Mt Calm Independent School District

Cheerleader Constitution 2026-2027

This Mt Calm ISD Cheerleader outlines standards of eligibility and procedure for all Mount Calm ISD Cheerleader candidates and standards of conduct and behavior to which all Mt Calm ISD Cheerleader members are expected to adhere as representatives of their student body and of Mt Calm ISD. Acceptance of a candidate to the Mt Calm ISD cheerleading program or removal there from, shall be in accordance with this Constitution on the basis of ability, skill, presentation, or any other basis set forth, but shall not be on the basis of race, color, national origin, religion, sex, disability, or pregnancy.

Preamble

The following articles have been developed with the advice and consent of the campus cheerleader sponsors/coaches for the purpose of communicating the standards of eligibility and procedure which all candidates must meet to be eligible for try-outs and for the purpose of articulating the standards of conduct and behavior to which all Mt Calm ISD Cheerleader members are expected to adhere as a condition of participation in cheerleading activities. Participation in extracurricular activities, including cheerleading, is a privilege, not a right, and student participants will be held to higher standards than students who choose not to participate in extracurricular activities. Failure to comply with the standards of conduct and behavior outlined in this Cheerleader Constitution may subject the member to disciplinary action, up to and including removal from the squad, in addition to any consequences imposed in accordance with the Mt Calm ISD Student Code of Conduct

This document may be amended at any time and does not limit a sponsor's ability to make decisions pertaining to his or her program, consistent with the guidelines set forth herein.

Article I-Mission Statement The purpose of the Mt Calm ISD cheerleading program shall be to promote and encourage team spirit, to foster good fellowship and sportsmanship by example, and to engender enthusiasm and loyalty to team and school. Members shall lead by example; shall exemplify exemplary qualities of character; and shall uphold the highest moral standards in their service to the school and the community as representatives of their student body and of the Mt Calm ISD.

Article II—Candidate Eligibility

2.1 A cheerleader candidate must be a resident of the Mt Calm ISD and currently enrolled in Mt Calm ISD. However, candidates who are enrolled in a Mt Calm ISD school under an approved interdistrict (i.e, out-of-district) transfer will be

eligible for try-outs if they meet all other eligibility requirements. Candidates are required to reside within the attendance zone of the school for whose squad they are trying out, unless they are otherwise entitled to attend the try-out school under an approved interdistrict transfer in accordance with District policy. Candidates may be male or female.

2.2 A cheerleader candidate, as defined by No Pass No Play rules, must be passing all courses with a grade of 70 or above at the time of try-outs to be eligible,

2.3 A cheerleader candidate who has resigned or been removed from his or her squad may not try-out for the following year.

2.4 All candidates must demonstrate exemplary behavior, and citizenship habits. They must not have been suspended (including in-school suspension), assigned to D.A.E.P., or expelled at any time during the cheer season to be eligible for try-outs. The campus principal or designee will make the final determination regarding a candidate's citizenship eligibility for try-outs.

2.5 Candidates who have outstanding balances for cheerleading, will not be eligible for Try-outs.

2.6 All candidates must be medically fit to participate in cheerleading activities.

2.7 Candidates must complete all requirements for try-out prior to try-outs, including but not limited to timely submission of application, timely submission of all required forms, and attendance of all required meetings, practice sessions or clinics. Any candidate failing to complete all try-out requirements who is otherwise eligible for try-outs will not be allowed to try-out, absent extenuating circumstances as determined by the sponsor.

Article III-Candidate Membership and Expectations Candidate Expectations

3.1 Candidates should understand that acceptance into the Mt Calm ISD Cheerleading program is a privilege. Cheerleading members represent the community and the public not only themselves, but their student body and Mt Calm ISD and should uphold the highest moral standards.

3.2 Candidates should exemplify exemplary qualities of character. Candidates should be responsible, honest, reliable, dependable, cooperative, dedicated, and loyal.

3.3 Candidates should be enthusiastic, self-disciplined, willing to learn, and prepared to practice to improve their performance and the performance of the squad.

3.4 Candidates who are accepted for membership should understand that the schedule of a cheerleader member will require a large time commitment and that members will be expected to put cheerleading above other non-school related activities, including after-school or weekend jobs.

Candidate Membership

Membership in the Mt Calm ISD Cheerleading program is from the date of try-outs to the date of the following year's tryouts. Membership may be terminated at any time for failure to comply with the standards of conduct and procedure outlined herein.

Grade classifications named below are for the year following try-outs and shall be determined according to official school records,

The Varsity cheerleading squad shall be comprised of freshmen, sophomore, junior or senior members, and 1 mascot.

Varsity cheerleading captains will be chosen according to their scores- highest scoring senior or junior will be captain. Co-captain (can be a junior or senior) will be voted upon by the squad, and teacher input will be considered for both captain and co-captain.

The Junior High squad shall be comprised of seventh and eighth grade members, and 1 mascot.

Final decisions regarding the head cheerleader for all squads will be made by the sponsor/coaches.

Article IV-Expectations for Members

4.1 Members shall be on time and prepared for all cheerleading activities. Members should be dressed in the required uniform prior to the start of the practice and/or activity.

4.2 Members must have a physical exam certified by a doctor (at your own expense) and will not be allowed to participate until the examination is completed.

4.3 Members shall attend and perform all required duties at all practices, games, events, or functions, including any required camp, competition, or fund raiser. Members who miss a required practice or fail to perform a required duty may not be allowed to perform at the next game, event, or function.

4.4 Members shall maintain their eligibility status under No Pass, No Play Rules. Members must maintain a grade of 70 or above in all classes. Members must also meet Mt. Calm ISD attendance policies for participation. Any and all missed practices will require make-up workout/conditioning. All workout/conditioning must be completed before the next event in order to participate.

4.5 Members must know material to be allowed to participate.

4.6 Members shall comply with all rules and regulations outlined in their program.

4.7 Members will be subject to rules and disciplinary standards in addition to the constitution through the merit/demerit system. Cheerleaders will receive merits and demerits throughout the school year. Cheerleaders will begin the cheer season with 5 merits (for attending cheer camp). Each cheerleader must have 20 merits to attend the end of season party. Details of the end of season party will be sent out at a later day. Cheerleaders who have zero or negative demerits will still be expected to be at all mandatory events, however they will not be allowed to participate in events such as pep rallies, or games until they are back in good standing.

Merit Demerit System			
Merit		**Demerit**	
Knowing the fight song must say it by themself	1	Incorrect uniform for games/pep rally	1
Knowing the school song must say it by themself	1	Ardy for game/practice without notice	1
Perfect Attendance 2 merits per 6 weeks	2	Leaving game/practice early without notice	1
Morning Duty 1 merit each morning duty	1	Absence from game/practice with notice	1
Donations of Materials 1 merit per bulk	1	Absence from game/practice without notice	2
Volunteer hours 1 merit per hour	1	Disrespectful behavior that results in discipline	5
Participating in spirit days 1 merit per day	1	Not participating in spirit days 1 demerit per day	1

4.8 Members are responsible for the cost of their uniforms and camp. Fundraising opportunities will be made available to offset the price of uniforms as well as additional costs to the squad. If a cheerleader is removed from the squad, dismissed for disciplinary reasons, becomes academically ineligible, or voluntarily quits at any time during the season, no

refunds will be issued for uniforms, camp fees, fundraising contributions, or any other associated costs.

Article V-Standards for Member Removal

Due to the high level of visibility of campus cheerleader members, members are expected to demonstrate leadership, honor, and integrity both in and out of uniform. Because acceptance into the Mt Calm ISD Cheerleader program is a privilege, not a right, members will be held to higher standards than those imposed on the general student body. Members may incur disciplinary consequences for behavior that does not constitute a violation of the Student Code of Conduct, Athletic Code of Conduct and may also incur disciplinary consequences from both the appropriate administrator and his or her sponsor for conduct that does constitute a violation of the Student Code of Conduct.

Members must comply with all standards of conduct outlined below, in addition to the standards of conduct and behavior outlined in the Mt Calm ISD Student Code of Conduct. Members will be subject to the standards of conduct outlined herein at all times while in uniform regardless of when or where the conduct occurs, whether on or off school property and whether or not school is in session. Failure to comply with the standards of conduct may result in disciplinary action against the member, **up to and including removal from the squad.**

5.1 Members shall not engage in inappropriate behavior, including but not limited to inappropriate sexual contact, fighting, public intoxication, possession or consumption of alcohol or illegal drugs, or other criminal activity excluding minor traffic offenses. In addition, members must uphold these same guidelines with their Social media accounts. Members are examples to the student body and shall not engage in these behaviors on their own accounts or those of others (ie, posting or commenting on private accounts that can be seen by others)

5.2 Members shall not engage in behavior that warrants suspension from school, removal to DAEP, or expulsion from school. Members who have been to ISS twice during the cheer season, suspended from school, removed to DAEP, or expelled from school shall be removed from the squad for the remainder of the year.

5.3 Members may be subject to disciplinary action, up to and including removal from the squad, for any other behavior which the sponsor deems inappropriate, including but not limited to unsportsmanlike conduct, insubordination, or lewd or profane internet behavior.

Cheer Season: starts the day of tryouts until the following school year’s tryouts.

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I am signing that I have read and understood Mt. Calm ISD Cheerleader Constitution and understand that I accept and will abide by the above constitution.

Parent Signature	Date
Student Signature	Date