

Combined Fall Sports Practice Schedule

Volleyball: 3:30pm – 5:00pm

- Aug. 20
- Aug. 25
- Aug. 27
- Sept. 1
- Sept. 3
- Sept. 9
- Sept. 14
- Sept. 21
- Sept. 23
- Sept. 29
- Oct. 1
- Oct. 5

Flag Football: 3:30pm – 5:00pm

- Aug. 20
- Aug. 24
- Aug. 31
- Sept. 8
- Sept. 10
- Sept. 15
- Sept. 17
- Sept. 21
- Sept. 24
- Sept. 29
- Oct. 1
- Oct. 6
- Oct. 8
- Oct. 15

Cross Country: 3:30pm – 5:00pm

- Every Monday & Wednesday
- August 24 – October 21