



# Body Awareness: Personal Space

Kindergarten  
Unit 1.1 - Neuroscience  
SEL Lesson 3



# Class Connect



# Review



**wellness**  
👏 well·ness 👏  
synonyms-  
health, wellbeing  
antonyms-  
sickness, weak, unhealthy

# Why is today's lesson important?

## Personal Space



### Connection

*"I can network with others through social awareness and cultural sensitivity."*



### Collaboration

*"I can work well with others in a team."*



## definition

- the area around a person
- the distance between two people that makes them feel comfortable and safe



## personal space

per·son·al · space

*synonyms-* distance,  
“bubble”

*antonym-*  
invasive



## examples

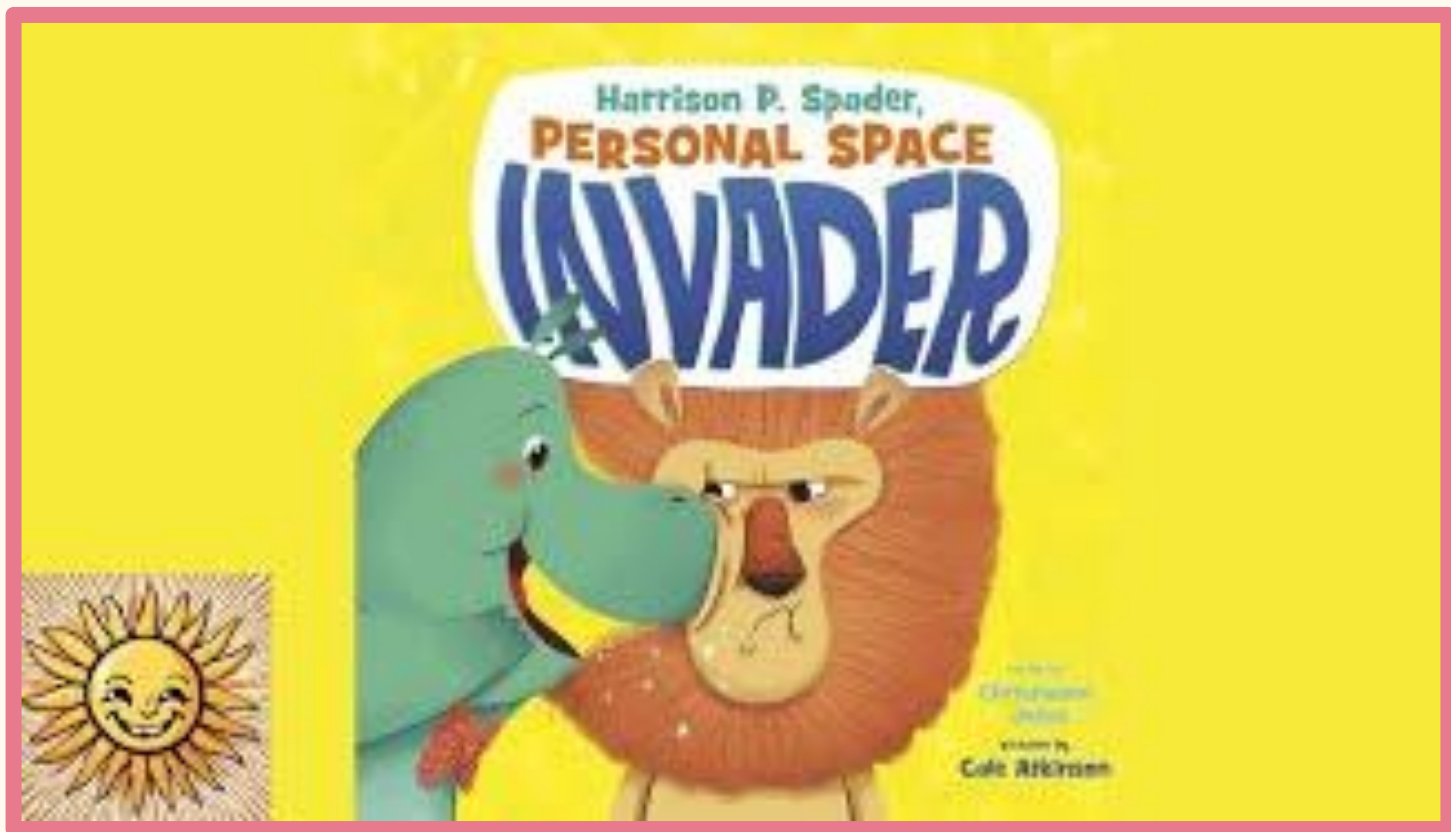
- standing an arm's length when talking to someone
- asking for a high five
- sitting with space between

## question

- Is there difference in okay **personal space** between family at home and people at school?  
Why or why not?

## non-examples

- hugging without asking first
- picking someone up
- jumping around/ dancing in line



# How was Harrison a **SPACE INVADER?**



high-fived too hard



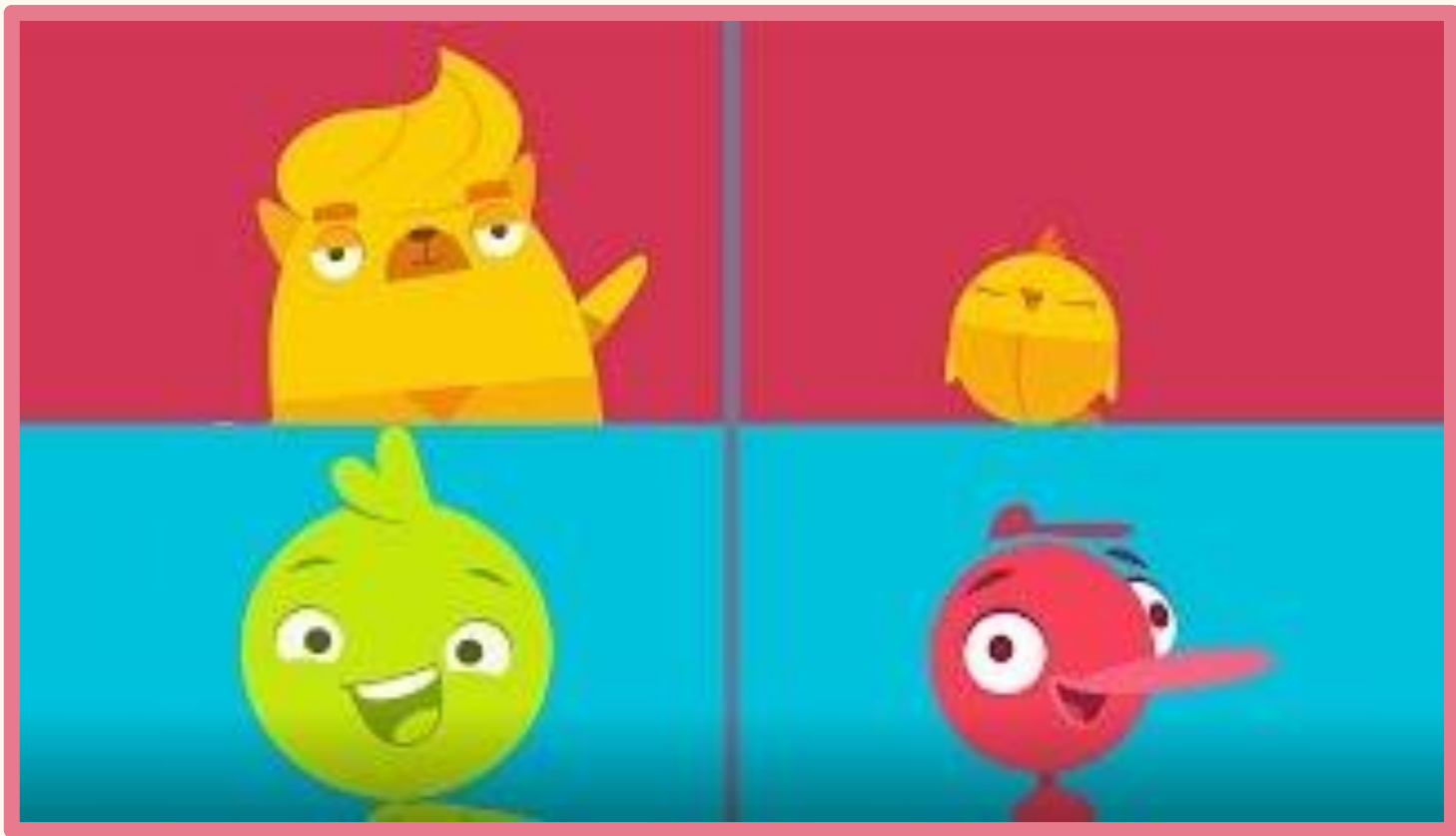
hugged too much



sat too close

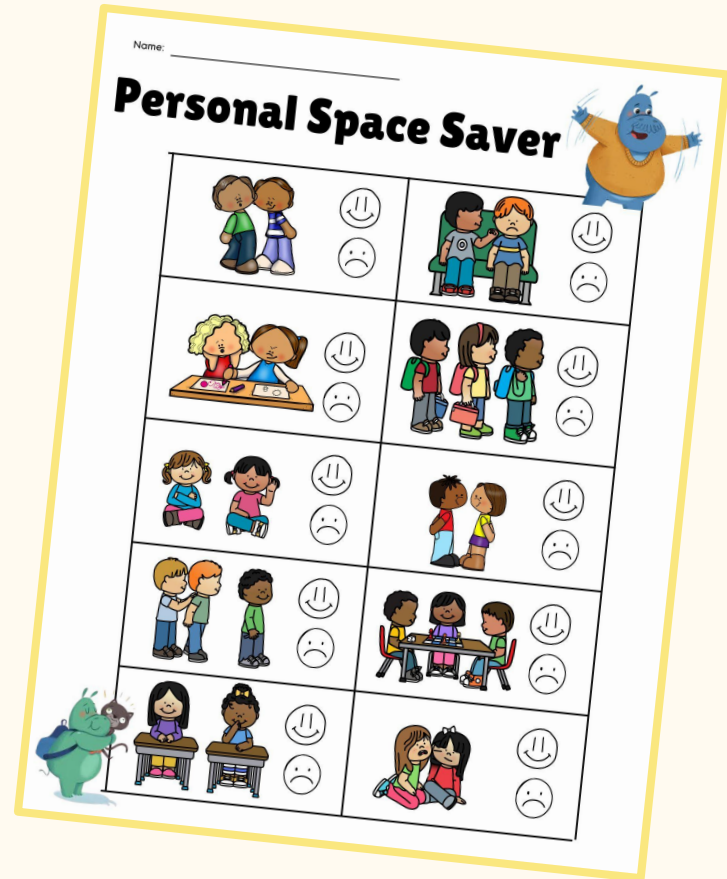
# Let's practice being **SPACE SAVERS!**





# Activity

## Space Invaders or Personal Space Savers?

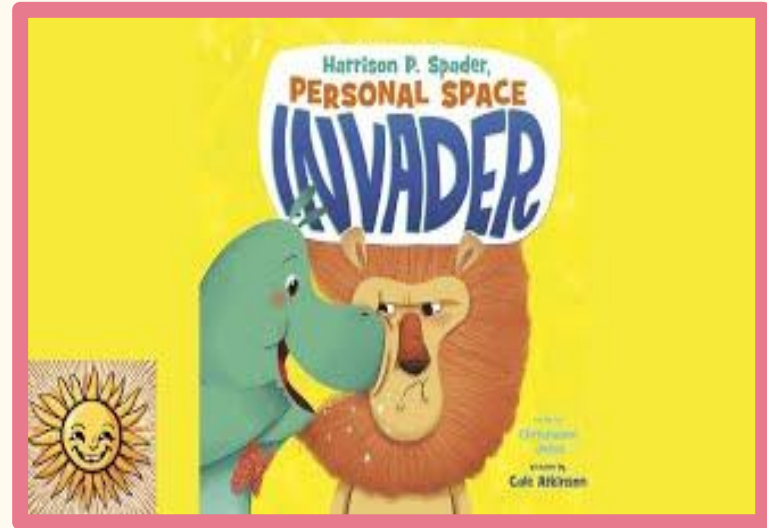


# Peace Out



# Guardian Extension

- Rewatch the story:  
[Harrison P. Spader, Personal Space Invader](#)
- Discussion Questions
  - *Why is personal space important?*
  - *What does personal space like in your home?*
  - *How can someone in your family share if they are uncomfortable with how close someone else is to them?*



# Teacher Extension



- *How can we practice personal space at school?*
- *How should it look in the classroom?*



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