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School Breakfast - FREE  
We look forward to serving you!

### KASD High School Breakfast Menu

## September 2026

| <b>Monday</b>                                                                                                                                       | <b>Tuesday</b>                                                                                                                                      | <b>Wednesday</b>                                                                                                                                    | <b>Thursday</b>                                                                                                                                     | <b>Friday</b>                                                                                                                                       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Egg &amp; Cheese Bagel<br/>Chilled Peach Cup</b>                                                                                                 | <b>Assorted Donut Holes<br/>Chilled Apple Slices</b>                                                                                                | <b>Sausage, Egg, &amp; Cheese<br/>English Muffin<br/>Banana</b>                                                                                     | <b>Fruit &amp; Yogurt Parfait<br/>Orange Wedges</b>                                                                                                 | <b>Breakfast Pizza<br/>Chilled Strawberries</b>                                                                                                     |
| <b>Cinnamon Roll<br/>Pop Tart w/ String Cheese<br/>Pop Tart w/ Yogurt<br/>Assorted Fresh Fruit<br/>Assorted 100% Fruit Juice<br/>Assorted Milks</b> | <b>Cinnamon Roll<br/>Pop Tart w/ String Cheese<br/>Pop Tart w/ Yogurt<br/>Assorted Fresh Fruit<br/>Assorted 100% Fruit Juice<br/>Assorted Milks</b> | <b>Cinnamon Roll<br/>Pop Tart w/ String Cheese<br/>Pop Tart w/ Yogurt<br/>Assorted Fresh Fruit<br/>Assorted 100% Fruit Juice<br/>Assorted Milks</b> | <b>Cinnamon Roll<br/>Pop Tart w/ String Cheese<br/>Pop Tart w/ Yogurt<br/>Assorted Fresh Fruit<br/>Assorted 100% Fruit Juice<br/>Assorted Milks</b> | <b>Cinnamon Roll<br/>Pop Tart w/ String Cheese<br/>Pop Tart w/ Yogurt<br/>Assorted Fresh Fruit<br/>Assorted 100% Fruit Juice<br/>Assorted Milks</b> |

Breakfast is free every day!!

All breakfasts consist of whole grains, fruits, 100% fruit juice and choice of milk.

A total of 3 to 4 items must be taken to make a complete and no charge breakfast.

One of the items must be a fruit or 100% fruit juice.

This institution is an equal opportunity employer and provider. Menu subject to change without notice.