Sacramento City Unified School District

Matsuyama Elementary School

7680 Windbridge Drive
Sacramento, CA 95831
PHONE: (916) 395-4650 FAX: (916) 433-5556
Eugene Stovall, Principal

MATSUYAMA ELEMENTARY SCHOOL · MIGHTY PINES ·

Dear Parents or Guardians,

Your child has the opportunity to participate in transverse climbing wall units as part of our physical education program.

A transverse climbing wall requires students to move across the wall as opposed to climbing up the wall. At its highest point the wall measures 8 feet and is 40 feet long. Participants climb horizontally (transverse) across the wall and their feet should never be higher than three-and-a-half feet off the ground. There are mats on the ground under the wall that also serve to cover the wall when it is not in use. Your child will be informed and tested on the safety rules and will always climb under the careful supervision of an adult instructor.

Indoor rock climbing is one of the fastest growing activities today. It simultaneously develops coordination, strength, flexibility, and cardiovascular fitness. Additionally, important life skills such as problem solving, goal setting, perseverance, inner confidence, and patience will be learned through the activities performed on the rock wall. Students that continually must be reminded about safety protocol will lose the privilege of participating in rock wall activities.

For your child to participate in rock wall activities, we must have a signed permission slip on file. Should you have any questions regarding this excellent learning opportunity, please do not hesitate to call us.

Sincerely,

Eugene Stovall, Principal

Todd Melton, PE Teacher

PERMISSION TO PARTICIPATE

_____ in _____ class has
(Student's Name) (Teacher's Name)
my permission to participate in rock wall activities at Matsuyama Elementary School. I understand that this activity involves some risk of injury and I will stress the importance of following the class safety rules in our discussion about this activity at home.

_____ _____
(Signature of Parent) (Date)