School Health Advisory Council (SHAC)

Annual Update 2025 - 2026

ELIZABETH CITY PASQUOTANK PUBLIC SCHOOLS

School Health Advisory Council (SHAC)

The purpose of SHAC: The School Health Advisory Council will help plan, update, implement, promote, and monitor ECPPS Policy Code 6140: Student Wellness as well as to address other health and nutrition issues within the school system.

Members Include: Representatives from the Board of Education, Principals Curriculum & Instruction, Exceptional Children, Student Services, School Nutrition, Human Resources, School Nurses, School Social Workers, School Counselors, Students, Parents, NC Cooperative Extension and Community Schools

ELIZABETH CITY
PASQUOTANK
PUBLIC SCHOOLS

SHAC Meetings

The council met on:

November 25, 2025

March 2, 2026

March 26, 2026

May 21, 2026

ELIZABETH CITY
PASQUOTANK
PUBLIC SCHOOLS

2025 - 2027 SHAC Goals and Strategies

2025 - 2027 SHAC Goals & Strategies

Comprised of Goals on the Following Areas:

- Comprehensive School Health
- Physical Education
- School Health Services
- Safe & Healthy School Environment
- School Counseling, Psychology and Social Services
- School Site Health Promotion for Staff
- Family & Community Involvement

ELIZABETH CITY
PASQUOTANK
PUBLIC SCHOOLS

Year in Review - Highlights

- Host for Special Olympics
- District Field Day
- Elementary Basketball & Soccer
- Bike to School Day (JCS)
- Jump Rope for Heart
- Various Health Screenings (Dental, Vision)
- Launch of Telehealth in partnership with Sentara
- Physical Clinic with Community Schools
- Flu Shot Clinic & Other Screenings for Staff
- Farm to School Program
- ECP Backpacks
- Community School Food Pantry
- Summer Feeding
- PMCE

ELIZABETH CITY
PASQUOTANK
PUBLIC SCHOOLS

New or Expanded Initiatives

- Expanded Elementary Athletics - Added Soccer
- Telehealth Clinic open for appointments on Northside Campus
- Expansion of Community Schools Food Pantry to District
- Nutrition Education for Pre-K and a Kitchen Garden
- Comprehensive School Counseling Program
- Renewed Focus on MTSS
- Know Your Numbers Health Fair - Community Schools

ELIZABETH CITY
PASQUOTANK
PUBLIC SCHOOLS

Triennial Assessment

Required for school districts that participate in the National School Lunch & Breakfast Programs

Comprehensive Assessment of our Local School Wellness Policy

Review was completed using Wellness School Assessment Tool (WellSAT) - Nationally recognized Instrument

Assess the policy and compares our written policy to practice

Triennial Assessment

ELIZABETH CITY PASQUOTANK PUBLIC SCHOOLS

Assessment Results

Overall strong policy and practice alignment and promote a healthy school environment

Area of Improvement for 2026-2027:

- Identify School Level Coordinators

ELIZABETH CITY PASQUOTANK PUBLIC SCHOOLS

Council Members - Thank You!

Pam Pureza, Board of Education

Midge Hudyma, School Social Worker

Sandy Young, Lead School Nurse

Pam Burnham, School Counselor

Renee Tamarelli, Director of Exceptional Children

Tammy Rinehart, Director of School Nutrition

Katina Jones-Waples, Executive Director of C&I
Carledia Brite, EC Coordinator
LaShekia Brothers, Principal
Sandy Kinzel, Director of Student Success
Simona White, Director of Student Services
Kanisha Mercer, School Social Worker
Chaiyanne Barrett, Student Board Member
Natalie Gallop, Student Board Member
Kathryn Hutto, Student Board Member
Patricia Crank, Parent Representative
Della Hicks, NC Cooperative Extension
Michael “Hipp” Barclift, Community Schools

ELIZABETH CITY
PASQUOTANK
PUBLIC SCHOOLS