

TROUSDALE COUNTY HIGH SCHOOL

August 2026

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Wk 1,3,5</u> Sausage Biscuit or Muffin	<u>Wk 1,3,5</u> Pancakes or Muffin	<u>Wk 1,3,5</u> Chicken Biscuit or Muffin	<u>Wk 1,3,5</u> Omelet Biscuit or Muffin	<u>Wk 1,3,5</u> Donuts
<u>Wk 2,4</u> Sausage Biscuit or Muffin	<u>Wk 2,4</u> Waffle or Muffin	<u>Wk 2,4</u> Ham/Ch Croissant or Muffin	<u>Wk 2,4</u> Pancake Pup or Pizza or Muffin	<u>Wk 2,4</u> Breakfast Bun

No Personal Pan Pizza/Salad Served on Mondays!

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
July 27	July 28	July 29	July 30 Corndog Pops Corn-on-Cob Fries Mustard/Ketchup	July 31 Chicken Sandwich Chips Mustard/Ketchup/Mayo/LPTO Coleslaw Baked Beans
3 Chicken Tenders BBQ Riblet Turnip Greens Mashed Potatoes Roll	4 Popcorn Chicken Broccoli/Cheese Fries Biscuit	5 Quesadilla Refried Beans Salsa Cup Corn	6 Spaghetti CA Blend Veggies Cheesy Diced Potatoes Garlic Knot	7 BBQ Sandwich Fries Mustard/Ketchup/LPTO Carrot Sticks/Ranch
10 Chicken Nuggets Garlic Mashed Potatoes Green Peas Steamed Carrots Roll	11 Corndog Pops Corn Fries Mustard/Ketchup	12 Fish Wedge Fries White Beans Coleslaw Hushpuppies	13 Lasagna Steamed Broccoli Baked Potato Breadstick	14 Ham or Turkey Sandwich Chips Mustard/Mayo Cucumbers or Celery/Ranch V-Blend
17 Popcorn Chicken or Tenders Green Beans Sweet Potato Fries Macaroni/Cheese	18 Chicken Sandwich Coleslaw Baked Beans Chips Mustard/Ketchup/Mayo/LPTO	19 Beefy Tacos/Cheese Black Bean Salsa Corn Tortilla Scoops	20 Gen. Tso Chicken Fried Rice Egg Roll Oriental Veggies Fortune Cookie	21 Hamburger/Cheese Mustard/Ketchup/Mayo/LPTO Fries Cucumber Salad
24 Beef Steak/Gravy Country Fried Steak Mashed Potatoes Green Beans Roll	25 Chicken Leg Black-Eyed Peas or Lima Beans CA Blend Veggies Biscuit	26 Meatballs Broccoli Packs/Ranch Fries Roll	27 Chicken Alfredo Glazed Carrots Scalloped Potatoes Roll	28 Chicken Sandwich Chips Mustard/Ketchup/Mayo/LPTO Coleslaw Baked Beans

A variety of milk and fruit is served with breakfast and lunch daily.

Menus are subject to change due to supply chain issues. Check school cafeteria for updates.

This institution is an Equal Opportunity Provider.