



Always Innovating

**South
Texas ISD**

RIO GRANDE VALLEY | GRADES 6-12

7001 E. EXPRESSWAY 83, MERCEDES, TX 78570

P: 956.565.2454

STISD.NET

July 29, 2026

MEMORANDUM

Angela Aceves, Prep Academy Parent
Araceli Pina, RSA Parent
Armando Salinas, Virtual Academy Parent
Rocio Calderon, World Scholars Parent
Dr. Clark Boyer, Science Academy Parent

Ricardo Aguirre, Health Professions Parent
Veronica Pisharodi, Medical Professions Parent
Hanani Vasquez, Teacher
Amy Pena, Counselor
Luis Garcia, STISD Police Officer
Marcos L. Flores, Administrator

FROM: Marcos L. Flores, Executive Director for Student Support Services

SUBJECT: Notice of School Health Advisory Council (SHAC) Meeting

STISD SHAC Meeting

August 3, 2026 at 5:30 pm

Zoom

<https://stisd-net.zoom.us/j/81548949825?pwd=Sa5Lxnsc2dFCmQRKgXavFuQE0y8S9E.1>

Agenda

1. Call to Order
2. Approval of Previous Meeting Minutes
3. Presentation of REAL Essentials by Cynthia De La Garza Gonzales, Director of Special Programs
4. Review and act on approving REAL Essentials-Relationship Education and Sexual Risk Avoidance Curriculum
5. Adjournment

SANDRA GARZA OCHOA, PhD, CSC, LPC, CRC, BCBA
Superintendent

MARLA R. KNAUB
Assistant Superintendent for Finance & Operations

EFRAIN GARZA
Deputy Superintendent

LISSA FRAUSTO, MBA, SPHR
Assistant Superintendent for Human Resources