

August 2026

Iredell Statesville Schools:

High School Lunch Menu

Offered Daily: 1/2 pint Milk:

(~carb counts)

****Menu subject to change****

1% Unflavored (12), Chocolate FF (19) or Strawberry FF (19)



**Welcome
Back**

PBJ Sandwiches (64)
Cheese Pizza Wedge (29)
Mozzarella Cheese Sticks (32)
Chicken Tenders with Breadstick (39)
Broccoli with Cheese (5)
Seasoned Potato Wedges (20)
Applesauce Cup (14)

12

PBJ Sandwiches (64)
Chicken Filet Sandwich (39)
Beefy Nacho (29)
French Bread Pizza (23)
Yams (32)
Sweet Yellow Corn (16)
Mixed Berry Cup (20)

13

PBJ Sandwiches (64)
Spicy Chicken Sandwich (44)
Pizza Crunchers (26)
Hot Dog w/ or w/o Chili (29)
Potato Emoticons (19)
Creamy Cole Slaw (6)
Fruit Ice Cup (22)

14

PBJ Sandwiches (64)
Pizza Crunchers (26)
Chicken Tender with Roll (46)
Mandarin Chicken with Rice (52)
Glazed Carrots (9)
Broccoli with Cheese (5)
Mandarin Orange Cup (17)

17

PBJ Sandwiches (64)
Spicy Chicken Chunks with Roll (54)
Cheesy Dipping Sticks (24)
Fish Sandwich with Cheese (43)
Seasoned Potato Wedges (20)
Green Beans (4)
Mixed Fruit Cup (19)

18

PBJ Sandwiches (64)
Pepperoni Pizza Wedge (32)
Beefy Nachos (29)
Spicy Chicken Sandwich (44)
Black Eye Peas (18)
Baby Carrots (6)
Strawberry Cup (21)

19

PBJ Sandwiches (64)
Hamburger (26) or Cheeseburger (27)
Grilled Cheese Sandwich (28)
Chicken w/ Waffles (51)
Tater Tots (14)
Yams (32)
Applesauce Cup (14)

20

PBJ Sandwiches (64)
Cheese Pizza Wedge (29)
CornDog Nuggets (30)
Chicken Filet Sandwich (39)
Crispy Fries (16)
Green Peas (12)
Fruit Cup (≈18)

21

PBJ Sandwiches (64)
Cheesy Dipping Sticks (24)
Hot Dog w/ or w/o Chili (29)
Spicy Chicken Chunks with Roll (54)
Sweet Yellow Corn (16)
Seasoned Potato Wedges (20)
Pear Cup (19)

24

PBJ Sandwiches (64)
Hamburger (26) or Cheeseburger (27)
Fiesta Pizza (29)
Chicken Tender with Roll (46)
Sweet Potato Fries (19)
Broccoli with Cheese (5)
Peach Cup (18)

25

PBJ Sandwiches (64)
Cheese Pizza Wedge (29)
Mac & Cheese with Roll (68)
Pork BBQ Sandwich (26)
Baked Beans (30)
Creamy Cole Slaw (6)
Fruit Ice Cup (22)

26

PBJ Sandwiches (64)
Spicy Chicken Sandwich (44)
Beefy Nachos (29)
Pizza Crunchers (26)
Crispy Fries (16)
Glazed Carrots (9)
Baked Apples (23)

27

PBJ Sandwiches (64)
Pepperoni Pizza Wedge (32)
Mozzarella Cheese Sticks (32)
Chicken Chunks with Roll (45)
Potato Emoticons (19)
Baby Carrots (6)
Fruit Cup (≈18)

28

PBJ Sandwiches (64)
Pizza Crunchers (26)
Chicken Filet Sandwich (39)
Mandarin Chicken with Rice (52)
Yams (32)
Broccoli with Cheese (5)
Applesauce Cup (14)

31



**Eat Well.
Learn Well.
Grow Well.**



Carbohydrate counts for fresh fruit vary widely (5–26) depending on the selection. For exact carbohydrate information, please contact the cafeteria manager.



Fresh Fruit is Offered Daily



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