

# 2026-2027 SWL High School Lunch MENU

## BREAKFAST MENU

### PRICES:

Lunch..... \$3.25  
Breakfast .....\$1.25  
Extra Milk.....\$ .50

|                 |                                                                                                        |                                                                                                                                      |                                                                                               |                                                                                                                                |                                                                                                  |
|-----------------|--------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| <b>Week # 1</b> | <b>Buffalo/Chicken Sandwich</b><br>Baked Beans<br>Chilled Pears<br>Celery Sticks                       | <b>BBQ Pulled Pork Sandwich</b><br>Corn<br>Grape Tomatoes<br>Fruit cup                                                               | <b>Delivery Pizza</b><br>Side Salad<br>Steamed Carrots<br>Mixed Fruit                         | <b>Hot Italian Sub or Meatball Sub</b><br>Garlic & Herb Broccoli<br>Pasta Salad w/Ham<br>Applesauce<br>Mini Rice Krispie Treat | <b>Boneless Chicken Wings</b><br>Mini Garlic Toast<br>Sweet Potato Fries<br>Cucumbers<br>Peaches |
| <b>Week # 2</b> | <b>Walking Taco</b><br>Refried Beans<br>Applesauce<br>Cucumbers                                        | <b>Pasta Day</b><br>Dinner Roll<br>Side Salad<br>Peas<br>Mixed Fruit                                                                 | <b>Delivery Pizza</b><br>Side Salad<br>California Veggies w/<br>Cheese Sauce<br>Chilled Pears | <b>Grilled Cheese &amp; Tomato Soup</b><br>Green Beans<br>Diced Peaches<br>Ice Cream Treat                                     | <b>Chicken Tenders</b><br>Garlic Knot<br>Curly Fries<br>Baby Carrots w/dip<br>Fruit Cup          |
| <b>Week # 3</b> | <b>Fiestada</b><br>Broccoli<br>Sweet Peppers<br>Mixed Fruit<br>Cookie                                  | <b>Bacon Cheeseburger</b><br>Waffle Fries<br>Baked Beans<br>Fresh Fruit                                                              | <b>Delivery Pizza</b><br>Side Salad<br>Steamed Carrots<br>Fruit Cup                           | <b>Breakfast for Lunch</b><br>Pancakes<br>Breakfast Sausage<br>Tater Tots<br>Grape Tomatoes<br>Orange Wedges                   | <b>Mashed Potato Bowl</b><br>Mini Corn Bread<br>Corn<br>Celery Sticks<br>Chilled Pears           |
| <b>Week # 4</b> | <b>Teriyaki Beef Dippers w/Rice</b><br>Carrots<br>Dinner Rolls<br>Green Beans<br>Pineapple Tidbits     | <b>Mac n Cheese Bites or Mac and Cheese</b><br>Garlic & Herb Broccoli<br>Grape Tomatoes<br>Mandarin Oranges<br>Chocolate Chip Cookie | <b>Delivery Pizza</b><br>Side Salad<br>California Veggies w/<br>Cheese Sauce<br>Fruit Cup     | <b>Dog Gone Day</b><br>Waffle Fries<br>Baked Beans<br>Warm Cinnamon Apples                                                     | <b>Chicken Parmesan Sandwich</b><br>Baby carrots<br>Corn<br>Applesauce                           |
| <b>Week # 5</b> | <b>Chicken and Biscuit Waffle</b><br>Sweet Potato Fries<br>Grape Tomatoes<br>Fruit choice<br>Side Kick | <b>Cheese Stuffed Breadsticks w/ Marinara</b><br>Celery Sticks<br>Green Beans<br>Fresh Fruit                                         | <b>Delivery Pizza</b><br>Side Salad<br>Peas<br>Fruit Cup                                      | <b>Chili</b><br>Mini Corn Bread<br>Side Salad<br>Diced Pears                                                                   | <b>Orange Chicken w/ Rice</b><br>Broccoli<br>Steamed Carrots<br>Mixed Fruit                      |

**MON:** French Toast, or Pancakes, or Waffles, or Sausage Pancake Wrap  
**TUES:** Cereal Assortment, or Breakfast Sandwich  
**WED:** Pop Tarts  
**THUR:** Pastry Assortment  
**FRI:** Muffins  
(Fruit, Juice, and Milk served daily with entrée)

### ALTERNATIVE ENTRÉE ITEMS

**MON:** Chicken Salad Croissant, Calzone, Smart Mouth Cheesy Bread  
**TUES:** Chicken Sandwich reg/spicy, Smart Mouth Pizza  
**WED:** Chicken Wrap, Soft Pretzels w/cheese sauce  
**THUR:** Yogurt Parfait, Quesadilla, Smart Mouth Pizza  
**FRI:** Banana Bread Yogurt Combo, Cheeseburger, Smart Mouth Pizza  
**DAILY:** PBJ Uncrustables, Salad Variety, Power Pack, Antipasto Box

### QUICK LINKS

Free & Reduced Applications  
<https://www.myschoolapps.com>  
On-Line Payments  
<https://myschoolbucks.com>  
Nutritional & Allergen Information  
<https://mealviewer.com>

Menu is subject to change due to inclement weather or product availability.

**This institution is an equal  
opportunity provider**

**Pasta Day:** Kitchen may serve either Baked Rotini or Ravioli or Chicken Alfredo, or Spaghetti.  
**Dog Gone Day:** Kitchen may serve either Corn Dogs or Mini Corn Dogs or Hot Dogs

| August |    |    |    |    | September |    |    |    |    | October |    |    |    |    | November |    |    |    |    | December |    |    |    |    |
|--------|----|----|----|----|-----------|----|----|----|----|---------|----|----|----|----|----------|----|----|----|----|----------|----|----|----|----|
| M      | T  | W  | T  | F  | M         | T  | W  | T  | F  | M       | T  | W  | T  | F  | M        | T  | W  | T  | F  | M        | T  | W  | T  | F  |
| 3      | 4  | 5  | 6  | 7  |           | 1  | 2  | 3  | 4  |         |    |    | 1  | 2  | 2        | 3  | 4  | 5  | 6  |          | 1  | 2  | 3  | 4  |
| 10     | 11 | 12 | 13 | 14 | 7         | 8  | 9  | 10 | 11 | 5       | 6  | 7  | 8  | 9  | 9        | 10 | 11 | 12 | 13 | 7        | 8  | 9  | 10 | 11 |
| 17     | 18 | 19 | 20 | 21 | 14        | 15 | 16 | 17 | 18 | 12      | 13 | 14 | 15 | 16 | 16       | 17 | 18 | 19 | 20 | 14       | 15 | 16 | 17 | 18 |
| 24     | 25 | 26 | 27 | 28 | 21        | 22 | 23 | 24 | 25 | 19      | 20 | 21 | 22 | 23 | 23       | 24 | 25 | 26 | 27 | 21       | 22 | 23 | 24 | 25 |
| 31     |    |    |    |    | 28        | 29 | 30 |    |    | 26      | 27 | 28 | 29 | 30 | 30       |    |    |    |    | 28       | 29 | 30 | 31 |    |