



Rutland High School

Student Activities & Athletics Guide- Get Involved!

Please note that in order for a club to count toward STEM/ Global Studies Concentration hours- a student must make a connection to [United Nations Sustainable Development Goals](#) (please reference Targets or Indicators) or STEM areas **(updated as of July 2026)**

Athletics- Varsity and Sub-varsity We offer a wide variety of athletic teams during the fall, winter, and spring seasons for all levels of experience. Practices are typically daily and games are once or more per week. Bus transportation is provided to away games and equipment and uniforms are provided by the school. There is no fee to play and all are welcome.

Athletic Director: Bo McDougall

Fall Sports

- Cheerleading
- Cross Country
- Field Hockey
- Football
- Soccer
- Golf

Winter Sports

- Alpine Skiing
- Basketball
- Cheerleading
- Hockey
- Indoor Track
- Nordic Skiing
- Snowboarding
- Wrestling
- Unified Sports

Spring Sports

- Baseball
- Lacrosse
- Softball
- Tennis
- Track & Field
- Unified Sports

GSA aims to create a safe, welcoming, and accepting school environment for all. Regardless of sexual orientation.

Club Advisors: Shawn Watkins & Finnley Allen

Creative Writing Club A student group which fosters student interest in creative writing.

Club Advisor: Paul Cillo

Environmental Club A student organization which fosters awareness of and education about issues related to the environment. All students are welcome.

Club Advisors: Michael Ellis & Jody Sabatasso

Key Club International is the oldest and largest service program for high school students. It is a student-led organization that teaches leadership through service to others. Members of the Kiwanis International family, Key Club members build themselves as they build their schools and communities.

Club Advisor: Rebecca Badgley & Jamie Nichols

Art Club A student group which fosters student interest in the visual arts including drawing, painting, and sculpture. All are welcome.

Club Advisor: Elizabeth McReynolds

Club Giving is a school organization which provides the opportunity to perform community service. Members participate in GIN Conference, holiday food baskets and leaf-raking. All are welcome.

Club Advisors: Michele Farkas

Encore Theatre/ Drama A school program which presents diverse productions which contribute to the growth of the participants and audience.

Club Advisor: TBD

Forensics We are a competitive student group who share an interest in developing our public speaking skills.

Club Advisor: Ron Eisenman

Model UN We are a student group who prepares for and participates in the national Model UN meeting in New York City. We travel to the event together and participate as UN delegates Club Advisor: TBD	Justice for All Justice For All is a club that advocates for diversity, equity, and inclusion-- offering a sense of belonging and voice to all. Everyone is welcome and appreciated regardless of their gender, gender identity, race, age, ability, ethnicity, or any other characteristic that makes them unique. Club Advisor: Michele Farkas
National Honor Society Character, Service, Leadership, Scholarship, meetings plus community service. Special events include tutoring, food drives, regular community service. Club Advisor: Rachel Pusateri & Kim Ransom	Mock Trial A student group which prepares a legal case and participates in a mock trial against other teams. All are welcome. Club Advisor: Ron Eisenman
Senior Video Seniors work with advisors on recapping four years at RHS with photos compiled into a video. All seniors are welcome. Club Advisor: Clarena Renfrow	Advanced Orchestra This suits those that are looking to take their musical skills to the next level. Club Advisor: Sarah Koon
Student Senate Student government is the voice of the student body. We are elected officials who represent our class and organize dances, assemblies, and converse with school leadership to effect the change that we want to see. Club Advisors: Tegan Kirk-Elkin & Elizabeth McReynolds	Rock Climbing We are a competitive team that practices three days a week and attends competitions throughout the year. Club Advisors: Bryan Cupoli
U Matter Our group promotes health and wellness Special events include Walk for Suicide Prevention and the Wellness Fair. All are welcome. Club Advisors: TBD	World Language Club: enriches learning of Spanish and French and their diverse cultures through food, music, art, and service. Students who have completed 1.5 courses in their language and have an average of 3.0 or higher are also eligible for the Spanish National Honors Society or French National Honors Society. Club Advisor: Marisa Astin & Karen Rogers
Amp'd Up is the auditioned group that meets after school. This group will compete and travel each school year. Audition and commitment requirements. Advisor: Shannon Bonsignore	Tri-M Music Honor Society open to sophomores, juniors, and seniors who are in one, or more, of our school's orchestra, band, or choral groups and meet GPA requirement Club Advisor: Shannon Bonsignore
<i>Check the Daily Announcements for Activities and Athletics information!</i>	