

Gyeonggi Suwon International School Menu

<August>

Korean Menu				Thu(8.6)	Fri(8.7)
				Cheese Seasoning Chicken 2,4,5,12,13 & Yogurt Sauce 2 Ham & Kimchi Fried Rice 1,2,4,5,7,8,12,13 / Steamed Rice Udon Soup 2,4,5,7,12,13 Radish Pickle 7 Tropical Pudding 2 White Kimchi / Radish Kimchi	Chanko Nabe 2,4,5,8,12,13 Steamed Rice Chive Pancake 1,2,4,5,8,12,13 & Soy Sauce 4,5 Pickled Chili Pepper 17 White Kimchi / Kimchi 7,12
Inter-national Menu				Chow mein 2,4,5,7,8,12,13 Spring Roll 4,5 & Sweet Chili Sauce Chickpea Salad	Chicken Taco 1,2,4,5,12 * Sour Cream 2 * Tomato Salsa 10 Fried Potato 4,5 & Ketchup 10 Mexican Corn 4,5
Korean Menu	Mon(8.10)	Tue(8.11)	Wed(8.12)	Thu(8.13)	Fri(8.14)
	Spicy Noodle Soup 2,4,5,7,12,13,14,15 Steamed Rice Sweet & Sour Pork 1,2,4,5,8,10,12,13 Pickled Radish White Kimchi / Kimchi 7,12	Stir Fried Pork 2,4,5,8,12,13 (ES-w/ Soy Sauce) 2,4,5,8,12,13 Steamed Rice Mini Cold Noodle 2,4,5,12,13,15 Cucumber Salad 2,4,5,12,13 (ES-Cucumber Salad) 2,4,5,12,13 White Kimchi / Radish Kimchi 7	Chicken Mayo Rice 1,2,4,5,12,13 / Steamed Rice Stir Fried Spicy Rice Cake 2,4,5,12,13 (ES-w/ Soy Sauce) 2,4,5,12,13 Kelp & Radish Soup 2,4,5,12,13 Assorted Fried * Fried Seaweed Roll 4,5,13 * Fried Dumpling 2,4,5,8 Seasoned Radish 4,5 White Kimchi / Kimchi 7,12	Spicy Sundae Hot Pot 2,4,5,8,10,12,13,15 (ES-Sundae Soup) 2,4,5,8,10,12,13,15 Steamed Rice Meat Pancake 1,2,4,5,8,12 & Ketchup 10 Vegetables Stick & Ssamjang 2,4,5,12,13 White Kimchi / Radish Kimchi 7	Sweet Sour Chicken w/ Garlic Chip 1,2,4,5,10,12,13 Gimbap Fried Rice 1,2,4,5,8,12,13,18 Udon Soup 2,4,5,12,13 Seasoned Tofu & Green 2,4,5,12,13 Mung Bean Sprout 2,4,5,12,13 White Kimchi / Kimchi 7,12
Inter-national Menu	Grilled Pork 2,4,5,8,12,13 & Gravy Sauce 2,4,5,10,12,13,15,17 Grilled Vegetables 2,4,5,12,13 Caesar Salad 2,4,5,8,10,13 Cream of Broccoli Soup 2,4,5,12,13	Chicken Donburi 1,2,4,5,12,13 & Tartar Sauce 1,4,5 Steamed Rice Japanese Salad 1,4,5 Miso Soup 2,4,5,12,13	Pulled Pork Sandwich 1,2,4,5,8,10,12,13 Fried Potato 4,5 & Ketchup 10 Hand made Pickle Cream of Sweet Pumpkin 1,2,4,5,12,13	Spicy Seafood Pasta 2,4,5,7,12,13,14,15 (ES-Seafood Pasta) 2,4,5,7,12,13,14,15 Butter Roll 2,4,5 Mandarin Salad 17	Chashu Rice Bowl 1,2,4,5,8,12,13 / Steamed Rice Sweet Vinegar Ginger & Japanese Scallion 17

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<Food Allergy Notice> 1.Egg 2.Milk 3.Peanut 4.Soybean 5.Wheat 6.Mackerel 7.Shrimp 8.Pork 9.Peach 10.Tomato 11.Walnut 12.Chicken 13.Beef 14.Squid 15.Shellfish 16.Buckwheat 17.Sulfite 18.Crab 19.Mushroom 20.Apple

Gyeonggi Suwon International School Menu

<August>

	Mon(8.17)	Tue(8.18)	Wed(8.19)	Thu(8.20)	Fri(8.21)
Korean Menu	No School	Stir Fried Pork 2,4,5,8,12,13 (ES-w/ Soy Sauce) 2,4,5,8,12,13 Steamed Rice Soft Tofu Soup 2,4,5,12,13 Stir Fried Paprika & Mushroom 2,4,5,12,13 Sweet Potato & Apple Salad 1,4 White Kimchi / Radish Kimchi 7	Charcoal Frilled Squid Rice Bowl 2,4,5,12,13,14 (ES-w/ Soy Sauce) 2,4,5,12,13,14 / Steamed Rice Perilla Seed Soup 2,4,5,12,13 Egg & Glass Noodle Pancake 1,2,4,5,12,13 Stir Fried Broccoli 2,4,5,12,13 Macaroni Salad 1,4 White Kimchi / Kimchi 7,12	Stir Fried Chicken 2,4,5,12,13 (ES-Stir Fried Chicken) 2,4,5,12,13 Steamed Rice Bean Paste Soup 2,4,5,12,13 Stir Fried Mushroom 2,4,5,12,13 Pickled Perilla Leaves 4,5,7,17 (ES-Pickled Perilla Leaves) 4,5 White Kimchi / Radish Kimchi 7	Roasted Ribs 2,4,5,8,12,13 (ES-Stir Fried Pork) 2,4,5,8,12,13 Self Flying Fish Roe Riceball / Steamed Rice Bean Sprout Soup 2,4,5,12,13 Corn Cheese 2,4,5,12,13 White Kimchi / Kimchi 7,12
Inter-national Menu		Beef Rice Noodle 2,4,5,12,13 Samosa 4,5 & Sweet Chili Sauce Som Tam	Curry Oven Chicken 2,4,5,10,12,13,15 (ES-Curry Oven Chicken) 2,4,5,10,12,13,15 Steamed Rice Indian Salad	Hand made Burger 1,2,4,5,8,10,12,13 Fried Potato 4,5 & Ketchup 10 Hand made Pickle	<Trend Menu> Chicken Over Rice 1,2,4,5,12,13,15 & Tortilla Chip 4,5 Honey Butter Corn 2,4,5 Coleslaw 1,4 Lemon Ade
	Mon(8.24)	Tue(8.25)	Wed(8.26)	Thu(8.27)	Fri(8.28)
Korean Menu	Stir Fried Chicken w/ Cheese 2,4,5,12,13 (ES-w/ Soy Sauce) 2,4,5,12,13 Steamed Rice Seaweed Soup 2,4,5,12,13 Stir Fried Ham & Potato 2,4,5,8,12,13 Perilla Seed Noodle 2,4,5,12,13 White Kimchi / Kimchi 7,12	Grilled Mackerel 4,5 Steamed Rice Pork Kimchi Jjigae Hot Pot 2,4,5,8,12,13 (ES-Bean Paste Soup) 2,4,5,12,13 Grilled Laver & Soy Sauce 4,5 Seasoned Green 2,4,5,12,13 White Kimchi / Radish Kimchi 7	<Theme Menu> Beef Onigiri 2,4,5,12,13 / Steamed Rice Kimchi Cold Noodles 2,4,5,7,12,13,15 (ES-Cold Noodles) 2,4,5,12,13,15 Steamed Dumpling 1,2,4,5,8,12,13 & Soy Sauce 4,5 Seasoned Radish 4,5 Watermelon Salad White Kimchi / Kimchi 7,12	Stir Fried Pork w/ Kimchi Rice Bowl 2,4,5,7,8,12,13 (ES-w/ Soy Sauce) 2,4,5,8,12,13 / Steamed Rice Bean Paste Soup 2,4,5,12,13 Egg Rolls 1,4,5 & Ketchup 10 Stir Fried Pumpkin 2,4,5,12,13 White Kimchi / Radish Kimchi 7	Spicy Chicken Soup 2,4,5,12,13 (ES-Chicken Soup) 2,4,5,12,13 Multigrain Rice / Steamed Rice Kimchi Buckwheat Crepe 1,2,4,5,7,8,13,16 (ES-Buckwheat Crepe) 2,4,5,8,13,15,16 Stir Fried Fishcake 2,4,5,12,13 Dried Radish Salad 7 White Kimchi / Kimchi 7,12
Inter-national Menu	Pork Bourguignon 2,4,5,8,10,12,13,15,17 Steamed Rice Potato Puree 2,4,5,12,13 Carrot Salad 2,4,5,12,13	Cream Lemon Chicken 1,2,4,5,12,13 Steamed Rice Mixed Vegetables 2,4,5,12,13 Cucumber & Tomato Salad 10	Pork Cutlet 1,2,4,5,8 & Sauce 2,4,5,10,12,13,15,17 Steamed Rice Peas & Carrot 2,4,5 Cream Soup 2,4,5,12,13	Chicken Steak 2,4,5,12,13 & Sauce 2,4,5,10,12,13,15,17 Steamed Rice Dutch Salad 1,4,5,8,10,12,13 Cream of Broccoli Soup 2,4,5,12,13	Bulgogi Wrap 1,2,4,5,8,12,13 & Cheese Sauce 2,4,5 Fried Potato 4,5 & Ketchup 10 Mexico Salad 10

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<August>

Korean Menu	Mon(8.31)				
	Fried Pork w/ Rice Cake 1,2,4,5,8,10,12,13 Steamed Rice Kelp & Radish Soup 2,4,5,12,13 Broccoli Sesame Salad 1,4 Soft Tofu Soup 2,4,5,12,13 Three Color Pickle White Kimchi / Kimchi 7,12				
Inter-national Menu	Chicken Tikka Masala 2,4,5,10,12,13,15 Turmeric Rice / Steamed Rice Pitta Bread 4 Indian Salad				

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<Salad Bar>

	Mon	Tue	Wed	Thu	Fri
S a l a d	Lettuce & Romain lettuce & Red cabbage Broccoli Paprika Onion Vegetable Stick Black Olive Baked Beans 4 Oat Dried Cranberry Fruit Dressing 2,4,5	Lettuce & Kale & Red Beet Paprika Onion Vegetable Stick Sweet Corn Blue berry Tofu 4,5 Barley Dried Banana Chips Fruit Dressing 1,4,5	Lettuce & Spinach & Radicchio Broccoli Paprika Onion Vegetable Stick Couscous Chick peas 4 Oat Raisin Fruit Dressing 4,5	Lettuce & Blue Lettuce & Red cabbage Paprika Onion Vegetable Stick Green Olive Sweet Corn Rosted Mushrooms 4,5,19 Barley Dried Cranberry Fruit Dressing 1,4,5	Lettuce & Romain lettuce & Carrot Paprika Onion Vegetable Stick Kidney Beans 4 Egg 1 Oat Dried Banana Chips Fruit Dressing 2,4,5
S a n d w i c h	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice 20 Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Wheat Baguette 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Corn Bread 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5

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