



EMPATHETIC LEARNER

Basic Competencies

Resonate: YUHSD students can recognize, understand, and share their thoughts and feelings.

Respond: YUHSD students can identify their feelings as they occur during different situations and how to self regulate their responses.

Reflect: YUHSD students can reflect on their feelings after different situations and how to respond in the future.

Proficient Competencies

Resonate: YUHSD students can demonstrate the ability to resonate with other people's feelings, experiences, and actions.

Respond: YUHSD students can demonstrate the ability to respond respectfully to other people's feelings, experiences, and actions as they occur.

Reflect: YUHSD students can reflect and connect other individual's responses to situations and feelings with their own experiences.

Advanced Competencies

Resonate: YUHSD graduates will demonstrate the ability to engage in face-to-face communication while maintaining respectful discourse with others for the betterment of their community.

Respond: YUHSD graduates will demonstrate the capacity to link emotions, thoughts, and actions across cultures and generations for the betterment of their community.

Reflect: YUHSD graduates will expand their comfort zones through self reflection and take initiative to better their community.