

Back-to-School Shopping Tips

A Positive Parent & Student Guide to Dressing for Success & Confidence



Tops & Shirts

- ✓ **Broad Straps:** Select tops with at least 4" shoulder coverage.
- ✓ **Full Coverage:** Ensure cleavage, midriff, and back are comfortably covered.
- ✓ **Smart Layering:** Pair spaghetti straps with cardigans, sweaters, or jackets.
- ✓ **Positive Messages:** Choose graphics that promote kindness and school spirit.



Shorts & Skirts

- ✓ **Fingertip Length:** Length should reach at or past your fingertips when standing at rest.
- ✓ **Modest Slits:** Choose skirts/dresses without high slits above the knee.
- ✓ **Appropriate Styles:** Tailored shorts & dresses work great daily.
- ✓ **After-School Attire:** Save biker shorts & cutoffs for home or sports.



Jeans & Pants

- ✓ **Natural Waistline:** Wear bottoms at natural waist so undergarments remain covered.
- ✓ **Distressed Denim:** Holes below fingertip level are great! Add tights/leggings for higher holes.
- ✓ **Leggings Fit:** Pair leggings with tops extending over the hips.
- ✓ **Casual Comfort:** Save pajama bottoms for weekend relaxing.



Shoes & Accessories

- ✓ **Daily Footwear:** Shoes or sandals required daily; closed-toe recommended for labs/PE.
- ✓ **Headwear Policy:** Hats, hoods, and sweatbands should stay in lockers during school hours.
- ✓ **Spirit Days:** Look forward to themed dress-up days during special school events!



The Fingertip Check

Stand straight with arms relaxed at your sides. Shorts, skirts, and denim distressing should fall at or below fingertip level.



When in Doubt, Try It Out!

Try on outfits at home before removing tags! Neatness shows respect for yourself and our Hopewell-Loudon community.