ELIZABETH CITY PASQUOTANK PUBLIC SCHOOLS

SHAC Goals & Strategies 2025-2027

1. **Comprehensive School Health Education Goal: Provide classroom instruction that addresses the physical, emotional, mental and social aspects of health.**

Steps / Strategies	Who is Responsible	Resources Needed	Completion Date	Evaluation
Instructional Materials	Executive Director of Curriculum & Instruction	Healthful Living Course of Study	On-going	N/A
Wake Up to Ag Day	CTE Director & Students	Coordination with Cooperative Extension	Annually	Attendance
Educational Field Trips - Various Schools	School Principals	Varies	On-going	N/A

2. **Physical Education Goal: Provide curriculum and activities that promotes lifelong physical activity, develops basic movement and sports skills.**

Steps / Strategies	Who is Responsible	Resources Needed	Completion Date	Evaluation
Instructional Materials	Executive Director of Curriculum & Instruction	PE Course of Study	On-going	Annual Attestation
Special Olympics	Director of Exceptional Children	Transportation, t-shirts, food, partnerships	March/April each year	Participation
Field Days	PE Teachers	Equipment & Staff	Annually	Participation and Attendance
Bike to School Day	PE Teacher, SRO	Provided by participant	Annually	Participation

(JCS)				
YMCA After School Care	YMCA Staff	Space & Playground Equipment	Daily	Attendance
Elementary Soccer & Basketball	Principals, Coaches	Space, Equipment, Volunteers	Fall & Spring	Informal Feedback
Jump Rope for Heart	PE Teachers	American Heart Association PE Teachers	Annual	Participation

3. **School Health Services Goal: Provide preventative services and education to prevent health problems and injuries and ensure care for students.**

Steps / Strategies	Who is Responsible	Resources Needed	Completion Date	Evaluation
Dental Screenings	Lead School Nurse	Friendly Dental Van State Hygienist - (K)	Annually	Participation
Vision Screenings Mass Vision Screenings 1, 3, 5; MTSS Process	Lead School Nurse	Mass Vision 1, 3, 5 Lion's Club Screenings	Annually	Participation
Physicals	Community Schools Athletic Directors	Sentara, Albemarle Regional Health Services, School Nurses	Annually August	Participation
Immunizations	Lead Nurse Community Schools	Albemarle Regional Health Services	Annually	Participation
Health Forms	School Nurses	Forms	September each year	Completed Forms

TeleHealth Clinic	Lead School Nurse	Sentara; PCHS	April 2026 - Launch	Informal Feedback
Nurse Bootcamp	Lead School Nurse & School Nurses	School Nurses Training Materials	Annually - All Staff Required	Attendance
Asthma Blitz	School Nurses, ECU	School Nurses; ECU	Annually	Participation

4. **School Nutrition Goal: Provide nutritious and appealing meals; nutrition education and an environment that promotes healthy eating.**

Steps / Strategies	Who is Responsible	Resources Needed	Completion Date	Evaluation
Farm to School	School Nutrition Director	Local Farmers NCDA	On-going	Report of food purchases; Informal Feedback
ECP Backpack Program for Kids	Outside Organization	Donations / Grant	On-going	Informal Feedback
Food Pantry (PWM, ECMS, NHS)	Community Schools	Donations	On-going 2026-27 Expand to District	Informal Feedback
Summer Meals	School Nutrition	Sites Library	Annually	Participation
Nutrition Education for PreK & Kitchen Garden	School Nutrition & PreK	Site Supplies	New Initiative for 2026	Informal Feedback

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5. **Safe & Healthy School Environment Goal: Provide a safe, healthy and supportive climate for learning.**

Steps / Strategies	Who is Responsible	Resources Needed	Completion Date	Evaluation
Teacher Working Conditions Survey	Human Resources	State issued every 2 years District issued during interim year	03/31/2026	State report District Report
ECPPS Policies should be up to date	Human Resources	Policy updates provided by NCSBA	On-going	Up to Date Policy Manual - Checklist
Tobacco & Vape Free Schools; Drug Free	Human Resources Lead Nurse Student Services	Roman Gabriel Training Red Ribbon Week Training by school nurses	On-going	Discipline reports
Safety Drills	Safety Team, Principals, Assistant Principals, SROs	Drill schedule Panic Button	Based on schedule	Reports submitted by schools/Debriefing
Right Response Training	Director of Exceptional Children	Trainers & materials	Annually	Attendance & CEUs
Say Something	District SS-ARS Team	Internet, phones	On-going	Cases

Anonymous Reporting System	School SS-ARS Team			
CPR Training	School Nurses	Materials	Annually	Attendance
Gaggle	Technology	N/A	On-going	Logs

6. **School Counseling, Psychology, and Social Services Goal: Provide a Comprehensive School Counseling/School Social Work Program based on District and Individual School Data**

Steps / Strategies	Who is Responsible	Resources Needed	Completion Date	Evaluation
Create a School Level Comprehensive School Counseling Program Document (outlining needs and services aligning with needs)	Student Services, Directors; School Counselors and School Improvement Teams	Meeting Time Data Framework for Review Components Needed in Plan	Draft Framework- May, 2026 Data Review, June School Level Plan document Due by October, annually	Meeting Agendas SIT Agendas Draft Plan Submitted to Director Posting on Website Updated Annually
Implementation and Promotion of MTSS Problem-Solving	Student Service Director MTSS Team Members School Social Worker	FAM-D and FAM-S Training on MTSS processes Intervention Training for Academic and Behavior Referral Process	Elementary- June, 2027 MS/HS- June, 2028	District MTSS Supports MTSS Process Documentation Reduction in Behavior Issues Increase in Academic Performance
Attendance Monitoring and Reporting	Student Services Director	Attendance Reports Referral Process	August (annually) Ongoing	Reduction in absences Reduction in referrals

	School Counselors School Social Workers	Training for Staff on Process and Required paperwork		Increase in student performance
Character Education, Drug Prevention and Suicide Prevention Activities	Student Services School Counselors School Social Workers	Character Education Materials from DPI Drug/Alcohol and Suicide Prevention Materials Calendar of Events	Annual Calendar of Events	Surveys and Reflections of student participants
Career Exploration and Development Plans	Student Services CTE Director; CDCs School Counselors	Career Development Materials from DPI NC Careers/ CFNC	Annual Calendar of Events	CDPs created for all 8th graders and reviewed at 10th grade by April

7. **School-Site Health Promotion for Staff Goal: Maintain and improve health and well-being of staff, who serve as role models to students.**

Steps / Strategies	Who is Responsible	Resources Needed	Completion Date	Evaluation
Healthy Living Challenge	Lead Nurse	N/A	Annually	Participation Informal Feedback
Ignite - Flu Shot Clinic & Other Screenings	Lead Nurse	Sentara Albemarle Regional Health Services	October	Participation
Employee Assistance Program (EAP)	Human Resources	EAP Services	On-going	Reports from EAP
List of Resources	Director of Student Services	Partnerships Resource List	Updates on-going	Informal Feedback

Know Your Numbers Health Fair	Community Schools	Materials, Partnerships	April 2026	Participation / Informal Feedback
Tele-Health Clinic	Lead Nurse	Space at PCHS Sentara	April 2026 Launch	Participation Logs Informal Feedback

8. Family & Community Involvement Goal: Foster partnerships among schools, families, and community groups.

Steps / Strategies	Who is Responsible	Resources Needed	Completion Date	Evaluation
Pasquotank Ministerial Council for Education (PMCE)	PMCE Representative	Community Members (churches/school staff)	On-going	Monthly Sign- In Sheets; Agendas; PMCE Minutes
ECP Backpack Program	ECP Backpack Board Various Churches & Organizations	Community Churches/ Organizations	On-going	ECP Backpack Participation Forms; Monthly Food Orders; Board Meeting Minutes
Holiday Assistance Program	School Social Worker School Counselors	Community Churches/ Organizations Individuals	Annually	School Holiday Lists; School Social Worker list; Communication

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				Correspondence
Parent Teacher Organization	PTA/PTO President; Principals District Level Council	Parents/ Guardians Add: District Level Support	On-going	Formal/ Informal Feedback
Band Boosters/ Athletic Booster	School Principals; Athletic Directors; Band Directors	Staff and Volunteers	On-going	Participation; Formal/ Informal Feedback
Title 1 Family Engagement Nights	Principals	Staff; Vendors	On-going	Attendance; Formal/ Informal Feedback
Community Schools	Community Schools Coordinators	Staff	On-going	Flyers Formal/ Informal Feedback