

August 2026

Iredell Statesville Schools:

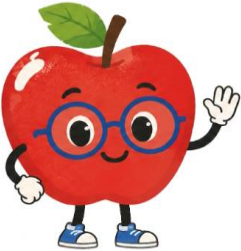
Elementary-Middle Lunch Menu

Offered Daily: 1/2 pint Milk:

(~carb counts)

****Menu subject to change****

1% Unflavored (12), Chocolate FF (19) or Strawberry FF (19)

 Welcome Back		PBJ, Cheese Stick Animal Cracker (53) Mozzarella Cheese Sticks (32) Chicken Tenders with Breadstick (39) Broccoli with Cheese (5) Seasoned Potato Wedges (20) Applesauce Cup (14) 12	Yogurt with Cheese Stick and Goldfish (31) Beefy Nacho (29) French Bread Pizza (23) Yams (32) Sweet Yellow Corn (16) Mixed Berry Cup (20) 13	PBJ, Cheese Stick Animal Cracker (53) Pizza Crunchers (26) Hot Dog w/ or w/o Chili (28) Potato Emoticons (19) Creamy Cole Slaw (6) Fruit Ice Cup (22) 14
PBJ, Cheese Stick Animal Cracker (53) Cheesy Dipping Sticks (24) Mandarin Chicken with Rice (36) Glazed Carrots (9) Broccoli with Cheese (5) Mandarin Orange Cup (17) 17	Yogurt with Cheese Stick and Goldfish (31) Hamburger (26) or Cheeseburger (27) French Bread Pizza (23) Seasoned Potato Wedges (20) Green Beans (4) Mixed Fruit Cup (19) 18	Pepperoni Pizz-able (33) Corndog Nuggets (30) Chicken Filet Sandwich (39) Black Eye Peas (18) Baby Carrots (6) Strawberry Cup (21) 19	Turkey and Cheese Wrap with Chips (37) Chicken and Waffles (51) Grilled Cheese Sandwich (28) Tater Tots (14) Yams (32) Fruit Cup (≈18) 20	PBJ, Cheese Stick Animal Cracker (53) Pepperoni Pizza (29) Popcorn Chicken with Roll (47) Crispy Fries (16) Green Peas (12) Assorted Fruit Juice (14) 21
PBJ, Cheese Stick Animal Cracker (53) Hot Dog w/ or w/o Chili (28) Chicken Tenders with Roll (46) Sweet Yellow Corn (17) Pinto Beans (19) Pear Cup (19) 24	Ham and Cheese Wrap with Chips (37) Fiestada Pizza (29) Chicken Chunks with Roll (45) Sweet Potato Fries (19) Broccoli with Cheese (5) Peach Cup (18) 25	PBJ, Cheese Stick Animal Cracker (53) Mac & Cheese with Roll (68) Pork BBQ Sandwich (26) Baked Beans (30) Creamy Cole Slaw (6) Fruit Ice Cup (22) 26	Yogurt with Cheese Stick and Goldfish (31) Beefy Nacho (29) Pizza Crunchers (26) Deli Roasters (20) Glazed Carrots (9) Baked Apples (23) 27	PBJ, Cheese Stick Animal Cracker (53) Mozzarella Cheese Sticks (32) Corndog Nuggets (30) Potato Emoticons (19) Baby Carrots (6) Fruit Cup (≈18) 28
PBJ, Cheese Stick Animal Cracker (53) Chicken Filet Sandwich (39) Pepperoni Pizza (29) Yams (32) Broccoli with Cheese (5) Applesauce Cup (14) 31	 Eat Well. Learn Well. Grow Well. 			

Carbohydrate counts for fresh fruit vary widely (5–26) depending on the selection. For exact carbohydrate information, please contact the cafeteria manager.



Fresh Fruit is Offered Daily



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