

TROTWOOD-MADISON CITY
SCHOOLS
OUR VISION IS 100%
STUDENT SUCCESS!



MIDDLE SCHOOL & HIGH SCHOOL BREAKFAST MENU 2026-27

FUEL YOUR
DAY!



Trotwood-Madison Student Nutrition Services is proud to offer breakfast at no cost to ALL students.



Research has consistently shown that students who eat a balanced breakfast are more likely to do well in school and less likely to be affected by minor illnesses.

Students may select breakfast items totaling UP TO 5 POINTS.

Trotwood-Madison operates breakfast using the Offer vs. Serve method. Under this method students are offered a variety of items, **are required to select items totaling at least 3 points, and at least 1 of the items must be a fruit.**

**1
POINT**



MILK

8 oz. of 1% or fat-free white, chocolate, strawberry, or lactose-free white.

**1
POINT**

FRUIT



Students must select one fruit option, and may select a second.

Choices may include fresh, canned, or frozen fruits and 100% fruit juices.

**1 OR 2
POINTS**

ENTREE

Students may select entree items totaling up to 2 points.

Students are offered a variety of whole grain-rich items, proteins, and items that are a combination of whole grains and proteins. Options may include, but are not limited to:



Pastries such as Apple Frudels, Mini Cinnis, and French toast.



Bakery favorites such as muffins and breakfast breads.



Quick picks such as cereal bowls and breakfast bars.



Hot items such as sausage biscuits and breakfast pizza bagels.



Dairy items such as yogurt, cheese, and eggs.

QUESTIONS?

TMMS Kitchen Manager
Dannette Taylor-Addison
854-0017 ext. 3016

TMHS Kitchen Manager
Cynthia Harper
854-0878 ext. 2406

