



2026-2027

Student meals are served daily at no charge.

Adult Meal Price: \$2.90

Fruit options are offered daily. Students must select a fruit or juice at breakfast.

Hot and cold breakfast options are offered daily, along with fruit, fruit juice, and milk.

School breakfast gives students a healthy start to the day and supports academic achievement. All students are encouraged to take advantage of the school breakfast program!

Middle School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Biscuit & Gravy OR Grab and Go Breakfast Fruit / Fruit Juice Milk 3	Chicken Biscuit Hash Brown OR Grab and Go Breakfast Fruit / Fruit Juice Milk 4	Grits Bowl with Toast & Jelly OR Grab and Go Breakfast Fruit / Fruit Juice Milk 5	Sausage Biscuit Tator Tots OR Grab and Go Breakfast Fruit / Fruit Juice Milk 6	Waffle with Syrup Scrambled Eggs OR Grab and Go Breakfast Fruit / Fruit Juice Milk 7
Grilled Cheese Sandwich OR Grab and Go Breakfast Fruit / Fruit Juice Milk 10	Sausage Biscuit Hash Brown OR Grab and Go Breakfast Fruit / Fruit Juice Milk 11	Grits Bowl with Toast & Jelly OR Grab & Go Breakfast Fruit / Fruit Juice Milk 12	Pancake & Sausage Stick OR Grab and Go Breakfast Fruit / Fruit Juice Milk 13	French Toast Sticks Sausage Links OR Grab and Go Breakfast Fruit / Fruit Juice Milk 14
Biscuit & Gravy OR Grab and Go Breakfast Fruit / Fruit Juice Milk 17	Chicken Biscuit Hash Brown OR Grab and Go Breakfast Fruit / Fruit Juice Milk 18	Grits Bowl with Toast & Jelly OR Grab and Go Breakfast Fruit / Fruit Juice Milk 19	Sausage Biscuit Tator Tots OR Grab and Go Breakfast Fruit / Fruit Juice Milk 20	Waffle with Syrup Scrambled Eggs OR Grab and Go Breakfast Fruit / Fruit Juice Milk 21
Grilled Cheese Sandwich OR Grab and Go Breakfast Fruit / Fruit Juice Milk 24	Sausage Biscuit Hash Brown OR Grab and Go Breakfast Fruit / Fruit Juice Milk 25	Grits Bowl with Toast & Jelly OR Grab and Go Breakfast Fruit / Fruit Juice Milk 26	Pancake & Sausage Stick OR Grab and Go Breakfast Fruit / Fruit Juice Milk 27	French Toast Sticks Sausage Links OR Grab and Go Breakfast Fruit / Fruit Juice Milk 28
Biscuit & Gravy OR Grab and Go Breakfast Fruit / Fruit Juice Milk 31				

MENU IS SUBJECT TO CHANGE ~ Appling County School Nutrition



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