

Triennial Assessment Template School Wellness Policy

Background Information

An assessment of your school wellness policy must be conducted a minimum of once every three years; however, Local Educational Agencies (LEAs) may assess their policy more frequently if they wish. The results of the assessment must be made available to the public.

Purpose

The template below is offered as a way to summarize the information gathered during your assessment. Members of a school wellness committee who are completing their triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including:

1. Compliance with the wellness policy
2. How the wellness policy compares to model wellness policies
3. Progress made in attaining the goals of the wellness policy

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.



For questions about this document or school wellness policy requirements, contact:
[**mde.fns@state.mn.us**](mailto:mde.fns@state.mn.us)

School Wellness Policy: Triennial Assessment Summary

Section 1: General Information

School(s) included in the assessment:	
Farmington Area Public Schools	
Month and year of current assessment:	Date of last school wellness policy revision:
June 2026	10/27/2025
Website address for the wellness policy and/or information on how the public can access a copy:	
https://www.farmington.k12.mn.us/departments-services/human-resources/staff-wellness	

Section 2: Wellness Committee Information

How many times per year does your school wellness committee meet?	6
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Designated School Wellness Leader

Name	Job Title	Email Address
Sarah Erickson	CE Enrichment Coordinator	serickson@farmington.k12.mn.us

School Wellness Committee Members

Name	Job Title	Email Address
Jess Ulrick	Director of Human Resources	julrick@farmington.k12.mn.us
Dan Miller	Director of Operations	dmiller@farmington.k12.mn.us
Mauri Deer	Learner Support Specialist	mdeer@farmington.k12.mn.us
Trish Schmaltz	Administrative Assistant	pschmaltz@farmington.k12.mn.us

Section 3. Comparison to Model School Wellness Policies

Complete the **WellSAT3.0 assessment tool** and keep a copy of the results on file for at least three full school years plus the current year, as it will be reviewed during the next administrative review of your school nutrition program.

Indicate model policy language used for comparison:

☐ Alliance for a Healthier Generation: Model Policy

☒ WellSAT 3.0 example policy language

☐ Other (please specify):

Describe how your wellness policy compares to model wellness policies.

The Farmington Area Public Schools Wellness Policy compares very well to the model wellness policies. A concerted effort was made by the Wellness Committee to update and align the district Wellness policy, with School Board approval in October 2025. The result was improvement in the total comprehensiveness as well as the total strength of the district wellness policy.

Section 4. Compliance with the Wellness Policy and Progress Toward Goals

At a minimum, school wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the tables below, indicate the language that is currently written in the school wellness policy in relation to each topic area. Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Finally, indicate the progress made for each goal and next steps that have been identified.

Nutrition Promotion and Education Goal(s)	Describe progress and next steps
Policy 533 III A	District 192 continued to promote students' health, well-being, and ability to learn by encouraging healthy eating. The District continues to support nutrition education through related Family and Consumer Science (FACS) courses at the secondary level. In addition to these elective classes, skills necessary to promote health are also incorporated in additional subjects such as math, science, language arts, and social sciences. The comprehensive approach to include multiple educational venues encourages students to make age appropriate, healthy selections of foods and beverages. Healthy choices will continue to be emphasized in the lunchroom as well as the classroom.
☒ Meeting Goal ☐ Partially Meeting Goal ☐ Not Meeting Goal	

Physical Activity Goal(s)	Describe progress and next steps
Policy 533 III B	District 192 continues to promote physical activity through classroom instruction as well as additional events, such as elementary fun runs, middle school bike club, and elective classes at the high school. There is also strong language regarding self-management skills needed to maintain a healthy lifestyle and reduce sedentary activities. While activities are taking place in the district there are areas of improvement that can be made in the policy. Primarily these improvements will be stronger language concerning the number of minutes of activity at each level. These additions will be considered during the next review of the Wellness Policy.
☒ Meeting Goal ☐ Partially Meeting Goal ☐ Not Meeting Goal	

School-based activities to promote student wellness goal(s)	Describe progress and next steps
Policy 533 II E, II F, IV C, IV D ISD 192 Food Procedure	District 192 continues to provide activities that promote healthy eating, personal wellness, and physical activity. Policy 533 requires items such as incorporating physical activity breaks, accommodating the religious, ethnic, and cultural diversity of students in meal planning, and fostering mental health through the incorporation of restorative practices into the classroom. The District 192 Food Procedure has had a great effect to limit the exposure of students to allergens. The food procedure requires classroom celebrations and activities only include non-food rewards for students. Moving forward, District 192 will continue to find new ways to engage students concerning the positive impact healthy eating and physical activity have on their ability to learn.
☒ Meeting Goal ☐ Partially Meeting Goal ☐ Not Meeting Goal	

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and smart snacks)	Describe progress and next steps
Policy 533 IV A, B, C, D, E	District 192 complies with all federal, state, and local laws and regulations governing foods and beverages available to students on campus. The district has established procedures to ensure that all food and beverage offerings align with current USDA nutrition guidelines, supported by ongoing professional development for Nutrition Services staff. All competitive foods sold to students, including items offered through vending, school stores, and childcare programs, meet USDA Smart Snacks in School standards. The district also promotes healthy classroom environments by encouraging snacks brought by parents to meet Smart Snacks nutrition guidelines. Moving Forward, ISD 192 will continue to promote healthy eating choices and follow USDA Smart Snacks Guidelines.
☒ Meeting Goal ☐ Partially Meeting Goal ☐ Not Meeting Goal	

Guidelines for other foods and beverages available on the school campus, but not sold	Describe progress and next steps
Policy 533 IV D	District 192 considers student wellness when foods and beverages are offered, but not sold, on school campus. The district supports healthy celebrations and classroom snacks by providing parents and teachers with ideas and suggestions that align with Smart Snacks nutrition standards, including non-food celebration options. Schools do not use food or beverages as rewards or punishment, except when permitted through an individual education plan or behavior intervention plan. The district also encourages healthy fundraising practices by sharing suggested wellness-focused fundraising ideas with parents and staff.
☒ Meeting Goal ☐ Partially Meeting Goal ☐ Not Meeting Goal	

Marketing and advertising of only foods and beverages that meet Smart Snacks	Describe progress and next steps
Policy 533 IV E	District 192 ensures that food and beverage marketing on school campuses supports nutrition education and healthy lifestyle choices. School-based marketing is limited to foods and beverages that meet USDA Smart Snacks nutrition standards, reinforcing the district's commitment to student wellness. District 192 will continue to only market Smart Snack approved items.
☒ Meeting Goal ☐ Partially Meeting Goal ☐ Not Meeting Goal	

Include any additional notes, if necessary:

Farmington Area Public Schools has continued it's work with Dakota County through the Statewide Health Improvement Partnership (SHIP) to build thriving communities by using community-driven solutions. Farmington Area Public Schools has made us of SHIP grants in the last three years through:

2025-2026

Restorative Circle Kits

Calm Kits

2024-2025

Restorative Practices - staff experiences

2023-2024

Restorative Practices - staff Circle Keeper training