 8:00 pm.

**Tuesday, September 22**  
**Valley Middle School**

**6:00-8:00 pm**  
**\$5 per person**

*Note this class meets the same time as Citizens Academy and Yoga.*

## Game Night

Come on out and spend the evening playing games with your friends, both old and new! We'll have all the usual board games, card games like UNO®, SkipBo®, Go Fish and more along with a variety of puzzles. There is something for everyone! If you have a favorite game to share, feel free to bring it along. There will be beverages and snacks for you to enjoy while you play.

**Friday, September 18**  
**Southview Elementary School**

**6:30-8:00 pm**  
**\$5 per person**

**Friday, October 9**  
**Southview Elementary School**

**6:30-8:00 pm**  
**\$5 per person**

## Karaoke Night!

Calling all singers! Plan for a great evening of karaoke as you sing favorite songs with friends. Make sure to include the name of the song you want to sing when you register for this activity. We'll have beverages to keep you hydrated.

**Tuesday, September 15**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$5 per person**

**Thursday, October 8**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$5 per person**

# ENTERTAINMENT

## Puzzle Pals

Puzzle Pals is a monthly hangout for puzzlers of all abilities. Build friendships while doing puzzles with 20-300 pieces. Each month features a new theme! Please no food or drinks. You are welcome to bring a beverage with a lid. Themes are: September- Pets & Animals, October- Movie & Book Characters, November- U.S.A. & International Travel.

**Monday, September 14** 6:30-8:00 pm  
**Valley Middle School** \$8 per person  
*Note this class meets the same time as Pizza, Pizza and More Pizza.*

**Monday, October 12** 6:30-8:00 pm  
**Valley Middle School** \$8 per person

**Monday, November 16** 6:30-8:00 pm  
**Valley Middle School** \$8 per person  
*Note this class meets the same time as Mind Matters.*

## Word Search Challenge

Do you enjoy solving word searches? If so, this class is for you! You'll be challenged to see how many hidden words you can find in several puzzles. Remember the words can be hidden backwards, forwards, and diagonally. Each participant will receive a word search book to take home. Refreshments will be served.

**Monday, November 2** 6:30-8:00 pm  
**Southview Elementary School** \$8 per person

## Magic Show

Come and join us for a fun evening with Wonderful Woody! You'll be amazed by his illusions and tricks. They'll also be some juggling, song quizzes and maybe a surprise or two! Come prepared for lots of laughs and some audience participation! Refreshments will be served.

**Friday, November 6** 6:15-7:30 pm  
**Valley Middle School** \$9 per person

## Game Night & Dirty Soda

Spend the evening hanging out with friends, playing games and trying a refreshing dirty soda from Made 4 More! Dirty soda is a fun, flavored soda drink mixed with syrups and a splash of cream — and you'll get to sample a couple of tasty combinations. It's sure to be a tasty treat! We'll have plenty of games, cards and puzzles available. Bring a favorite game if you'd like!

**Thursday, November 12** 6:30-8:00 pm  
**Southview Elementary School** \$8 per person



## Thanksgiving Dinner

Come and celebrate the season at our annual Thanksgiving Dinner. We'll have turkey, stuffing, potatoes, other sides dishes and pie for dessert! We will begin serving dinner at 5:45 pm. We ask that you bring a non-perishable food item to help support the food shelf at Messiah if you are able. We must receive your registration and payment for this event no later than Friday, November 6. Caregivers need to register and pay for dinner. Sorry, no walk-ins accepted.

**Friday, November 20** 5:30-7:30 pm  
**Messiah Lutheran Church** \$12 per person



# HEALTH AND WELLNESS

## Stroll and Roll MN Riverfront Park

Enjoy a stroll and roll on the paved Black Dog Trail. We will travel about 1 1/4 miles to the dock at Black Dog Lake, where we will stop to look for birds and wildlife. Please wear comfortable shoes and dress for the weather. We will meet on the grass near the parking lot.

**Saturday, September 5** 10:00-11:30 am  
**Minnesota Riverfront Park** \$5 per person

## Smart Tools for Daily Living

There are many simple and affordable tools that can help us stay independent, involved, safe, and connected - but many of us don't know they exist or how to access them. These tools are often called "assistive technology." They can support things like daily tasks, memory, safety, communication, and so much more, helping us do more for ourselves in an adapted and accessible way, reducing stress for us and our caregivers. In this session, you'll get an introduction to examples of these tools and learn how they can help in real life. You'll explore hands-on examples, learn what might be available through your waiver, and hear ideas that could work for your situation. We'll also walk through how to talk with your case manager about getting these supports included in your plan if they can help you. The session is discussion-based, so bring your questions, challenges, and ideas - we'll learn from each other and explore solutions together.

**Wednesday, September 9** 6:00-7:30 pm  
**Diamondhead Education Center** No Fee

# HEALTH AND WELLNESS

## Outdoor Photography

Love taking pictures? Bring your camera and we will walk around Whitetail Woods Regional Park and take pictures of nature. After you take the pictures, we will post them on the Project Explore's Facebook page and show your talents for everyone to enjoy! We will meet in the parking lot.

**Thursday, September 10**  
**Whitetail Woods Regional Park**

**5:30-7:30 pm**  
**\$5 per person**

## Citizen's Academy

Join us for four evenings to learn more about our Apple Valley Police and Fire Departments. There will be a multitude of information covered including tours of the police department and a fire station. You will hear speakers cover topics including crime prevention, internet safety, personal safety, 911 use, K9, SWAT, basic first aid, fire prevention and more! First session meets at the Apple Valley Fire Station #2. Location for the remaining classes will be announced at the first session. You must be available to attend all four sessions as space is limited.



**Tuesdays, September 22-October 13**  
**Apple Valley Fire Station #2**

**6:30-8:00 pm**  
**\$6 per person**

## Hike Ritter Farm Park

Join us for a scenic hike at Ritter Farm Park! We'll do about a 2.5-mile hike with a lot of hills. We will meet in the parking lot.

**Saturday, September 26**  
**Ritter Farm Park**

**10:00-11:30 am**  
**\$5 per person**

## Guided Sound Meditation

JoAnn and Tim, Certified Practitioners of Sound and Vibration, offer a transformative one-hour meditation session designed to promote deep relaxation, reduce stress and support overall health and well-being. JoAnn and Tim will guide you through a quiet meditation using the spoken word and instruments including crystal singing bowls, Tibetan bowls, chimes and drums. Come to this safe space with your intention to allow the healing power of sound and vibration guide you to a peaceful state that calms the mind, restores balance and nurtures both body and spirit. Bring a mat and pillow if you want to lie down during class.

**Thursday, September 17**  
**Valley Middle School**

**6:30-7:45 pm**  
**\$5 per person**

**Thursday, October 22**  
**Valley Middle School**

**6:30-7:45 pm**  
**\$5 per person**

*Note this class meets the same time as Theater Club and Spider Web Dreamcatcher.*

**Saturday, November 14**  
**Valley Middle School**

**10:00-11:15 am**  
**\$5 per person**

## Mind Matters

Friendship, stress, work, school and everyday life can feel overwhelming at times. Join Cathy, a Licensed Clinical Social Worker, for a fun monthly class about mental health and well-being. Each class includes a worksheet, group talk, and a hands-on activity. You will learn simple ways to handle stress, understand your feelings, and build positive connections with others. This class is a safe, friendly place to share, laugh, learn, and try new skills together. Everyone is welcome!

**Wednesday, September 23**  
**Southview Elementary School**

**6:30-7:30 pm**  
**\$5 per person**

**Thursday, October 29**  
**Southview Elementary School**

**6:30-7:30 pm**  
**\$5 per person**

*Note this class meets the same time as Theater Club.*

**Monday, November 16**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$5 per person**

*Note this class meets the same time as Puzzle Pals.*

## Move & Groove

Join us for stretching and moving to music. We'll also use some hand weights for more muscle toning. This easy exercise class is so much fun you will forget it is good for you! Wear comfortable clothing and tennis shoes. Bring a water bottle and hand weights if you have them. Note that some of these classes meet the same night as other activities. Check the catalog so you do not register for multiple activities at the same time.

**Wednesday, September 16**  
**Nicollet Middle School**

**6:30-7:30 pm**  
**\$5 per person**

**Wednesday, September 30**  
**Nicollet Middle School**

**6:30-7:30 pm**  
**\$5 per person**

*Note this class meets the same time as Fall Wall Hanging.*

**Wednesday, October 14**  
**Nicollet Middle School**

**6:30-7:30 pm**  
**\$5 per person**

**Wednesday, October 28**  
**Nicollet Middle School**

**6:30-7:30 pm**  
**\$5 per person**

*Note this class meets the same time as Fall Glow Jars.*

**Wednesday, November 11**  
**Nicollet Middle School**

**6:30-7:30 pm**  
**\$5 per person**

*Note this class meets the same time as Open Art Studio.*

**Wednesday, November 18**  
**Nicollet Middle School**

**6:30-7:30 pm**  
**\$5 per person**

*Note this class meets the same time as Thanksgiving Center Piece.*



# HEALTH AND WELLNESS

## Open Swim

Enjoy the many benefits of a warm water pool. The water temperature is a relaxing 88 degrees which can soothe sore muscles, offer stress reduction and will feel great! As you move in the pool your body is supported while providing gentle resistance to improve your overall body strength without any joint strain. The pool is reserved just for us for a fun afternoon. Lifeguards will be on duty. Bring your swimsuit, towel, and goggles if desired. If you can't swim or need assistance in the pool, make sure a staff person is able to get into the pool with you.

**Saturday, September 19**  
**McGuire Middle School**

**2:10-3:10 pm**  
**\$5 per person**

**Saturday, October 24**  
**McGuire Middle School**

**2:10-3:10 pm**  
**\$5 per person**

**Saturday, November 21**  
**McGuire Middle School**

**2:10-3:10 pm**  
**\$5 per person**



## Yoga

Join us for a relaxing evening of stress reduction and meditation through gentle yoga. You will learn breathing techniques and poses to promote strength and wellness. This class is for all levels and abilities. It can be adapted for those with limitations. Wear comfortable clothing, bring a yoga mat or towel along with a water bottle to keep hydrated.

**Tuesday, September 8**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$5 per person**

*Note this class meets the same time as Pizza, Pizza and More Pizza.*

**Tuesday, September 22**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$5 per person**

*Note this class meets the same time as Citizen's Academy and Movie Night.*

**Tuesday, October 6**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$5 per person**

*Note this class meets the same time as Citizen's Academy.*

**Tuesday, October 20**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$5 per person**

*Note this class meets the same time as Theater Club.*

**Tuesday, November 10**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$5 per person**

*Note this class meets the same time as Theater Club.*

**Tuesday, November 24**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$5 per person**

*Note this class meets the same time as Theater Club.*

# MUSIC & DRAMA

## "Can't Stop the Feeling" Line Dance

A fun hour of dancing with Monica to Justin Timberlake's energetic song from the movie *Trolls*, a catchy tune with great moves! Prepare for a fabulous night!

**Tuesday, September 29**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$9 per person**

*Note this class meets the same time as Yoga and Theater Club.*

## "Monster Mash" Line Dance

Get into the spirit of fall and Halloween with this fun line dance version of the the "Monster Mash" - A timeless dance!

**Tuesday, October 27**  
**Southview Elementary School**

**6:30-7:30 pm**  
**\$9 per person**

*Note this class meets the same time as Theater Club.*

## "Beat It" Line Dance

Be prepared for a fun-filled, high-energy evening inspired by this classic song and the iconic moves of Michael Jackson.

**Tuesday, November 23**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$9 per person**

*Note this class meets the same time as Egg Rolls.*



## Theater Club - "A Seussified Christmas Carol"

Join Eileen for a fun winter Theater Club production! Theater Club will be presenting this December, the One Act Version of *A Seussified Christmas Carol* by PETER BLOEDEL. This is a whimsical reinvention of Charles Dickens *Christmas Story* told in Wackey Rhymed Couplets. It shares the important message of Kindness and Generosity and is sure to leave all involved and the audience with Christmas Heart! Practices on Tuesdays & Thursdays: October 20 to December 17 (no practice November 5 or 12). One practice will be held at Davanni's in Eagan on November 3. Performances are on December 18 and 19 at 7:00 pm. Cast Party is Tuesday, December 22.



**October 20-December 19**  
**Falcon Ridge Middle School**

**6:00-8:30 pm**  
**\$65 per person**

# OUT ON THE TOWN

## MN Twins

Calling all Twins fans! Hop on board the bus to Minneapolis and help us cheer on the hometown team. The tickets are in the Legend's Landing section. Limitless food & beverage is INCLUDED at the game! Simply present your ticket at the concession stand located behind the Legend's Landing to receive unlimited ballpark fare, including hot dogs, burgers, chicken tenders, popcorn, ice cream, and beverages. The game begins at 1:10 pm. Transportation is provided for this activity. The bus will depart from Valley Middle School promptly at 11:45 am, so please arrive by 11:30 am. **Caregivers need to register for this event. Registration must be received by August 20 or until tickets have sold out.**

**Sunday, September 13**  
**Valley Middle School**

**11:45 am-5:00 pm**  
**\$65 per person**

## Taylors Falls Scenic Boat Tour

Climb aboard a paddlewheel boat for an 80 minute ride on the beautiful St. Croix River in Taylors Falls! Enjoy colorful fall views, tall cliffs, and interesting rock formations along the Minnesota and Wisconsin border. A guide will share fun stories about the river and the area. Before or after the tour, you can purchase food and drinks from the café on site. Please dress for the weather and bring a light jacket. The lower level of the boat is enclosed, and the upper deck is outdoor. The boat cruise begins at 11:00 am. Transportation is provided for this activity. The bus will depart from Valley Middle School promptly at 9:00 am, so please arrive by 8:45 am. **Caregivers need to register for this event. Registration must be received by September 11 or until tickets have sold out.**



**Sunday, September 27**  
**Valley Middle School**

**9:00am-3:00 pm**  
**\$36 per person**

## "Annie"

LEAPIN' LIZARDS! Chanhassen Dinner Theatres brings its audiences the heart-warming musical blockbuster, *ANNIE*! Little orphan Annie easily wins everyone's hearts. And now, alongside her best pup pal, Sandy, she's set her sights on making us grin from ear to ear as she inspires a whole new generation! Lunch seating begins at 11:00 am and will be served at 11:30 am. The performance begins at 1:00 pm. Transportation is provided for this activity. The bus will depart Valley Middle School promptly at 10:45 am, so please arrive by 10:30 am. **Caregivers need to register for this event. Registration must be received by September 7 or until tickets have sold out.**



**Saturday, October 10**  
**Valley Middle School**

**10:45 am-4:15 pm**  
**\$87 per person**

## Scavenger Hunt at MOA

Come spend a fun morning at the MOA searching for certain items, taking photos, and collecting things that are on a provided list. When we are done we will meet at one of the food courts and have lunch together! Arrive by 10 am so you can get instructions and start off on your search with everyone else. Transportation is not provided. Remember to bring money for your lunch if you plan to stay after the scavenger hunt!

**Saturday, October 24**  
**Mall of America (MOA)**

**10:00 am-12:00 pm**  
**\$5 per person**

# OUT AND ABOUT

## Lunch Bunch

Let's meet for lunch and some socializing! It's a great time to enjoy lunch, see old friends and make some new friends. If you're available we hope you can join us! Remember to bring money for your meal.

**Thursday, September 3**  
**Eagan Chick-fil-A**

**11:00 am-12:15 pm**  
**No Fee**

**Wednesday, October 7**  
**Apple Valley Noodles & Company**

**11:00 am-12:15 pm**  
**No Fee**

**Friday, November 13**  
**Lakeville Pizza Ranch**

**11:00 am-12:15 pm**  
**No Fee**

# SPORTS

## Fall Bowling Leagues

Our bowling leagues meet at Bogart's Entertainment Center. Join your friends for a fun afternoon of bowling and visiting. If you are hungry, arrive before bowling and enjoy a meal in the Back Alley Tavern. You receive a free beverage with a meal purchase before our league start time. Please respect Bogart's NO OUTSIDE FOOD OR DRINK policy. **Registration for Monday, Wednesday, and Thursday Fall bowling league closes September 8!** Please indicate on your registration if you need lane bumpers and/or bowling ramp.



**Monday Morning Bowling**  
**September 14-November 16**  
**Bogart's Entertainment Center**

**10:15-11:30 am**  
**\$55 per person**

**Monday Afternoon Bowling**  
**September 14-November 16**  
**Bogart's Entertainment Center**

**4:00-5:15 pm**  
**\$55 per person**

**Wednesday Bowling**  
**September 16-November 18**  
**Bogart's Entertainment Center**

**4:00-5:15 pm**  
**\$55 per person**

**Thursday Bowling**  
**September 17-November 19**  
**Bogart's Entertainment Center**

**3:00-4:15 pm**  
**\$55 per person**

# VOLUNTEER CORNER

## Thanksgiving Dinner Set-up

Come and help set up for our annual Thanksgiving dinner. We will get tables, chairs, napkins, cutlery and decorations ready for dinner.

**Thursday, November 19**  
**Messiah Lutheran Church**

**5:30-6:30 pm**  
**No fee**

*Note this class meets the same time as Theater Club and Thanksgiving Suncatchers.*

# ONLINE

## Book Club: "Escape From Chernobyl"

Ready for an exciting story based on real history? *Escape From Chernobyl* by Andy Marino follows a group of young people after an explosion at the Chernobyl Nuclear Power Plant sends dangerous radiation into their community. As they try to escape and help others, they must also uncover the truth about what happened. No pressure to read on your own. Just come to listen, chat, and experience this suspenseful story together! A link will be sent by email each morning of Book Club. Please confirm that the Project Explore office has your most current email address.

**Tuesdays, September 29-October 20**  
**Online**

**4:00-5:00 pm**  
**\$12 per person**

## Book Club: "The Great Turkey Heist"

Get ready for a Thanksgiving mystery! *The Great Turkey Heist* is a Boxcar Children mystery from the series created by Gertrude Chandler Warner. The Alden children are helping a new restaurant collect donations for a food pantry and prepare a free Thanksgiving dinner for the community. But when signs are moved and the giant turkey disappears, the Alden's must follow the clues and solve the mystery before dinner begins. No pressure to read on your own. Just come to listen, chat, and help solve the mystery! A link will be sent by email each morning of Book Club. Please confirm that the Project Explore office has your most current email address.

**Tuesdays, October 27-November 17**  
**Online**

**4:00-5:00 pm**  
**\$12 per person**



# POINTS OF INTEREST

## Walk-in Activities

We allow walk-ins for dances and evening Bingo ONLY. Cash and checks are accepted. No credit cards. **No Walk-ins for Bingo & Pizza, Cooking Classes, Craft Classes or activities where a meal is being served.** Please be considerate as we need to order food and may not have enough for those people not registered. We may not have additional craft supplies for walk-ins. Prevent disappointment by registering before an activity.

## Wish List

To help keep our fees low we love donations for Bingo Prizes. Great ideas are: **Beanie Babies**, Fuzzy Posters, DVDs, **Shampoo**, **Body Lotions**, **Bath Wash**, Crayons, Coloring Books, Word Find Books, Games, Liters of Pop and Snack foods.

# PROJECT EXPLORE

ONLINE MERCHANDISE STORE

SHOW YOUR PROJECT EXPLORE SPIRIT!

# OPENING SOON

NOVEMBER 1 - NOVEMBER 13

Store link will be shared on Facebook and our website

**Save the Date!**  
**Our Winter catalog opens for registration on Monday, October 12, 2026.**

# PROJECT EXPLORE GUIDELINES FOR PARTICIPATION

Project Explore promotes inclusion of adults with developmental, sensory, cognitive and physical disabilities in a variety of Community Education programs and makes reasonable accommodations to provide an enriching experience for all participants. Your cooperation in following the guidelines listed below helps to make the classes and trips run smoothly and safely.

1. Pre-registration is required for all classes, activities and trips. Walk-ins will be accepted for dances and Bingo, but pre-payment and reservations are appreciated.
2. Participants must be accompanied to the classroom. The instructor or staff is in the classroom no earlier than 30 minutes prior to class. Check in with the Project Explore staff and confirm the best time to return and pick up the participant; this needs to be at least 15 minutes prior to the end of class.
3. Participants who require personal assistance for physical and/or behavioral issues must be accompanied and supervised for all activities and events by their caregiver.
4. All participants must be accompanied on field trips, unless they are their own guardian. Call the office with any questions.
5. Any participant with an active seizure disorder must be accompanied and supervised at all Project Explore activities by their caregiver.
6. All Project Explore programs are school district sponsored, so there is no smoking on school grounds. All programs are alcohol free.
7. Transportation to and from all activities is the responsibility of the participant. Exceptions are for "Out On The Town" activities where a bus is provided.
8. Instructors are not expected to, nor are trained to provide the level of assistance often required by people with disabilities. Instructors are not familiar with all the personal, physical or behavioral needs of the participants.
9. Any individuals attending any of our activities on their own are asked to carry emergency contact information with them.
10. If you do not wish for the image and likeness of you to be used for Project Explore or ISD 196's promotional materials and publications, contact the Communication Department at [communityed@district196.org](mailto:communityed@district196.org) or call 651-423-7701.
11. Please do not bring any outside food or drink to non-meal events. It may cause inappropriate behavior from some participants. We appreciate your help.
12. Arriving Late: Participants that arrive at an activity 30 minutes or more after the start time may not be permitted to complete all projects, activities or the event.
13. Inclement Weather: In case of inclement weather check the ISD 196 website and also our outgoing voice message. We will make every effort to contact you.

**If unable to meet these guidelines, please call the program office.**

## WEB RESOURCES

**River Valley Project Explore: [ce.district196.org/projectexplore](http://ce.district196.org/projectexplore)**

**Here are other websites that provide a variety of services to people of all ages and abilities in Minnesota.**

- **Arc of Minnesota:** [www.TheArcOfMinnesota.org](http://www.TheArcOfMinnesota.org)  
Advocacy and support for people with developmental disabilities and their families.
- **GoDakota:** [traveltraining@co.dakota.mn.us](mailto:traveltraining@co.dakota.mn.us) or call 651-554-6956. Transportation services for Dakota County residents.
- **Find Love Safely:** [findlovesafely.com](http://findlovesafely.com)  
A first-of-its-kind personalized matchmaking service for adults with intellectual and developmental disabilities (IDD). The service offers adults with IDD a chance to build genuine connections — romantic or platonic — in a safe, supportive environment. Find Love Safely is **not an app**. It's **personalized, offline matchmaking** with real humans guiding the process. Visit their website to learn more.
- **True Friends:** [www.truefriends.org](http://www.truefriends.org)  
True Friends is a non-profit agency that creates unique educational, recreational and social opportunities for people of all ages with mental and physical disabilities.
- **Search Beyond Adventures:** [www.searchbeyond.com](http://www.searchbeyond.com)  
Provides escorted travel tours for adults with disabilities.

- **Metropolitan Center For Independent Living:** [www.mcil-mn.org](http://www.mcil-mn.org)  
MCIL is dedicated to the full promotion of the Independent Living philosophy by supporting individuals with disabilities in their personal efforts to pursue self-directed lives. Contact them at 651-603-2007 for more information on classes and services they offer.
- **Pacer Center:** [www.pacer.org](http://www.pacer.org)  
The mission of PACER is to expand opportunities and enhance the quality of life of children and young adults with disabilities and their families. They promote parents helping parents.
- **Wilderness Inquiry:** [www.wildernessinquiry.org](http://www.wildernessinquiry.org)  
Our mission is to make adventure travel accessible to everyone, regardless of age, background or ability.
- **Disability Linkage Line:** [www.minnesotahelp.info](http://www.minnesotahelp.info)  
The Disability Linkage Line is a free statewide information and referral resource. It provides Minnesotans with disabilities and chronic illnesses a single access point for all disability related questions. Contact them at 1-866-333-2466 for more information.
- **InControl:** [www.incontrolmn.com](http://www.incontrolmn.com)  
InControl is a company dedicated to promoting wellness at home and improving the quality of life of people with disabilities.

# ADDITIONAL COMMUNITY SERVICES

## Special Olympics

Whether you are interested in participating at practices or competing at Area Games and State Meets, you are sure to make new friends and have fun in a healthy and well managed environment. There are many sports offered including track & field, swimming, basketball, bowling, bocce, poly hockey, tennis, gymnastics, softball, soccer and power lifting.

Burnsville Area:

Contact Brian Petrich at [bkpetrich@gmail.com](mailto:bkpetrich@gmail.com); 612-760-2362

Rosemount-Apple Valley-Eagan area:

[info@theravesp.com](mailto:info@theravesp.com) or [www.theravesp.org](http://www.theravesp.org)

## Community Education Integration Opportunities

Interesting and fun classes are offered through Community Education Programs. The sponsoring districts will make every effort to provide reasonable accommodation so your experience is successful. To request a catalog, call the following Community Education Departments:

|             |              |
|-------------|--------------|
| Burnsville: | 952-707-4110 |
| Farmington: | 651-460-3200 |
| Lakeville:  | 952-232-2170 |
| Randolph:   | 507-263-2151 |
| Rosemount:  | 651-423-7920 |

## Local Community Meals:

- All Saints Catholic, Lakeville located at 19795 Holyoke Ave, Lakeville  
2nd Thursday, 6:00-7:00 pm
- Easter Lutheran by the Lake located at 4545 Pilot Knob Road, Eagan  
Drive-Thru – Monday-Thursday, 5:30-6:30 pm

## Like us on Facebook:

### River Valley Project Explore

See what's new and view current photos from our classes and activities!

## FACILITY ADDRESSES

### Apple Valley Fire Station #2

13995 Galaxie Avenue  
Apple Valley, MN 55124

### Farmington High School

20655 Flagstaff Avenue  
Farmington, MN 55024

### Pizza Ranch

16995 Kenyon Avenue  
Lakeville, MN 55044

### Bogart's Entertainment Center

14917 Garrett Avenue  
Apple Valley, MN 55124

### Mall of America

60 East Broadway  
Bloomington, MN 55425

### Ritter Farm Park

19300 Ritter Trail  
Lakeville, MN 55044

### Chanhassen Dinner Theatre

501 W 78th Street  
Chanhassen, MN 55317

### McGuire Middle School

21220 Holyoke Avenue  
Lakeville, MN 55044

### Southview Elementary School

1025 Whitney Drive  
Apple Valley, MN 55124

### Chick-fil-A

3420 Promenade Avenue  
Eagan, MN 55123

### Messiah Lutheran Church

16725 Highview Avenue  
Lakeville, MN 55044

### Target Field

1 Twins Way  
Minneapolis, MN 55403

### Diamondhead Education Center

200 West Burnsville Parkway  
Door #11  
Burnsville, MN 55124

### Minnesota Riverfront Park

600 West Black Dog Road  
Burnsville, MN 55337

### Taylors Falls Scenic Boat Tours

220 South Street  
Taylors Falls, MN 55084

### Falcon Ridge Middle School

12900 Johnny Cake Ridge Road  
Apple Valley, MN 55124

### Nicollet Middle School

400 E. 134th Street  
Burnsville, MN 55337

### Valley Middle School

900 Garden View Drive  
Apple Valley, MN 55124

### Noodles & Company

14879 Florence Trail  
Apple Valley, MN 55124

### Whitetail Woods Regional Park

17100 Station Trail  
Farmington, MN 55024

# REGISTRATION FORM (ONE PER PERSON)

Online Registration:  
[ce.district196.org/projectexplore](http://ce.district196.org/projectexplore)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Zip: \_\_\_\_\_ Email Address: \_\_\_\_\_

☐ **Please check if new address or phone number** Contact Person: \_\_\_\_\_

Service Provider: \_\_\_\_\_ Group Home Name: \_\_\_\_\_

Special Information & Accommodations: ☐ Wheelchair ☐ Food Allergies, please specify \_\_\_\_\_

☐ **Please check if you do not wish for your photo to be used for publicity purposes or social media**

## Participant Events – Fall 2026

### Cooking Classes

Pizza, Pizza, and More Pizza

September 8 \_\_\_\_\_ \$15  
September 14 \_\_\_\_\_ \$15  
September 21 \_\_\_\_\_ \$15

### Creepy Cooking

October 5 \_\_\_\_\_ \$15  
October 13 \_\_\_\_\_ \$15  
October 19 \_\_\_\_\_ \$15

### Egg Rolls

November 9 \_\_\_\_\_ \$15  
November 17 \_\_\_\_\_ \$15  
November 23 \_\_\_\_\_ \$15

### Craft Classes

T-Shirt Painting \_\_\_\_\_ \$15  
Tissue Paper Sunflower Mosaic \_\_\_\_\_ \$12  
Pumpkin Patch Fairy Garden \_\_\_\_\_ \$12  
Fall Wall Hanging \_\_\_\_\_ \$12  
Spider Web Painting \_\_\_\_\_ \$12  
Spooky Slab Pottery \_\_\_\_\_ \$12  
Fall Cardmaking \_\_\_\_\_ \$12  
Spider Web Dreamcatcher \_\_\_\_\_ \$12  
Fall Glow Jars \_\_\_\_\_ \$12  
Open Art Studio \_\_\_\_\_ \$12  
Thanksgiving Centerpiece \_\_\_\_\_ \$12  
Thanksgiving Suncatchers \_\_\_\_\_ \$12

### Science Classes

Sound Sculpture \_\_\_\_\_ \$12  
Exploding Ghost PEEPS \_\_\_\_\_ \$12  
DIY Pinecones Wreaths \_\_\_\_\_ \$12

### Dances

Fall Kick-off Dance \_\_\_\_\_ \$8  
Halloween Dance \_\_\_\_\_ \$8

### Entertainment

Video Game Night \_\_\_\_\_ \$10  
Bingo & Pizza \_\_\_\_\_ \$9  
Movie Night \_\_\_\_\_ \$5  
Game Night \_\_\_\_\_  
September 18 \_\_\_\_\_ \$5  
October 9 \_\_\_\_\_ \$5  
Karaoke Night \_\_\_\_\_  
September 15 \_\_\_\_\_ \$5  
October 8 \_\_\_\_\_ \$5  
Puzzle Pals \_\_\_\_\_  
September 14 \_\_\_\_\_ \$8  
October 12 \_\_\_\_\_ \$8  
November 16 \_\_\_\_\_ \$8  
Halloween Movie Night \_\_\_\_\_ \$5  
Word Search Challenge \_\_\_\_\_ \$8  
Magic Show \_\_\_\_\_ \$9  
Game Night & Dirty Soda \_\_\_\_\_ \$8  
Thanksgiving Dinner \_\_\_\_\_ \$12

### Health and Wellness

Stroll & Roll MN Riverfront Park \_\_\_\_\_ \$5  
Outdoor Photography \_\_\_\_\_ \$5  
Smart Tools for Daily Living \_\_\_\_\_ No Fee  
Citizen's Academy \_\_\_\_\_ \$6  
Hike Ritter Farm Park \_\_\_\_\_ \$5  
Guided Sound Meditation \_\_\_\_\_  
September 17 \_\_\_\_\_ \$5  
October 22 \_\_\_\_\_ \$5  
November 14 \_\_\_\_\_ \$5

### Mind Matters

September 23 \_\_\_\_\_ \$5  
October 29 \_\_\_\_\_ \$5  
November 16 \_\_\_\_\_ \$5

### Move & Groove

September 16 \_\_\_\_\_ \$5  
September 30 \_\_\_\_\_ \$5  
October 14 \_\_\_\_\_ \$5  
October 28 \_\_\_\_\_ \$5  
November 11 \_\_\_\_\_ \$5  
November 18 \_\_\_\_\_ \$5

### Open Swim

September 19 \_\_\_\_\_ \$5  
October 24 \_\_\_\_\_ \$5  
November 21 \_\_\_\_\_ \$5

### Yoga

September 8 \_\_\_\_\_ \$5  
September 22 \_\_\_\_\_ \$5  
October 6 \_\_\_\_\_ \$5  
October 20 \_\_\_\_\_ \$5  
November 10 \_\_\_\_\_ \$5  
November 24 \_\_\_\_\_ \$5

### Music & Drama

"Can't Stop the Feeling" Line Dance \_\_\_\_\_ \$9  
"Monster Mash" Line Dance \_\_\_\_\_ \$9  
"Beat It" Line Dance \_\_\_\_\_ \$9  
Theater Club: "A Seussified Christmas Carol" \_\_\_\_\_ \$65

### Out on the Town

MN Twins \_\_\_\_\_ \$65  
No Bus \_\_\_\_\_ \$59  
Taylors Falls Scenic Boat Tour \_\_\_\_\_ \$36  
No Bus \_\_\_\_\_ \$29  
"Annie" \_\_\_\_\_ \$87  
No Bus \_\_\_\_\_ \$80  
Scavenger Hunt at MOA \_\_\_\_\_ \$5

### Out & About

Lunch Bunch \_\_\_\_\_  
Chick fil A (Eagan) \_\_\_\_\_ No Fee  
Noodles & Company (Apple Valley) \_\_\_\_\_ No Fee  
Pizza Ranch (Lakeville) \_\_\_\_\_ No Fee

### Sports

Fall Bowling Leagues \_\_\_\_\_  
Monday Morning \_\_\_\_\_ \$55  
Monday Afternoon \_\_\_\_\_ \$55  
Wednesdays \_\_\_\_\_ \$55  
Thursdays \_\_\_\_\_ \$55  
I need lane bumpers \_\_\_\_\_  
I need a bowling ramp \_\_\_\_\_

### Online Activities

Book Club \_\_\_\_\_  
"Escape From Chernobyl" \_\_\_\_\_ \$12  
"The Great Turkey Heist" \_\_\_\_\_ \$12

### Participant Total

Credit Voucher \_\_\_\_\_  
Enclosed \_\_\_\_\_  
Check # \_\_\_\_\_

## Caregiver Events – Fall 2026

**This portion of the registration form must be completed when there is a fee charged for the caregivers to attend an activity with the participant(s).**

### Entertainment

Bingo & Pizza \_\_\_\_\_ \$5  
Thanksgiving Dinner \_\_\_\_\_ \$12

### Dances

Fall Kick-off Dance \_\_\_\_\_ \$8  
Halloween Dance \_\_\_\_\_ \$8

### Out on the Town

MN Twins \_\_\_\_\_ \$65  
No Bus \_\_\_\_\_ \$59  
Taylors Falls Scenic Boat Tour \_\_\_\_\_ \$36  
No Bus \_\_\_\_\_ \$29  
"Annie" \_\_\_\_\_ \$87  
No Bus \_\_\_\_\_ \$80

### Caregiver Total

Credit Voucher \_\_\_\_\_  
Enclosed \_\_\_\_\_  
Check # \_\_\_\_\_

## Complete and mail your registration form and check to:

River Valley Project Explore  
15180 Canada Avenue  
Rosemount, MN 55068

Payment is due with your registration. Make checks payable to School District 196 (ISD196). Call 651-423-7931 with any questions.



# EASY WAYS TO REGISTER

## 1. By Mail

Complete one registration form per person and mail it with a check to:

**River Valley Project Explore**

15180 Canada Avenue

Rosemount, MN 55068

**Make check payable to ISD 196**

## 2. Online

Visit [ce.district196.org/projectexplore](http://ce.district196.org/projectexplore) to register online.

## 3. Phone

Use your Visa, MasterCard, American Express or Discover card and call 651-423-7931.

## 4. In Person

Walk in registrations can be made at the office between the hours of 8:00 am and 4:00 pm, Monday through Friday.

## 5. Drop Box

Drop off your registration in our secure drop box 24/7, located at our offices. You'll find the large white mailbox/drop box on the south side of the building.

## Are You In?

Yes! Unless you are notified, assume that you are enrolled in the activity and that it will be held at the time and place indicated.

## Cancellation and Refund Policy

- Full refunds will be given if classes are cancelled by Project Explore.
- Refund requests received five (5) working days prior to a class qualify for a refund.
- Requests received less than five (5) working days before class start may not receive a refund.
- Exceptions are made due to serious illness or family emergency.
- Once tickets are purchased for "Out On The Town" events, refunds will not be made unless there is someone on our waiting list.

# HELP WITH PAYMENT

## Scholarship Information

The RVPE Foundation provides scholarships to help cover the cost of Project Explore classes and events for participants who live within the five-district consortium (ISD 191, 192, 194, 195, and 196).

**How scholarships work:** Let us know which Project Explore class(es) or event(s) you would like to attend. If eligible, the RVPE Foundation will cover the cost of that activity, up to \$150 per participant per year. Contact us at [projectexplore@district196.org](mailto:projectexplore@district196.org) or 651-423-7931.



# PERSONAL REGISTRATION RECORD



Name: \_\_\_\_\_

☐ Check the classes you have registered for!

## Thursday, September 3

- ☐ Lunch Bunch  
11:00 am-12:15 pm  
Chick fil A, Eagan

## Friday, September 4

- ☐ Video Game Night  
6:00-8:00 pm  
Diamondhead Education Center

## Saturday, September 5

- ☐ Stroll and Roll MN Riverfront Park  
10:00-11:30 am  
Minnesota Riverfront Park

## Tuesday, September 8

- ☐ Pizza, Pizza, and More Pizza!  
6:00-7:30 p.m.  
Valley Middle School
- ☐ Yoga  
6:30-7:30 pm  
Valley Middle School

## Wednesday, September 9

- ☐ Smart Tools for Daily Living  
6:00-7:30 pm  
Diamondhead Education Center

## Thursday, September 10

- ☐ Outdoor Photography  
5:30-7:30 pm  
Whitetail Woods Regional Park

## Saturday, September 12

- ☐ Bingo & Pizza  
12:00-2:00 pm  
Valley Middle School

## Sunday, September 13

- ☐ MN Twins  
11:45 am-5:00 pm  
Valley Middle School

## Monday, September 14

- ☐ Monday Morning Bowling  
10:15-11:30 am  
Bogart's Entertainment Center
- ☐ Monday Afternoon Bowling  
4:00-5:15 pm  
Bogart's Entertainment Center
- ☐ Pizza, Pizza, and More Pizza!  
6:00-7:30 pm  
Valley Middle School
- ☐ Puzzle Pals  
6:30-8:00 pm  
Valley Middle School

## Tuesday, September 15

- ☐ Karaoke Night!  
6:30-8:00 pm  
Valley Middle School

## Wednesday, September 16

- ☐ Wednesday Bowling  
4:00-5:15 pm  
Bogart's Entertainment Center
- ☐ Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

## Thursday, September 17

- ☐ Thursday Bowling  
3:00-4:15 pm  
Bogart's Entertainment Center
- ☐ Guided Sound Meditation  
6:30-7:45 pm  
Valley Middle School

## Friday, September 18

- ☐ Game Night  
6:30-8:00 pm  
Southview Elementary School

## Saturday, September 19

- ☐ Open Swim  
2:10-3:10 pm  
McGuire Middle School

## Monday, September 21

- ☐ Pizza, Pizza, and More Pizza!  
6:00-7:30 pm  
Valley Middle School
- ☐ Tissue Paper Sunflower Mosaic  
6:30-8:00 pm  
Valley Middle School

## Tuesday September 22

- ☐ Movie Night  
6:00-8:00 pm  
Valley Middle School
- ☐ Citizen's Academy  
6:30-8:00 pm  
Apple Valley Fire Station #2
- ☐ Yoga  
6:30-7:30 pm  
Valley Middle School

## Wednesday, September 23

- ☐ Mind Matters  
6:30-7:30 pm  
Southview Elementary School

## Thursday, September 24

- ☐ Pumpkin Patch Fairy Garden  
6:30-8:00 pm  
Valley Middle School

## Friday, September 25

- ☐ Fall Kick-off Dance  
6:30-9:00 pm  
Valley Middle School

## Saturday, September 26

- ☐ Hike Ritter Farm Park  
10:00-11:30 am  
Ritter Farm Park

## Sunday, September 27

- ☐ Taylors Falls Scenic Boat Tour  
9:00 am-3:00 pm  
Valley Middle School

## Monday, September 28

- ☐ Sound Sculpture  
6:30-7:30 pm  
Valley Middle School

## Tuesday, September 29

- ☐ Book Club: "Escape From Chernobyl"  
4:00-5:00 pm pm  
Online
- ☐ "Can't Stop the Feeling" Line Dance  
6:30-7:30 pm  
Valley Middle School

## Wednesday, September 30

- ☐ Fall Wall Hanging  
6:30-8:00 pm  
Southview Elementary School
- ☐ Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

## Thursday, October 1

- ☐ T-Shirt Painting  
6:30-8:00 pm  
Valley Middle School

## Monday, October 5

- ☐ Creepy Cooking  
6:00-7:30 pm  
Valley Middle School
- ☐ Spider Web Painting  
6:30-8:00 pm  
Valley Middle School

## Tuesday, October 6

- ☐ Yoga  
6:30-7:30 pm  
Valley Middle School

## Wednesday, October 7

- ☐ Lunch Bunch  
11:00 am-12:15pm  
Noodles & Company, Apple Valley

## Thursday, October 8

- ☐ Karaoke Night!  
6:30-8:00 pm  
Valley Middle School

## Friday, October 9

- ☐ Game Night  
6:00-8:00 pm  
Southview Elementary School

## Saturday, October 10

- ☐ "Annie"  
10:15 am-4:15 pm  
Valley Middle School

## Monday, October 12

- ☐ Puzzle Pals  
6:30-8:00 pm  
Valley Middle School

## Tuesday, October 13

- ☐ Creepy Cooking  
6:00-7:30 pm  
Valley Middle School

## Wednesday, October 14

- ☐ Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

## Thursday, October 15

- ☐ Spooky Slab Pottery  
6:30-8:00 pm  
Valley Middle School

## Friday, October 16

- ☐ Halloween Dance  
6:30-9:00 pm  
Farmington High School

## Monday, October 19

- ☐ Creepy Cooking  
6:00-7:30 pm  
Valley Middle School

## Tuesday, October 20

- ☐ Theater: "A Seussified Christmas Carol"  
6:00-8:30 pm  
Falcon Ridge Middle School
- ☐ Yoga  
6:30-7:30 pm  
Valley Middle School

## Wednesday, October 21

- ☐ Fall Cardmaking  
6:30-8:00 pm  
Valley Middle School

## Thursday, October 22

- ☐ Guided Sound Meditation  
6:30-7:45 pm  
Valley Middle School
- ☐ Spider Web Dreamcatcher  
6:30-8:00 pm  
Southview Elementary School

## Saturday, October 24

- ☐ Scavenger Hunt at the MOA  
10:00 am - 12:00 pm  
Mall of America
- ☐ Open Swim  
2:10-3:10 pm  
McGuire Middle School

## Monday, October 26

- ☐ Exploding Ghost PEEPS  
6:30-7:30 pm  
Valley Middle School

## Tuesday, October 27

- ☐ Book Club "The Great Turkey Heist"  
4:00-5:00 pm  
Online
- ☐ "Monster Mash" Line Dance  
6:30-7:30 pm  
Southview Elementary School

## Wednesday, October 28

- ☐ Fall Glow Jars  
6:30-8:00 pm  
Valley Middle School
- ☐ Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

## Thursday, October 29

- ☐ Mind Matters  
6:30-7:30 pm  
Southview Elementary School

## Friday, October 30

- ☐ Halloween Movie Night  
6:00-8:00 pm  
Valley Middle School

## Monday, November 2

- ☐ Word Search Challenge  
6:30-8:00 pm  
Southview Elementary School

## Friday, November 6

- ☐ Magic Show  
6:15-7:30 pm  
Valley Middle School

## Monday, November 9

- ☐ Egg Rolls  
6:00-7:30 pm  
Valley Middle School

## Tuesday, November 10

- ☐ Yoga  
6:30-7:30 pm  
Valley Middle School

## Wednesday, November 11

- ☐ Move & Groove  
6:00-7:30 pm  
Nicollet Middle School
- ☐ Open Art Studio  
6:30-8:00 pm  
Southview Elementary School

## Thursday, November 12

- ☐ Game Night & Dirty Soda  
6:00-8:00 pm  
Southview Elementary School

## Friday, November 13

- ☐ Lunch Bunch  
11:00 am-12:15 pm  
Pizza Ranch, Lakeville

## Saturday, November 14

- ☐ Guided Sound Meditation  
10:00 -11:15 am  
Valley Middle School

## Monday, November 16

- ☐ Mind Matters  
6:00-7:30 pm  
Southview Elementary School
- ☐ Puzzle Pals  
6:30-8:00 pm  
Valley Middle School

## Tuesday, November 17

- ☐ Egg Rolls  
6:30-7:30 pm  
Valley Middle School

## Wednesday, November 18

- ☐ Move & Groove  
6:30-7:30 pm  
Nicollet Elementary School
- ☐ Thanksgiving Centerpiece  
6:30-8:00 pm  
Southview Elementary School

## Thursday, November 19

- ☐ Thanksgiving Dinner Set-up  
5:30-6:30 pm  
Messiah Lutheran Church
- ☐ Thanksgiving Suncatchers  
6:30-8:00 pm  
Valley Middle School

## Friday, November 20

- ☐ Thanksgiving Dinner  
5:30-7:30 pm  
Messiah Lutheran Church

## Saturday, November 21

- ☐ Open Swim  
2:10-3:10 pm  
McGuire Middle School

## Monday, November 23

- ☐ Egg Rolls  
6:00-7:30 pm  
Valley Middle School
- ☐ "Beat It" Line Dance  
6:30-7:30 pm  
Valley Middle School

## Tuesday, November 24

- ☐ Yoga  
6:30-7:30 pm  
Valley Middle School

## Monday, November 30

- ☐ DIY Pinecones  
6:30-7:30 pm  
Valley Middle School

**A Community Education Consortium Representing:**

**Burnsville (#191)**

200 West Burnsville Parkway  
Burnsville, MN 55337

**Farmington (#192)**

20655 Flagstaff Avenue  
Farmington, MN 55024

**Lakeville (#194)**

17630 Juniper Path, Suite A  
Lakeville, MN 55044

**Randolph (#195)**

29110 Davison Avenue  
Randolph, MN 55065

**Rosemount-Apple Valley-  
Eagan (#196)**

3455 153rd Street W  
Rosemount, MN 55068



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# SUMMER FUN!

