

SOUTH HADLEY HIGH SCHOOL

SEPTEMBER 2026

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
<u>BREAKFAST</u> REMINDER! SERVING BREAKFAST. DAILY 7:00AM TO 7:20AM	AUG 25 TEACHER FULL DAY IN-SERVICE	AUG 26 TEACHER FULL DAY IN-SERVICE	AUG 27 <u>GILARDI STUFFED CRUST CHEESE PIZZA</u> FRESH BROCCOLI W/ DIPPING SAUCE MIXED FRUIT	AUG 28 <u>ASSORTED SANDWICHES</u> HOMEMADE SOUP BLACK-EYE PEA SALAD CHILLED FRUIT OTIS SPUNKMEYER COOKIES
AUG 31 <u>CHICKEN PATTIE SANDWICH</u> LETTUCE & TOMATO NACHO CHIPS MIXED VEGGIES CHILLED FRUIT	SEPT 1 <u>“ARNOLD’S” GRILLED HOT DOGS</u> BAKED BEANS RED FAT POTATO CHIPS COLESLAW DICED PEACHES	2 <u>GRILLED CHEESE SANDWICH</u> TOMATO SOUP BROCCOLI W/ DIP GOLDFISH CRACKERS MIXED FRUIT	3 <u>GRILLED CHICKEN SANDWICHES</u> OVEN BAKED FRIES GREEN BEANS DICED PEACHES	4 <u>BIG DADDY’S CHEESE PIZZA</u> TOSSED SALAD W/ DRESSING CHILLED FRUIT OTIS SPUNKMEYER COOKIES
7 LABOR DAY NO SCHOOL	8 <u>CRISPY CHICKEN NUGGETS</u> DIPPING SAUCE HERBED NOODLES CARROTS MIXED FRUIT	9 <u>HAM & CHEESE BAGEL MELTS</u> LETTUCE & TOMATO MINI PRETZELS CHERRY TOMATOES FRUIT CRISP W/ TOPPING	10 <u>SLOPPY JOE SANDWICHES</u> PARMESAN OVEN FRIES CORN NIBBLET CINNAMON APPLESAUCE	11 <u>FRENCH BREAD PIZZA</u> TOSSED SALAD CHILLED FRUIT OTIS SPUNKMEYER COOKIES
14 <u>CHEESEBURGERS</u> LETTUCE & SLICED TOMATOES GARLIC DUSTED POTATO WEDGES BROCCOLI W/ DIP MIXED FRUIT	15 <u>CHICKEN FAJITAS</u> PEPPERS & ONIONS SALSA & LIGHT SOUR CREAM RICE PILAF STEAMED CORN CINNAMON APPLE SAUCE	16 <u>TURKEY & CHEESE ON A BULKIE ROLL</u> LETTUCE & TOMATO RED FAT POTATO CHIPS CUCUMBER WHEELS DICED PEARS	17 <u>ROTINI W/ MEAT SAUCE</u> GREEN BEANS BREAD & BUTTER SLICED PEACHES	18 <u>“MAX” CHEESE STICKS</u> MARINARA SAUCE ROASTED RED POTATOES BABY CARROTS APPLE SAUCE OTIS SPUNKMEYER COOKIES
21 <u>PEPPERONI & CHEESE PAN PIZZA</u> FRESH BROCCOLI W/ DIPPING SAUCE MIXED FRUIT	22 <u>HOMEMADE BAKED MACARONI & CHEESE</u> SEASONED CARROTS BREAD & BUTTER SLICED PEACHES	23 <u>CRISPY BBQ CHICKEN WRAPS</u> GOLDFISH CRACKERS FRESH VEGGIE STICKS MINI RICE KRISPIE TREAT	24 <u>BAKED POTATO BAR</u> CHOICE OF TOPPINGS: CHILI OR CHEESE, BROCCOLI, SOUR CREAM & BACON BITS & WHOLE GRAIN BREAD STICK DICED PEARS	25 <u>MOZZARELLA STICKS</u> MARINARA SAUCE RICE PILAF HERBED GREEN BEANS APPLE SAUCE OTIS SPUNKMEYER COOKIES
28 <u>GILARDI STUFFED CRUST CHEESE PIZZA</u> CAESAR SALAD W/ CROUTONS MIXED FRUIT	29 <u>TACO TUESDAY BOWLS</u> SEASONED BEEF RICE PILAF & CORN LETTUCE, TOMATO, CHEESE, SALSA & SOUR CREAM PINEAPPLE TID BITS	30 <u>FRENCH TOAST W/ SYRUP</u> BAKED SAUSAGE POTATO PUFFS STRAWBERRIES W/ TOPPING CHILLED JUICE	<u>LOOKING FOR A PART- TIME JOB?</u> THE FOOD SERVICE DEPARTMENT IS LOOKING FOR SUBSTITUTE EMPLOYEES. IF INTERESTED, PLEASE CALL 538-5074 EXT. 4724.	

BREAKFAST AND LUNCH IS FREE TO ALL STUDENTS! LUNCH MEALS INCLUDE MILK & ASSORTED WHOLE FRUIT. ADDITIONAL MILK IS 50 CENTS. LARGE SALADS, YOGURT, AND ASSORTED SANDWICHES ARE AVAILABLE DAILY AS A TYPE “A” MEAL ALTERNATIVE. THE MENU IS SUBJECT TO CHANGE.