



What are the benefits of learning to swim?

- 1** Swimming is an excellent source of exercise. Swimming aids cardiovascular health, strengthens lung capacity, improves sleep and provides energy.
- 2** Swimming increases performance in the classroom. Children who swim regularly have seen improvements in memory, concentration, and confidence.
- 3** Most importantly, learning to swim can save a life. Hundreds of children lose their lives and families are destroyed every year. Learning to swim at a young age decreases the risk of drowning and can save a life.

\$326k

\$326k raised to
fund Scholarships
in 2023

1.5 mil.

1.5 million backyard pools
in the US in addition to
tens of thousands of
natural bodies of water

88%

Swim lessons reduce
the risk of drowning
by 88%

To learn more visit: everychildaswimmer.org



INTERNATIONAL
SWIMMING
HALL OF FAME
**EVERY CHILD
A SWIMMER**



WORKING TOGETHER TO MAKE CHILDREN SAFE SWIMMERS

WHY...

- Drowning is the #1 cause of unintentional deaths for children 1 to 4 years of age
- 54% of adult Americans can not swim well enough to save themselves in an emergency.
- CDC reports for every 1 fatality, 8 people are impacted by a non-fatal drowning.

THE IMPACT...

- The Every Child a Swimmer program provides swim lesson scholarships to low income families.
- Every child who receives a scholarship will acquire the skills to save themselves in an emergency.
- The Every Child a Swimmer legislation provides water safety education to families.

The Every Child a Swimmer program believes that by working together to improve water competency - which includes swimming skills, water safety knowledge and helping others, water activities can be safer and just as much fun.

TOGETHER, WE CAN MAKE A DIFFERENCE!

FOR MORE INFORMATION,
VISIT:
EVERYCHILDASWIMMER.ORG



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