

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990512	Blondie Apples	No Allergens Listed
990229	Apple & Yogurt Nachos - CACFP	Milk, No Allergens Listed
990715	Apple Cinnamon Muffin (Bakery)	Egg, Milk, No Allergens Listed, Wheat
990245	Apple Slices, Raw 1/4 cup	No Allergens Listed
990140	Apple Strudel Stick	Milk, Soy, Wheat
492	Apples	No Allergens Listed
990295	Applesauce Cup	No Allergens Listed
990212	APPLESAUCE, UNSWTND	No Allergens Listed
990066	APPLESAUCE, UNSWTND *RESIZED*	No Allergens Listed
990506	Asian Pears - Local	No Allergens Listed
70	Asian Vegetables	No Allergens Listed
990515	Autumn Crisp Apples	No Allergens Listed
990422	Avocado Spread	Milk, No Allergens Listed
491	Baby Carrots	No Allergens Listed
990035	Baby Carrots 1/2 cup	No Allergens Listed
990548	Baby Carrots with Tops	No Allergens Listed
990549	Baby White Turnip	No Allergens Listed
990691	Bagel	Wheat
990734	Bagel & Cream Cheese	Milk, Wheat
990099	Bagel, WG *RESIZED*	Wheat
1288	Bagels, Mini Cream Cheese	Milk, Wheat
213	Baked Beans HHFKA	No Allergens Listed
990428	Baked Mac & Cheese	Milk, No Allergens Listed, Wheat
990579	Banana Bread Brownies (ES)	Egg, Milk, No Allergens Listed, Wheat
990613	Banana Bread Brownies (FSHS)	Egg, Milk, No Allergens Listed, Wheat
990614	Banana Bread Brownies (LHS)	Egg, Milk, No Allergens Listed, Wheat
990637	Banana Bread Brownies (MS)	Egg, Milk, No Allergens Listed, Wheat
990596	Banana Bread Brownies (MS/HS)	Egg, Milk, No Allergens Listed, Wheat
990611	Banana Bread Brownies (New York)	Egg, Milk, No Allergens Listed, Wheat
990610	Banana Bread Brownies (SCHWGLR)	Egg, Milk, No Allergens Listed, Wheat
990612	Banana Bread Brownies (SF)	Egg, Milk, No Allergens Listed, Wheat
1281	Banana Bread, WG, Super Bakery	Egg, Milk, Soy, Wheat
990250	Banana Muffin (Bakery)	Egg, Milk, No Allergens Listed, Wheat

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990236	Banana, fresh 1/4 cup	No Allergens Listed
990208	Bananas	No Allergens Listed
990723	BBQ Chicken Bites w/ Cornbread	Egg, Milk, No Allergens Listed, Soy, Wheat
990713	BBQ or Buffalo Bites w/ Cornbread	Egg, Milk, No Allergens Listed, Soy, Wheat
990418	BBQ Ribette Sandwich	Milk, No Allergens Listed, Pork, Soy, Wheat
990381	BBQ Sauce	No Allergens Listed
990303	Bean & Cheese Burrito	Milk, Soy, Wheat
990742	Beans	No Allergens Listed
1069	BEANS GARBANZO	No Allergens Listed
990194	BEANS, GREAT NORTHERN, CANNED	No Allergens Listed
1059	BEANS,KIDNEY-NS	No Allergens Listed
990403	Beef & Broccoli w/ Fried Rice	No Allergens Listed, Sesame, Soy, Wheat
990439	Beef Burrito	Milk, Soy, Wheat
990655	Beef in a Blanket	Milk, No Allergens Listed, Soy, Wheat
990746	Beef in a Blanket (EC)	Milk, No Allergens Listed, Soy, Wheat
990302	Beef Pizza Pocket	Egg, Milk, Soy, Wheat
990308	Biscuit Baked WG	Milk, Wheat
799	Biscuits & Gravy	Egg, Milk, No Allergens Listed, Soy, Wheat
276	Black Bean and Corn Salsa	No Allergens Listed, Soy
990300	Black Bean Burger w/ WG Bun	Egg, Milk, Soy, Wheat
990679	Black Beans	No Allergens Listed
990355	Black Beans for SW Shaker	No Allergens Listed, Soy
990377	Blood Orange	No Allergens Listed
990550	Blueberries	No Allergens Listed
990421	Blueberry Bread	Egg, Milk, Soy, Wheat
990215	BLUEBERRY IQF	No Allergens Listed
990559	Blueberry Muffin (Bakery)	Egg, Milk, No Allergens Listed, Wheat
990594	Boneless Wings w/ 1 oz Roll (Bakery) EC	Egg, Milk, No Allergens Listed, Soy, Wheat
990468	Boneless Wings w/ 2 oz Roll (Bakery) ES	Egg, Milk, No Allergens Listed, Soy, Wheat
990588	Boneless Wings w/ Cinnamon Puff (Bakery) HS	Egg, Milk, No Allergens Listed, Soy, Wheat
990488	Boneless Wings w/ Roll 2 oz (Bakery) HS	Egg, Milk, No Allergens Listed, Soy, Wheat
990544	Bosc Pear	No Allergens Listed
1280	Bosco Stick WG (2) w/ sauce	Milk, No Allergens Listed, Wheat

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990366	Braeburn Apples	No Allergens Listed
990289	Breaded Beef Fingers w/ WG Biscuit	Milk, Soy, Wheat
990530	Breadstick 1 oz (EC)	Milk, No Allergens Listed, Soy, Wheat
990531	Breadstick 1 oz (NY)	Milk, No Allergens Listed, Soy, Wheat
990527	Breadstick 2 oz (ES)	Milk, No Allergens Listed, Soy, Wheat
990529	Breadstick 2 oz (HS)	Milk, No Allergens Listed, Soy, Wheat
990528	Breadstick 2 oz (MS)	Milk, No Allergens Listed, Soy, Wheat
990532	Breadstick 2 oz (SF)	Milk, No Allergens Listed, Soy, Wheat
990318	Breakfast Bowl w/ WG Tortilla	Egg, Milk, No Allergens Listed, Wheat
990685	Breakfast Grain, SFSP	Egg, Milk, Soy, Wheat
507	Breakfast Pizza - Turkey Sausage	Milk, Soy, Wheat
990659	Breakfast Round (ubr), chocolate chip	Egg, Milk, Soy, Wheat
990741	Breakfast Round (ubr), chocolate chip, VM	Egg, Milk, No Allergens Listed, Soy, Wheat
990495	Breakfast Sandwich IW (Grab & Go)	Egg, Milk, Soy, Wheat
990320	Breakfast Taco	Egg, Milk, No Allergens Listed, Wheat
990537	Broccoli	No Allergens Listed
990471	Broccoli & Cauliflower	No Allergens Listed
990344	Broccoli & Cauliflower	No Allergens Listed
990244	Broccoli & Celery 1/4 cup	No Allergens Listed
990096	Broccoli Florets	No Allergens Listed
990493	Brownie	Egg, No Allergens Listed, Soy, Wheat
990520	Brownie (ES)	Egg, No Allergens Listed, Soy, Wheat
990536	Brownie (FSHS)	Egg, No Allergens Listed, Soy, Wheat
990521	Brownie (LHS)	Egg, No Allergens Listed, Soy, Wheat
990522	Brownie (MS/HS)	Egg, No Allergens Listed, Soy, Wheat
990609	Brownie (New York)	Egg, No Allergens Listed, Soy, Wheat
990608	Brownie (SCHWGLR)	Egg, No Allergens Listed, Soy, Wheat
990523	Brownie (SF)	Egg, No Allergens Listed, Soy, Wheat
990722	Buffalo Bites w/ Cornbread	Egg, Milk, No Allergens Listed, Soy, Wheat
990726	Buffalo Chicken Salad - Only in HS Vending	Egg, Milk, No Allergens Listed, Wheat
990591	Buffalo Chicken Wrap	Egg, Milk, No Allergens Listed, Wheat
990737	Buffalo Chicken Wrap, VM	Egg, Milk, No Allergens Listed, Wheat
990486	Build Your Own Burrito Bowl	Milk, No Allergens Listed, Soy, Wheat

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990481	Build Your Own Pasta Bowl	Milk, No Allergens Listed, Soy, Wheat
990501	Build Your Own Ramen Bowl - Cold	No Allergens Listed, Soy
990484	Build Your Own Ramen Bowl - Hot	No Allergens Listed, Soy, Wheat
990577	Buttered Carrots	No Allergens Listed, Soy
990576	Buttered Corn	No Allergens Listed, Soy
990575	Buttered Peas	No Allergens Listed, Soy
137	California Blend Veggies	No Allergens Listed
990285	California Turkey Club Wrap	Egg, Milk, No Allergens Listed, Pork, Wheat
990348	California Vegetable Blend	No Allergens Listed
990368	Cameo Apples	No Allergens Listed
990657	Canned Vegetables (SFSP)	
990203	Cantaloupe, Fresh, Local	No Allergens Listed
990404	Caramel Mini Cinni Bar	Milk, Wheat
990442	Carrot	No Allergens Listed
990235	Carrots & Celery - 1/4 cup	No Allergens Listed
990343	Cauliflower	No Allergens Listed
990538	Cauliflower (Multi-color)	No Allergens Listed
990192	Cauliflower Florets	No Allergens Listed
990290	Cavatappi w/ Meat Sauce	No Allergens Listed, Soy, Wheat
990587	Cavatappi w/ Meatballs	Milk, No Allergens Listed, Soy, Wheat
990456	Celery	No Allergens Listed
990242	Celery 1/4 cup	No Allergens Listed
990733	Cereal & String Cheese	Milk, No Allergens Listed, Pork, Wheat
990732	Cereal & Yogurt	Milk, No Allergens Listed, Pork, Wheat
990408	Cereal Bar 1 oz	Soy, Wheat
1013	Cereal- Cheerios	No Allergens Listed
990661	CEREAL FRSTD MINI WHEAT BWLPK	Wheat
990129	Cereal, CACFP	No Allergens Listed, Wheat
990658	Cereal, Cocoa Puffs (Reduced Sugar) (1 oz)	Wheat
990660	Cereal, Honey Cheerios	No Allergens Listed
990664	Cereal, Lucky Charms (Reduced Sugar) 1 oz	Pork
1305	Cereal, Rice Chex	No Allergens Listed
990673	Cereal, Variety, 1 oz bowl	No Allergens Listed, Pork, Wheat

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990676	Cheese Calzone	Milk, No Allergens Listed, Soy, Wheat
990228	Cheese Cheddar Cubes	Milk
61	Cheese Pizza - CACFP/SFSP	Milk, Soy, Wheat
990445	Cheese Pizza WG - IW	Milk, Soy, Wheat
990447	Cheese Quesadilla - SFSP	Milk, Soy, Wheat
1266	Cheese, String Mozzarella	Milk
149	Cheeseburger	Milk, Soy, Wheat
990466	Cheesy Egg Scramble	Egg, Milk, Soy
990707	Cheesy Garlic Twists	Milk, Soy, Wheat
882	CHEEZ-IT WHOLE GRAIN CRACKER	Milk, Soy, Wheat
990677	Chef Salad - JDC	Milk, No Allergens Listed, Soy, Wheat
990142	Chef Salad Kit	Milk, No Allergens Listed, Pork, Soy, Wheat
990434	Cherry Strudel Bar	Milk, Soy, Wheat
990598	Chewy Chocolate Chip Cookie Bars - MS/HS	Egg, Milk, No Allergens Listed, Soy, Wheat
990581	Chewy Chocolate Chip Cookie Bars (ES)	Egg, Milk, No Allergens Listed, Soy, Wheat
990641	Chewy Chocolate Chip Cookie Bars (FSHS)	Egg, Milk, No Allergens Listed, Soy, Wheat
990642	Chewy Chocolate Chip Cookie Bars (LHS)	Egg, Milk, No Allergens Listed, Soy, Wheat
990643	Chewy Chocolate Chip Cookie Bars (MS)	Egg, Milk, No Allergens Listed, Soy, Wheat
990639	Chewy Chocolate Chip Cookie Bars (NY)	Egg, Milk, No Allergens Listed, Soy, Wheat
990638	Chewy Chocolate Chip Cookie Bars (SCHWGLR)	Egg, Milk, No Allergens Listed, Soy, Wheat
990640	Chewy Chocolate Chip Cookie Bars (SF)	Egg, Milk, No Allergens Listed, Soy, Wheat
1274	Chicken Alfredo Pasta	Milk, No Allergens Listed, Wheat
990724	Chicken Caesar Salad - Only in HS Vending	Milk, No Allergens Listed, Soy, Wheat
990283	Chicken Caesar Wrap	Fish, Milk, No Allergens Listed, Wheat
990736	Chicken Caesar Wrap, VM	Fish, Milk, No Allergens Listed, Wheat
990595	Chicken Fry Stick w/ Garlic Breadstick (Bakery) EC	Milk, No Allergens Listed, Soy, Wheat
990146	Chicken Fry Stix	Soy, Wheat
990702	Chicken Fry Stix w/ Garlic Parmesan Biscuit	Milk, Soy, Wheat
990293	Chicken Fry Stix w/ WG Biscuit	Milk, Soy, Wheat
900006	Chicken Gravy	Milk, No Allergens Listed, Wheat
1095	Chicken Nuggets - SFSP	Soy, Wheat
990470	Chicken Nuggets (ES)	Milk, Soy, Wheat
990686	Chicken Nuggets or Strips (SFSP)	Soy, Wheat

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990604	Chicken Nuggets w/ Banana Bread (Bakery) (MS/HS)	Egg, Milk, No Allergens Listed, Soy, Wheat
990478	Chicken Nuggets w/ Brownie (Bakery) (MS/HS)	Egg, Milk, No Allergens Listed, Soy, Wheat
990603	Chicken Nuggets w/ CC Cookie Bar (Bakery) (MS/HS)	Egg, Milk, No Allergens Listed, Soy, Wheat
990599	Chicken Nuggets w/ Cinnamon Roll (Bakery) (MS/HS)	Egg, Milk, No Allergens Listed, Soy, Wheat
990708	Chicken Nuggets w/ Garlic Parmesan Biscuit	Milk, Soy, Wheat
990602	Chicken Nuggets w/ Lemonade Bar (Bakery) (MS/HS)	Egg, Milk, No Allergens Listed, Soy, Wheat
990711	Chicken Nuggets w/ Pumpkin Bread (Bakery) (MS/HS)	Egg, Milk, No Allergens Listed, Soy, Wheat
990682	Chicken Nuggets w/ Roll (Bakery)	Milk, No Allergens Listed, Soy, Wheat
990296	Chicken Nuggets w/ WG Biscuit	Milk, Soy, Wheat
990582	Chicken Sauce	Egg, Fish, No Allergens Listed, Soy
990689	Chicken Sausage Patty	No Allergens Listed
990701	Chicken Tenders	Milk, Wheat
990440	Chicken Tenders - CACFP/SFSP	Soy, Wheat
990710	Chicken Tenders w/ Dinner Roll 2 oz (Bakery)	Milk, No Allergens Listed, Soy, Wheat
990155	Chicken, Boneless Wings	Egg, Milk, Soy, Wheat
1030	Chicken, Strip (WG), EC	Soy, Wheat
863	Chickenwich	Soy, Wheat
904	Chili Lime Corn	No Allergens Listed, Soy
990186	Chip, Sunchip, Harvest Cheddar	Milk, Wheat
1188	Chips and Salsa	No Allergens Listed
990148	Chocolate Chip Muffin (Bakery)	Egg, Milk, No Allergens Listed, Soy, Wheat
1277	Cinnamon Apples	Milk, No Allergens Listed, Soy
990716	Cinnamon Muffin (Bakery)	Egg, Milk, No Allergens Listed, Wheat
990563	Cinnamon Puff	Milk, No Allergens Listed, Soy, Wheat
990626	Cinnamon Puff (ES)	Milk, No Allergens Listed, Soy, Wheat
990629	Cinnamon Puff (HS)	Milk, No Allergens Listed, Soy, Wheat
990627	Cinnamon Puff (MS)	Milk, No Allergens Listed, Soy, Wheat
990630	Cinnamon Puff (New York)	Milk, No Allergens Listed, Soy, Wheat
990628	Cinnamon Puff (SCHWGLR)	Milk, No Allergens Listed, Soy, Wheat
990631	Cinnamon Puff (SF)	Milk, No Allergens Listed, Soy, Wheat
990552	Cinnamon Roll, WGR (Bakery)	Egg, Milk, No Allergens Listed, Soy, Wheat
990222	Cinnamon Sugar	No Allergens Listed
990743	Cinnamon Swirl Bar (ES)	Egg, Milk, No Allergens Listed, Soy, Wheat

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990744	Cinnamon Swirl Bar (MS/HS)	Egg, Milk, No Allergens Listed, Soy, Wheat
990745	Cinnamon Swirl Bar (SF)	Egg, Milk, No Allergens Listed, Soy, Wheat
990278	Coffee, Iced, HS only	Milk, No Allergens Listed
990282	Coffee, Iced, Sugar, HS only	Milk, No Allergens Listed
990156	Cookie, Chocolate Chip	Egg, Milk, Soy, Wheat
876	Corn	No Allergens Listed
990045	Corn *RESIZED*	No Allergens Listed
385	Corn Dog	Egg, Soy, Wheat
990255	Corn on the Cob	No Allergens Listed, Soy
990342	Country Breaded Beef Sticks	Soy, Wheat
990472	Country Breaded Beef Sticks w/ Roll 2 oz (Bakery)	Milk, No Allergens Listed, Soy, Wheat
990226	Cracker Ritz Original Bulk	Soy, Wheat
990183	Cracker, Graham, Tiger Bites	Soy, Wheat
990145	Crackers & Protein Box	Milk, No Allergens Listed, Pork, Soy, Wheat
525	Crackers, Fish Shaped(P1)	Milk, Wheat
990427	Cranberry Orange Muffin (Bakery)	Egg, Milk, No Allergens Listed, Wheat
322	Cream Cheese	Milk
1034	Crispito	Wheat
990136	Croissant w/ Ham & Cheese Sandwich	Milk, Pork, Soy, Wheat
990171	Croutons, Homemade	Milk, Wheat
990093	Cucumber	No Allergens Listed
990438	Cucumber, SFSP	No Allergens Listed
990237	CUCUMBER,RAW 1/4 cup	No Allergens Listed
990376	Daikon (White)	No Allergens Listed
990678	Diced Tomatoes	No Allergens Listed
990652	Dill Chicken Wrap	Egg, Fish, Milk, No Allergens Listed, Soy, Wheat
990695	Donut Holes	Egg, Milk, No Allergens Listed, Soy, Wheat
990729	Donut Holes & Sausage Links	Egg, Milk, No Allergens Listed, Soy, Wheat
990423	Donut WG, IW	Egg, Milk, Soy, Wheat
990714	Double Chocolate Muffin (Bakery)	Egg, Milk, No Allergens Listed, Soy, Wheat
990653	Dough, Whole Wheat (HKM Recipe 877)	Milk, No Allergens Listed, Soy, Wheat
753	Edamame	Soy
990409	Egg & Cheese Biscuit	Egg, Milk, Soy, Wheat

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990494	Egg & Cheese Breakfast Sandwich IW	Egg, Milk, Wheat
1171	Egg & Cheese Croissant	Egg, Milk, Soy, Wheat
990717	Egg Patty	Egg, Milk
990361	English Cucumbers	No Allergens Listed
990692	English Muffin	Soy, Wheat
990367	EverCrisp Apples	No Allergens Listed
990417	Fajita Vegetable Blend	No Allergens Listed
990606	FFVP only -- Grapefruit	No Allergens Listed
990547	FFVP Only -- Key Lime Fresh	No Allergens Listed
990386	Frank's Hot Sauce	No Allergens Listed
990319	French Toast Bake	Egg, Milk, No Allergens Listed, Soy, Wheat
990696	French Toast Bites	Egg, Milk, No Allergens Listed, Soy, Wheat
990731	French Toast Bites & Sausage Links	Egg, Milk, No Allergens Listed, Soy, Wheat
990150	French Toast Sticks w/ saucElem	Egg, Milk, No Allergens Listed, Soy, Wheat
990151	French Toast Sticks w/ saucMSHS	Egg, Milk, No Allergens Listed, Soy, Wheat
990347	French Toast Sticks w/ Chicken Sausage (CACFP)	Egg, Milk, No Allergens Listed, Soy, Wheat
959	French Toast Sticks w/ Sausage - SFSP	Egg, Milk, No Allergens Listed, Soy, Wheat
990448	French Toast Sticks w/ Veggie Sausage	Egg, Milk, Soy, Wheat
990137	French Toast, Mini Cinnamon Rush	Egg, Milk, Soy, Wheat
990508	Fresh Strawberries	No Allergens Listed
990294	Frozen Carrots	No Allergens Listed
990292	Frozen Green Beans	No Allergens Listed
990182	Fruit & Veggie Bar, Academy	Artificial Colors/Dyes, No Allergens Listed, Soy
1311	Fruit & Veggie Bar, MS/HS 2024	Artificial Colors/Dyes, No Allergens Listed, Soy
990379	Fruit Bar or Fruit Crunchable	No Allergens Listed
990246	fruit cocktail, in light-syrup 1/4 cup	Artificial Colors/Dyes
990210	fruit cocktail, in light-syrup canned	Artificial Colors/Dyes
990681	Fruit, 4 oz cup variety	No Allergens Listed
1304	Fruit, Canned Variety	Artificial Colors/Dyes, No Allergens Listed
990056	Fruit, Canned Variety 1/2 Cup	Artificial Colors/Dyes, No Allergens Listed
117	Fruit, Fresh Assorted	No Allergens Listed
990135	Fruit, PY26 Variety	Artificial Colors/Dyes, No Allergens Listed

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990369	Fuji Apples	No Allergens Listed
990287	Garlic Avocado Aioli	Egg, No Allergens Listed
990620	Garlic Breadstick 1 oz (EC)	Milk, No Allergens Listed, Soy, Wheat
990622	Garlic Breadstick 1.5 oz (ES)	Milk, No Allergens Listed, Soy, Wheat
990646	Garlic Breadstick 1.5 oz (MS)	Milk, No Allergens Listed, Soy, Wheat
990625	Garlic Breadstick 1.5 oz (New York)	Milk, No Allergens Listed, Soy, Wheat
990624	Garlic Breadstick 1.5 oz (SCHWGLR)	Milk, No Allergens Listed, Soy, Wheat
990623	Garlic Breadstick 1.5 oz (SF)	Milk, No Allergens Listed, Soy, Wheat
990621	Garlic Breadstick 2 oz (ES)	Milk, No Allergens Listed, Soy, Wheat
990644	Garlic Breadstick 2 oz (FSHS)	Milk, No Allergens Listed, Soy, Wheat
990619	Garlic Breadstick 2 oz (HS)	Milk, No Allergens Listed, Soy, Wheat
990645	Garlic Breadstick 2 oz (LHS)	Milk, No Allergens Listed, Soy, Wheat
990618	Garlic Breadstick 2 oz (MS)	Milk, No Allergens Listed, Soy, Wheat
990617	Garlic Breadstick 2 oz (New York)	Milk, No Allergens Listed, Soy, Wheat
990616	Garlic Breadstick 2 oz (SCHWGLR)	Milk, No Allergens Listed, Soy, Wheat
990615	Garlic Breadstick 2 oz (SF)	Milk, No Allergens Listed, Soy, Wheat
990700	Garlic Parmesan Biscuit	Milk, Soy, Wheat
990419	Goldfish & String Cheese	Milk, Wheat
990420	Goldfish Pretzels & String Cheese	Milk, Wheat
990479	Grab n' Go Salads - HS	Egg, Fish, Milk, No Allergens Listed, Pork, Soy, Wheat
990362	Granny Smith	No Allergens Listed
1306	Granola Bar, OatsnHoney 1.5oz	Soy
990541	Grape & Cherry Tomato Medley	No Allergens Listed
990467	Grape Jelly Crescent Roll	Milk, Wheat
990358	Grape Tomatoes	No Allergens Listed
990205	GRAPES,CONCORD,RAW	No Allergens Listed
990248	GRAPES,CONCORD,RAW 1/4 cup	No Allergens Listed
710	Gravy, Pepper Low Na+	Egg, Milk, No Allergens Listed, Soy, Wheat
875	Green beans	No Allergens Listed
990037	Green beans *RESIZED*	No Allergens Listed
990087	Green Bell Pepper	No Allergens Listed
990540	Green Grapes	No Allergens Listed
990357	Green Pepper, Fresh	No Allergens Listed

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
1276	Grilled Cheese on Pretzel Bun	Egg, Milk, Soy, Wheat
990567	Grilled Cheese Sandwich - ES	Milk, Soy, Wheat
565	Grilled Chicken Sandwich	Soy, Wheat
990161	Ham & Cheese Hoagie	Milk, Pork, Soy, Wheat
990276	Ham & Cheese on Hamburger Bun	Milk, Pork, Soy, Wheat
1048	Ham and Cheese Sandwich	Milk, Pork, Soy, Wheat
990273	Ham and Cheese Sandwich Recipes	Egg, Milk, Pork, Soy, Wheat
161	Hamburger	Soy, Wheat
990436	Hash Brown Patty	No Allergens Listed
990683	Heating instruction - Beef in a Blanket	Milk, No Allergens Listed, Soy, Wheat
990684	Heating Instructions - Calzones	Milk, No Allergens Listed, Soy, Wheat
990490	Hoagies	Milk, No Allergens Listed, Pork, Soy, Wheat
990558	Homemade Apple Cinnamon Scones	Egg, Milk, No Allergens Listed, Soy, Wheat
990669	Homemade Beefaroni	Egg, Milk, No Allergens Listed, Soy, Wheat
990502	Homemade Blueberry Scones	Egg, Milk, No Allergens Listed, Soy, Wheat
990557	Homemade Chocolate Chip Scones	Egg, Milk, No Allergens Listed, Soy, Wheat
990503	Homemade Cinnamon Scones	Egg, Milk, No Allergens Listed, Soy, Wheat
990560	Homemade Cranberry and White Chocolate Scones	Egg, Milk, No Allergens Listed, Soy, Wheat
990572	Homemade Cranberry Orange Scones	Egg, Milk, No Allergens Listed, Soy, Wheat
990492	Honey Graham Crackers	Soy, Wheat
990384	Honey Mustard	Egg
69	Hot Dog on WG Bun	No Allergens Listed, Soy, Wheat
1285	Hot Ham/Cheese-Pretzel Bun	Egg, Milk, Pork, Soy, Wheat
990584	Hot Turkey & Cheese on Pretzel Bun	Egg, Milk, No Allergens Listed, Soy, Wheat
990519	How to Bake Scones	Egg, Milk, No Allergens Listed, Soy, Wheat
990391	Hummus cup-Sabra brand	Soy
955	Hummus Plate - SFSP	Milk, Soy, Wheat
990299	Individual Cheese Pizza	Milk, Soy, Wheat
990556	Intern	Artificial Colors/Dyes, Egg, Fish, Milk, No Allergens Listed, Soy, Wheat
990688	Interview Recipe	No Allergens Listed, Wheat
990257	Italian Cavatappi Bake w/ Breadstick (Bakery)	Milk, No Allergens Listed, Soy, Wheat
990650	Italian Dunkers - EC	Milk, No Allergens Listed, Soy, Wheat
990649	Italian Dunkers - ES	Milk, No Allergens Listed, Soy, Wheat

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990607	Italian Dunkers - MS/HS	Milk, No Allergens Listed, Soy, Wheat
990153	Italian Vegetables	No Allergens Listed
990383	Jalapeno Ranch	Egg, Milk, Soy
990407	Jalapenos, sliced	
1109	Jelly, Assorted	
990191	Jicama, Fresh	No Allergens Listed
990514	Johnathan Apples	No Allergens Listed
364	Juice 4 oz Assorted	No Allergens Listed
990400	Juice 8 oz Assorted 204 (ASP only)	No Allergens Listed
990395	Juice apple 4 oz.	No Allergens Listed
990307	Juice Box Asst. SFSP	
990396	Juice Grape 4 Oz	No Allergens Listed
990200	Juice Orange 4 oz,	No Allergens Listed
810	Juice, Frozen Slushie Cup	Artificial Colors/Dyes
990198	Juice, Frozen Slushy Cup - Blue Rasp Lem	Artificial Colors/Dyes
990197	Juice, Frozen Slushy Cup - Kiwi Straw	Artificial Colors/Dyes
990380	Ketchup	No Allergens Listed
990509	Kiwi	No Allergens Listed
990370	Kohlrabi (Green)	No Allergens Listed
990513	Kumquats	No Allergens Listed
990597	Lemonade Bars - MS/HS	Egg, Milk, No Allergens Listed, Soy, Wheat
990578	Lemonade Bars (ES)	Egg, Milk, No Allergens Listed, Soy, Wheat
990647	Lemonade Bars (FSHS)	Egg, Milk, No Allergens Listed, Soy, Wheat
990636	Lemonade Bars (LHS)	Egg, Milk, No Allergens Listed, Soy, Wheat
990635	Lemonade Bars (MS)	Egg, Milk, No Allergens Listed, Soy, Wheat
990633	Lemonade Bars (New York)	Egg, Milk, No Allergens Listed, Soy, Wheat
990632	Lemonade Bars (SCHWGLR)	Egg, Milk, No Allergens Listed, Soy, Wheat
990634	Lemonade Bars (SF)	Egg, Milk, No Allergens Listed, Soy, Wheat
990188	LETTUCE FRESH ARCADN BLEND	No Allergens Listed
990363	LudaCrisp Apples	No Allergens Listed
990335	Mac & Cheese Bites	Milk, Wheat
990543	Mandarin -- FFVP/SFSP Box	No Allergens Listed
990209	MANDARIN ORANGES	No Allergens Listed

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990247	MANDARIN ORANGES 1/4	No Allergens Listed
990360	Mango	No Allergens Listed
990216	mango frozen chunks	No Allergens Listed
990241	mango frozen chunks 1/4	No Allergens Listed
990721	Marinara Sauce Cup	No Allergens Listed
409	Mashed Potatoes	Milk, No Allergens Listed
990389	Mayonnaise Lite, packet	Egg
266	Meatball Sub Sandwich	Milk, No Allergens Listed, Soy, Wheat
990425	Mediterranean Bistro Box (ES)	Milk, Soy, Wheat
990328	Mediterranean Bistro Box (MS/HS)	Milk, No Allergens Listed, Soy, Wheat
990510	Melon Cantaloupe	No Allergens Listed
990271	Mexican Seasoning	No Allergens Listed
990393	Milk 1% Lowfat	Milk
990394	Milk Choc 1%	Milk
990392	Milk, 1%, Strawberry 1/2 pint	Milk
81	Milk, Assorted	Milk, Soy
990435	Milk, Assorted - SFSP	Milk
1166	Mini Corn Dogs	Egg, Soy, Wheat
990694	Mini Donut	Egg, Milk, No Allergens Listed, Soy, Wheat
990730	Mini Donut & Sausage Links	Egg, Milk, No Allergens Listed, Soy, Wheat
990571	Mini Pancake, WG	Egg, Milk, Soy, Wheat
990457	Muffin & Yogurt - SFSP	Egg, Milk, No Allergens Listed, Soy, Wheat
189	Muffin, Blueberry, Ind. WG	Egg, Soy, Wheat
990665	Muffin, Trix	Egg, Milk, Wheat
1063	Mushroom, White fresh	No Allergens Listed
990388	Mustard, bulk	No Allergens Listed
990387	Mustard, packet	No Allergens Listed
990706	Old School Cheese Pizza	Milk, Soy, Wheat
990195	onion, red jumbo, fresh	No Allergens Listed
990196	Onion, Yellow Jumbo	No Allergens Listed
990477	Orange Chicken w/ Steamed Rice	Egg, No Allergens Listed, Soy, Wheat
990207	Orange Slices, Fresh - 1/4 cup	No Allergens Listed
990443	Orange, Fresh	No Allergens Listed

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990690	Pancake	Egg, Milk, Soy, Wheat
990727	Pancake & Egg Patty	Egg, Milk, Soy, Wheat
990350	Pancake Sausage Breakfast Bites	Egg, Milk, Soy, Wheat
483	Pancake Sausage Wrap	Egg, Milk, Soy, Wheat
990699	Parmesan Roasted Broccoli	Milk, No Allergens Listed, Soy
990190	pea, green frozen	No Allergens Listed
990239	pea, green frozen 1/4 cup	No Allergens Listed
990234	Peach, Sliced in Light-Syrup 1/4 cup	No Allergens Listed
990211	Peach, Sliced in Light-Syrup Canned Yellow	No Allergens Listed
990202	PEACHES, Local, Fresh	No Allergens Listed
990298	Peanut Butter & Jelly w/ String Cheese	Milk, Peanut, Wheat
990206	Pear	No Allergens Listed
990243	Pear sliced in juice 1/2 cup	No Allergens Listed
990345	Pear, sliced in juice	No Allergens Listed
381	Peas & Carrots	No Allergens Listed
990232	Peas & Carrots - 1/4 cup	No Allergens Listed
990671	Pepperoni Calzone	Milk, No Allergens Listed, Soy, Wheat
990398	PICKLE sliced dill hamburger krinkle cut	No Allergens Listed
990406	Pico de Gallo	
990213	PINEAPPLE TIDBIT in juice 1/2 cup	No Allergens Listed
990341	Pineapple Tidbits	No Allergens Listed
990518	Pineapple, Fresh	No Allergens Listed
990365	Pink Lady Apples	No Allergens Listed
990225	Pizza Bagel (Turkey Sausage)	Egg, Milk, Soy, Wheat
990426	Pizza Bistro Box (ES)	Milk, No Allergens Listed, Soy, Wheat
990330	Pizza Bistro Box (MS/HS)	Milk, No Allergens Listed, Soy, Wheat
990353	Pizza Hut Hand Tossed, Variety	Milk, Pork, Soy, Wheat
990352	Pizza Hut WG, Variety	Milk, Pork, Soy, Wheat
1172	Pizza Kit - SFSP	Milk, No Allergens Listed, Soy, Wheat
990399	Pizza, Sausage Homemade 16"	Milk, No Allergens Listed, Pork, Soy, Wheat
644	Pizza,3 Cheese HS Homemade 16"	Milk, No Allergens Listed, Wheat
893	Pizza,Buffalo Chicken HS 16"	Egg, Milk, No Allergens Listed, Wheat
638	Pizza,Cheese HS Homemade 16"	Milk, No Allergens Listed, Wheat

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
891	Pizza,Garlic Chicken-HS 16"	Milk, No Allergens Listed, Wheat
643	Pizza,Ham&CheeseHS Homemade 16	Milk, No Allergens Listed, Pork, Wheat
640	Pizza,Hawaiian HS Homemade 16"	Milk, No Allergens Listed, Pork, Wheat
642	Pizza,HS Homemade Assorted 16"	Milk, No Allergens Listed, Pork, Wheat
639	Pizza,Pepperoni HS Homemade 16	Milk, No Allergens Listed, Wheat
645	Pizza,SupremeHS Homemade 16"	Milk, No Allergens Listed, Pork, Wheat
641	Pizza,Veggie HS Homemade 16"	Milk, No Allergens Listed, Wheat
990511	Pomegranate Seeds	No Allergens Listed
990704	Popcorn Chicken w/ Dinner Roll	Milk, No Allergens Listed, Soy, Wheat
990709	Popcorn Chicken w/ Garlic Parmesan Biscuit	Milk, Soy, Wheat
990441	Potato	No Allergens Listed
1114	Potato Assorted	No Allergens Listed
990174	Potato, Crinkle Cut Fries	No Allergens Listed
990175	Potato, Hash Brown Rounds	No Allergens Listed
990176	Potato, Seasoned Spirals	No Allergens Listed
1300	Potato, Smiles 1/2 cup	No Allergens Listed
990240	Potato, Smiles 1/2 cup	No Allergens Listed
990138	Potato, Stuffed Hashbrown (Early Riser)	Egg, Milk, Wheat
1005	PreK Chicken Nuggets	Milk, Soy, Wheat
945	PreK Milk, Assorted	Milk
990483	Pretzel Dog, WG Beef	Wheat
1282	Pretzel, Soft, WG w/ Cheese	
990227	Pretzels	Milk, Wheat
990267	Pulled Pork Sandwich with Baked Beans	No Allergens Listed, Wheat
990551	Pumpkin Bar	Egg, No Allergens Listed, Wheat
990315	Pumpkin Bread	Egg, Milk, Soy, Wheat
720	Radish, fresh	No Allergens Listed
990516	Rainbow Carrots	No Allergens Listed
990735	Ranch Chicken Salad - Only in HS Vending	Egg, Milk, No Allergens Listed, Wheat
990284	Ranch Chicken Wrap	Egg, Milk, No Allergens Listed, Wheat
990738	Ranch Chicken Wrap, VM	Egg, Milk, No Allergens Listed, Wheat
990382	Ranch Dressing, Light	Egg, Milk
990546	Raspberries	No Allergens Listed

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990566	Ravioli w/ Garlic Breadstick (Bakery)	Egg, Milk, No Allergens Listed, Soy, Wheat
990663	Ravioli, Mini + Marinara Cup (SFSP)	Egg, Milk, No Allergens Listed, Wheat
990414	Red & Green Pepper Strips	No Allergens Listed
990545	Red Crimson Pear	No Allergens Listed
990539	Red Grapes	No Allergens Listed
990542	Red Pepper	No Allergens Listed
990256	Red Pepper, Fresh	No Allergens Listed
716	Red Pepper, Fresh 1/4 cup	No Allergens Listed
103	Refried Bean, Vegetarian (P2)	No Allergens Listed
990185	Rice	No Allergens Listed, Wheat
872	Roasted Broccoli	No Allergens Listed, Soy
990077	Roasted Broccoli *RESIZED*	No Allergens Listed, Soy
874	Roasted carrots	No Allergens Listed, Soy
990473	Roasted Cauliflower	No Allergens Listed, Soy
990534	Roll 1 oz (EC)	Milk, No Allergens Listed, Soy, Wheat
990524	Roll 2 oz (ES)	Milk, No Allergens Listed, Soy, Wheat
990526	Roll 2 oz (HS)	Milk, No Allergens Listed, Soy, Wheat
990535	Roll 2 oz (HS)	Milk, No Allergens Listed, Soy, Wheat
990525	Roll 2 oz (MS)	Milk, No Allergens Listed, Soy, Wheat
990533	Roll 2 oz (SF)	Milk, No Allergens Listed, Soy, Wheat
990455	Romaine Lettuce	No Allergens Listed
990375	Rutabaga	No Allergens Listed
990173	Salad Showcase - HS	Egg, Fish, Milk, No Allergens Listed, Pork, Sesame, Soy, Wheat
990172	Salad, Chef	Milk, No Allergens Listed, Pork, Soy, Wheat
990170	Salad, Chicken Caesar	Milk, No Allergens Listed, Soy, Wheat
990167	Salad, Cobb	Milk, No Allergens Listed, Pork, Soy, Wheat
990169	Salad, Southwest	Milk, No Allergens Listed
990561	Salsa	No Allergens Listed
990286	Sandwich Wrap Box	Artificial Colors/Dyes, Egg, Fish, Milk, No Allergens Listed, Pork, Wheat
990397	SAUCE TABASCO HOT	No Allergens Listed
990270	Sauce, Sweet Chili	No Allergens Listed, Soy, Wheat
662	Sausage Biscuit Sandwich (Chicken Sausage)	Milk, No Allergens Listed, Wheat

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990411	Sausage Croissant	Milk, No Allergens Listed, Soy, Wheat
990698	Sausage Links	No Allergens Listed
772	Savory Seasoning (Chef Rick's)	No Allergens Listed
990674	Scone, Variety	Egg, Milk, No Allergens Listed, Soy, Wheat
879	Seasoned Black Beans	No Allergens Listed
990505	Seedless Watermelon, Fresh	No Allergens Listed
990218	Smoothie, Berry Banana	Milk, No Allergens Listed
990217	Smoothie, Orange Dream	Milk, No Allergens Listed
990219	Smoothie, Tropical Escape	Milk, No Allergens Listed
990139	Snack Bar, Cinnamon Toast	Milk, Wheat
990372	Snacking Peppers	No Allergens Listed
990373	Snow Peas	No Allergens Listed
990274	Soft Tacos	Milk, No Allergens Listed, Wheat
990648	Sour Cream	Milk
990725	Southwest Chicken Salad - Only in HS Vending	Egg, Milk, No Allergens Listed, Soy
990651	Soy Milk - Chocolate	Soy
990429	Soy Milk - Plain	Soy
990430	Soy Milk - Vanilla	Soy
990144	Spaghetti w/ Meat Sauce	Egg, No Allergens Listed, Soy, Wheat
990703	Spicy Chicken - HS	Milk, Wheat
990262	Spicy Chicken Sandwich - MS	Soy, Wheat
990712	Spicy Popcorn Chicken w/ Garlic Parmesan Biscuit	Milk, Soy, Wheat
990187	spinach flat leaf	No Allergens Listed
990338	Steamed Carrots	No Allergens Listed
990258	Steamed Edamame	No Allergens Listed, Soy
990413	Steamed Peas	No Allergens Listed
990214	Strawberry frozen	No Allergens Listed
990238	Strawberry frozen 1/4 cup	No Allergens Listed
990580	Strawberry Oatmeal Bar - ES	
990555	Streusel	Milk, No Allergens Listed, Wheat
990454	String Cheese	Milk
990654	Stromboli Squares	Milk, No Allergens Listed, Soy, Wheat
990339	Sugar Snap Peas	No Allergens Listed

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990656	Summer Fruit Cans (15.25 oz)	
990364	SunCrisp Apples	No Allergens Listed
990554	Super Nacho 2025	Milk, No Allergens Listed
990223	Super Nachos - Vegetarian	Milk, No Allergens Listed
990354	SW Chicken Wrap, VM	Egg, Milk, No Allergens Listed, Soy, Wheat
990385	Syrup, Pancake	No Allergens Listed
990553	Taco Meat Mixture	No Allergens Listed
1157	Tater Tots	No Allergens Listed
990233	Tater Tots 1/4 cup	No Allergens Listed
990324	Teriyaki Beef w/ Fried Rice	Sesame, Soy, Wheat
990317	Three Cheese Egg Bites w/ Mini Bagel	Egg, Milk, No Allergens Listed, Soy, Wheat
990728	Toast & Cheesy Egg Scramble	Egg, Milk, Soy, Wheat
990675	Toast, White Whole Wheat	Milk, Soy, Wheat
990189	Tomatoes 5x6 Layer	No Allergens Listed
990103	Tomatoes, Cherry 1/2 cup	No Allergens Listed
990573	Turkey & Cheese Hoagie - ES	Milk, No Allergens Listed, Soy, Wheat
990221	Turkey & Cheese Hoagie - MS/HS	Milk, No Allergens Listed, Soy, Wheat
306	TURKEY & CHEESE SANDWICH	Milk, No Allergens Listed, Soy, Wheat
990280	Turkey and Cheese on Hamburger Bun	Milk, No Allergens Listed, Soy, Wheat
990279	Turkey and Cheese Sandwich Recipes	Egg, Milk, No Allergens Listed, Soy, Wheat
990593	Turkey Pepperoni Pizza - CACFP	Milk, Soy, Wheat
990437	Turkey Pepperoni Pizza Pocket	Egg, Milk, Soy, Wheat
990410	Turkey Sausage Breakfast Burrito	Egg, Milk, Soy, Wheat
990351	Turkey Sausage Breakfast Pizza WG IW	Milk, Soy, Wheat
990346	Uncrustable & String Cheese (CACFP)	Milk, Peanut, Wheat
990309	Un-Crustable & String Cheese (SFSP)	Milk, Peanut, Wheat
990312	Uncrustable (ES/MS Field Trips Only)	Peanut, Wheat
990504	Uncrustable Kit - Elem/MS	Milk, Peanut, Wheat
1269	Uncrustable Kit - HS	Milk, No Allergens Listed, Peanut, Wheat
990740	Uncrustable Kit - HS,VM	Milk, No Allergens Listed, Peanut, Soy, Wheat
990600	Uncrustable Pack	Milk, Peanut, Soy, Wheat
990672	Vegetables, Assorted (SFSP 26)	No Allergens Listed
990666	Veggie Chicken Nugget + Biscuit	Milk, Soy, Wheat

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

Lawrence Public Schools USD 497

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990687	Veggie Chicken Nuggets or Strips + Grain	Milk, Sesame, Soy, Wheat
990668	Veggie Chicken Patty on WG Bun	Soy, Wheat
990667	Veggie Chicken Tenders + Roll	Sesame, Soy, Wheat
990415	Veggie Wrap	Egg, Milk, No Allergens Listed, Soy, Wheat
990693	Waffle	Egg, Milk, Soy, Wheat
990662	Waffle, Froot Loop	Egg, Milk, Soy, Wheat
1287	Waffles, Mini, WG Ind	Egg, Milk, Soy, Wheat
990359	Watermelon Radish	No Allergens Listed
990204	Watermelon, raw	No Allergens Listed
990316	WG Donut Ring	Egg, Milk, No Allergens Listed, Soy, Wheat
990496	Whole Wheat Breadstick 51%, 1 oz	Milk, No Allergens Listed, Soy, Wheat
990670	Whole Wheat Garlic Breadstick 51%	Milk, No Allergens Listed, Soy, Wheat
990564	Whole Wheat Garlic Breadstick 51%, 1.5 oz	Milk, No Allergens Listed, Soy, Wheat
990497	Whole Wheat Garlic Breadstick 51%, 2 oz	Milk, No Allergens Listed, Soy, Wheat
990498	Whole Wheat Roll 51%, 1 oz	Milk, No Allergens Listed, Soy, Wheat
990499	Whole Wheat Roll 51%, 2 oz	Milk, No Allergens Listed, Soy, Wheat
990462	Wrap, Cheesy Chicken Fajita (hot wrap) - LHS menu	Milk, No Allergens Listed, Wheat
990374	Yellow Pepper	No Allergens Listed
990697	Yogurt	Milk
990465	Yogurt & Apple Cinnamon Muffins (Bakery)	Egg, Milk, No Allergens Listed, Wheat
990718	Yogurt & Banana Muffins (Bakery)	Egg, Milk, No Allergens Listed, Wheat
990569	Yogurt & Blueberry Muffins (Bakery)	Egg, Milk, No Allergens Listed, Wheat
990570	Yogurt & Chocolate Chip Muffins (Bakery)	Egg, Milk, No Allergens Listed, Soy, Wheat
990719	Yogurt & Cinnamon Muffins (Bakery)	Egg, Milk, No Allergens Listed, Wheat
990720	Yogurt & Double Chocolate Muffins (Bakery)	Egg, Milk, No Allergens Listed, Soy, Wheat
990147	Yogurt & Grahams Bundle	Milk, Soy, Wheat
990568	Yogurt & Orange Cranberry Muffins (Bakery)	Egg, Milk, No Allergens Listed, Wheat
990574	Yogurt Bistro Box	Egg, Milk, No Allergens Listed, Soy, Wheat
990705	Yogurt Bistro Box - HS	Egg, Milk, No Allergens Listed, Soy, Wheat
990739	Yogurt Bistro Box - HS, VM	Egg, Milk, No Allergens Listed, Soy, Wheat
1028	Yogurt Parfait	Milk, No Allergens Listed, Soy, Wheat

NOTICE: The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.