Immaculata
CATHOLIC SCHOOL
WHERE FAITH AND KNOWLEDGE GROW

Athletic Handbook
2026-2027



athletics@icdurham.org

Dear Parents and Students:

In accordance with the standards of the Diocese of Raleigh, Immaculata Catholic School Athletic Department's mission is to further enhance the overall educational experience for its students by providing conference and non-conference sports. With the assistance of volunteers, coaches, and parents, the Immaculata sports program serves to promote physical fitness, socialization, teamwork, leadership skills, and good sportsmanship.

Immaculata participates in the Triangle Catholic Schools Athletic Conference (TCSAC), a conference comprised of area Catholic Schools, which plays under the North Carolina High School Athletic Association rules as amended by the By-Laws of the TCSAC. In addition to playing conference games, Immaculata teams may play other schools in the Durham area.

The athletic handbook was developed to guide student-athletes and their parents. Please read through its policies carefully and contact the athletic director should you have any questions. If a student chooses to play for a school sports team, both the student and the student's parents must follow the policies within this handbook.

The policies stated in the handbook are meant to be a guide to student activities and discipline. Since it is impossible to foresee all situations that may arise, such occurrences are covered in the spirit of the handbook even though they are not specifically stated.

Sincerely,

Patrick Kurz
Principal, Immaculata Catholic School

MISSION STATEMENT

Immaculata Catholic School empowers students with a faith-based education shaping curious thinkers, engaged citizens, and compassionate leaders. Embracing our diversity, students build a foundation of empathy, integrity, and academic excellence that prepares them for a life of service to the common good.

The athletic department at Immaculata Catholic School will provide each student-athlete with the opportunity to practice and participate in a safe environment that encourages self-discipline, demands individual responsibility, builds confidence, strengthens friendships and school spirit, and where learning is the primary goal.

Athletics is one of the many activities offered with the intention of educating the whole child. After participating in an ICS athletics program, students should have an improved knowledge of the game, an improved skill set, be able to function on a team, and want to play again.

IMMACULATA WAY OF LIFE

Character development, faith formation and academic excellence are inseparable at Immaculata Catholic School. Every moment presents teaching and learning opportunities. In our daily lives together, we live according to the principles reflecting our faith. These principles governing our community and promoting our way of life include:

Respect God, Self and Others.
Recognize that every person has worth and act accordingly.
Treat all people with dignity.

Be a person of integrity.
Always tell the truth and be responsible for your thoughts and actions.

Live a life of service.
Ask, “What can I do for others?” Strive to use your talents and gifts to make the world better for everyone.

Produce exemplary work.
Show that you care for God, yourself and others by consistently doing your best.

ATHLETICS PRAYER

GOD, OUR FATHER,

Help us to put forth our best effort,
Represent our school with class,
Respect our opponents, coaches, and officials
Play in a way that fosters goodwill and teamwork

Keep us safe from injury and harm

Bless our parents, coaches, and officials who give their time and talents
To make us better athletes.

We ask this through Christ, our Lord.

Amen.

SPORTS OFFERED FOR GRADES 6, 7, 8

Fall	**Winter**	**Spring**
Boys Soccer	Boys Varsity and JV Basketball	Girls Soccer
Girls Volleyball	Girls Varsity and JV Basketball	Baseball
Boys and Girls Cross Country	Varsity Cheerleading	

SPORTS OFFERED FOR 5th GRADE

TCSAC conference rules allow 5th grade students to participate in athletics if the school is unable to field a team completely with middle school students.

MEMBERSHIP

Students enrolled in grades 6, 7 and 8 at Immaculata are eligible to participate in ICS Athletics. Student-athletes interested in trying out for a team must meet the following criteria:

- Athletes:
    - Must have a current Athletic Health Form on file with the school before tryouts begin in order to participate. The physical must be dated within the past 13 months and include the completed concussion protocol form.
    - Attend interest meeting(s) given before tryouts, when applicable.
    - Meet and maintain academic and behavior guidelines described in Athletic Handbook and Middle School discipline plan.
- The student-athlete and parent/guardian must read the Immaculata Athletic Handbook and sign the Athletic Contract (included at the end of this handbook).

NON-DISCRIMINATORY POLICY

As a Catholic school in the Diocese of Raleigh, Immaculata Catholic School has a racially non-discriminatory policy for all students and admits students of any race, color and national and ethnic origin to the rights, privileges, programs and activities generally accorded or made available to students.

Our school does not discriminate on the basis of race, color and national and ethnic origin in administration of our educational policies, admission policies, scholarship and loan programs, athletics and other school-administered programs.

OFFICE OF EDUCATION

Marcelo Eureste
Superintendent of Schools
Catholic Diocese of Raleigh

ELIGIBILITY

Triangle Catholic School Athletic Conference (TCSAC) Bylaws article 4, section 1:

No student may be eligible to participate on a Catholic School Team once he/she has completed 6 consecutive academic semesters beginning with the student's first entry into 6th grade. A student who repeats 8th grade is not eligible to participate in any sports, regardless of when or where he was enrolled.

REGISTRATION/TRYOUTS

Tryouts/workouts will be announced in the school newsletter, the school's website, and through the ICS Athletics website (https://sites.google.com/immaculataschool.org/eagle-athletics/home). Immaculata requires all students participating in athletics to have a current physical **(within the previous 13 months)** on file and approved by the ICS Athletic staff before the first day of tryouts. Under no circumstances shall a student try out for a team without a current physical on file. When a student-athlete physical nears expiration, parents will receive a notification from the Athletic Staff to renew. It is the student athlete's responsibility to verify with the athletic director if they have a current athletic health form on file for tryouts.

All teams will hold tryouts/workouts the week prior to the official practice start date. Each season (Fall, Winter, Spring) the conference has an official practice start date; **any student who does not attend tryout/workout week may not join the team at a later date**. For example, tryout/workout week is August 13rd-15th and official practice week begins August 18th. Individual tryouts/workouts will not be given once tryout/workout week has begun.

If an athlete is absent or unable to attend tryouts/workout dates, they must contact the athletic director before tryouts/workouts begin. It is up to the discretion of the individual coach(es) whether or not they will hold a private tryout for any athlete who cannot attend regularly scheduled tryouts.

TRANSFER STUDENTS

Transfer students will be granted a tryout for a team if there is more than half of the games remaining in that sports season. Transfer students are guaranteed the same tryout duration as other athletes, though they are not guaranteed placement on the team.

FEES

- All sports offered through ICS Athletics have a participation fee, which varies by sport, and will be charged to parents' FACTS account, unless otherwise notified by the parent.

  - Boys Soccer $190
  - Volleyball $185
  - CrossCountry $110
  - Basketball $210
  - Cheer $110
  - Girls Soccer $190
  - Baseball $295

Fees will be posted within two weeks of team announcements. These fees help cover most, if not all, operating costs associated with each sport. Please note that certain uniforms and equipment may not be included and must be purchased separately.

FACILITIES

Equipment Room/Office

For safety reasons, no student-athlete is permitted inside the equipment room/office unless they are accompanied by a school administrator, coach, or athletic director.

Emily Krzyzewski Center

Volleyball matches, basketball games, and other athletic events will be held at Emily Krzyzewski Center.

General Rules for Emily K Center:

No food or drinks other than water are allowed in the gym. Athletic shoes only on the court, no street shoes allowed on the court. Spectators are to sit on the bleachers on the school side. Children should be supervised by parents at all times when in the gym. Immaculata parents, friends and fans please enter the building through the school side entrance on Burch Avenue.

OUTSIDE RENTAL FACILITIES

For sports which require use of a field, ICS secures outside facilities for practices and games. Facilities are rented by the Immaculata Athletic Department, which pays the hourly fee for use. Players, parents, coaches, and any other member of the Immaculata community at all times must represent the school according to the school's code of conduct in addition to any rules/regulations posted by the facility that ICS is renting. Any person not acting in accordance with the code of conduct can be barred from sporting event functions.

Additionally, students who do not act in accordance with the code of conduct can face possible disciplinary actions which could include detention, suspension or expulsion from school at the discretion of the principal.

EQUIPMENT

ICS Athletics will provide most of the necessary equipment for sports teams. However, several sports require additional equipment that must be purchased by each participant. Extra equipment costs are not included in the participation fee.

Storage of team equipment will be in the equipment room or PE office unless otherwise notified by the coach or Athletic Director. No children are allowed in the equipment room or PE office without approval from the Athletic Director or coach. This includes entry into these areas to get basketballs, volleyballs, etc. for practice. The coach or Athletic Director will make sure that each team has proper equipment for its sport. In order to keep the equipment on hand in good condition, as well as keep all students safe, only select individuals will be given access to these areas.

UNIFORM POLICY

Athletic uniforms are the property of ICS unless otherwise noted by the athletic director. The student-athlete is responsible for any uniform that is checked out to him/her at the beginning of the season. Any damaged or lost uniform will be charged back to the student-athlete at current market price. Student-athletes will not be given uniforms for the next season until they either return the previous season's uniform or pay for lost or damaged uniforms.

Uniforms **must** be returned to either the coach or athletic director within (7) days of the last game. Progress reports and/or report cards may be withheld until the uniform is returned. If a uniform is not returned, parents are responsible for the cost of replacing the item.

Uniforms will only be worn at the event in which the student-athlete is participating, and it is not to be worn by anyone other than the student-athlete who checked it out. Student-athletes will wear their uniforms during games with the shirts tucked in unless otherwise instructed by the coach. The coach must approve any additional cosmetic articles of clothing (sweatbands, headbands, etc.)

AFTER SCHOOL CARE POLICY

When practice/games are not at ICS, coaches will wait with the athlete until they are picked up by a parent or guardian.

There must be an adult-to-adult handoff when dropping or picking up students from all events, practices, and games.

Parents, if you know you are running late please notify coaches and be respectful that they are giving of their time if you are running late.

The Eagles Nest (after-school program) runs daily from 3:30-5:30 p.m. and students may utilize the program for after-school needs during the seasons. You may register your student for either part-time or full-time. For example, if a student has practice at 5:00 p.m. a coach will sign out the students and walk them over to practice.

If you have a practice that ends prior to the after-school program ending (5:30 p.m.) and you are unable to pick up your child at the practice end time, your student will be signed into the after-school program and must be picked up by 5:30 p.m.

Parents you may not drop off your students to play with other students on the playground. The playground and outside areas are incorporated into the After School Program and any student not in the After School Program left unsupervised will be signed in to aftercare and charged the part-time fee.

For safety issues, coaches are not permitted to transport players to practices or games, except in school vans. Parents are encouraged to contact other parents on the team to carpool children to games/practices. The athletic director will handle the reservation of the school vans and will communicate when they will be available for use.

PLAYER EXPECTATIONS

The Immaculata community takes great pride in our athletes and teams. It is our expectation that our students consistently uphold the Immaculata Way of Life by adhering to our R.I.S.E. standards, which encompass displaying respect, playing with integrity, embracing a life of service, and demonstrating exemplary effort.

Players are held accountable to the middle school discipline plan, to the team and/or administrative consequences, and to academic requirements. Failure to meet these requirements could result in suspension or dismissal from the athletic program at the discretion of the school Administration.

Participating on a sports team is a carry-over of the “academic day.” This means that all practices and games should be treated as an academic day, and players will be held to the same standards set forth in the Student School Handbook.

Athletes are **NOT** to have cell phones out/visible or utilized at any point, until the completion of the athletic event (practice/game) with the coach's permission and used only to contact parents (if needed). This includes but is not limited to; downtime before practice begins, locker rooms, restrooms, carpool vehicles, and school van usage.

ACADEMIC/BEHAVIOR REQUIREMENTS

Students are required to uphold academic performance levels that are consistent with their potential and God-given abilities.

Every student must maintain a minimum "C grade point average" in EVERY subject to be ELIGBLE to participate. Fall Season, grades will be checked every two weeks after the season has begun. Winter Season, grades will be checked Friday prior to tryouts starting to determine eligibility and monitored every two weeks after the season has begun. Spring Season, grades will be checked Friday prior to tryouts starting to determine eligibility and monitored every two weeks after the season has begun.

We acknowledge that certain students encounter unique challenges. However, it is the goal of Immaculata Catholic School, including the ICS Athletic Department, to help each student succeed academically and spiritually first and foremost. For this reason, students who fail to meet the academic requirements will be placed on two weeks of academic probation. Student grades will be checked regularly by the Dean of Students, to ensure they meet academic requirements.

Additionally, students who receive an incomplete in any subject will be placed on probation. Participation in extracurricular activities is not permitted for students who are suspended from school. The athletic director will meet with the coach and the school administration to discuss if further action is needed.

ACADEMIC PROBATION PROCEDURE

Parents will be notified via e-mail, that their student has been placed on academic probation. The student will be given a contract to sign that states they understand the goals they must achieve and the consequences of not reaching said goals. During the two-week period, a student is still considered a full, participating member of the athletic team, but time should be spent wisely on improving one's grades. Student-athletes are encouraged to seek extra help from those teachers in courses where he/she is struggling either before or after school. Immaculata School faculty and staff are always willing to assist students in their academic studies and personal growth as young adults.

At the end of the two-week period, the Dean of Students will meet again to determine whether the student achieved the goals set forth at the beginning of the probation period. The administration will determine final eligibility based on the results from the probationary process. After the two-week period, if students' grades have not shown improvement, they will only be permitted to participate in practice sessions. At the conclusion of the four-week period, if a student's grades have not improved or have fallen below the current probationary grade, they will not be allowed to participate in practice sessions but will still be welcome to attend and observe games with their teammates. This policy is to ensure that academic performance is not negatively affected by the time constraints of participation in the athletic program. If students

improve their grades, they will be reinstated to the team with good standing, and the administration will provide ongoing monitoring and support.

HEALTH/PHYSICAL REQUIREMENTS

ICS sports teams require different degrees of physical activity. Participants must understand the requirements of each sport and make sure that they are in the appropriate physical condition to safely play the sport.

Unless there is a medical condition that prohibits a participant from doing a certain drill or activity, all participants will be expected to follow the drills and physical activity requirements requested by the coach(es). Please know that these drills are necessary to improve performance on the court/field and are part of the learning and growth of all sports teams. If there is a medical condition present that prevents participation in these activities, the Athletic Director must be notified in writing as to the nature and extent of the condition. Upon reviewing the information, the Athletic Director reserves the right to deny such participants from participating if it seems it is in the best interest of the child and/or other participants.

DRUGS AND ALCOHOL

Students, spectators, or parents who possess drugs, alcohol, or weapons at any ICS athletic event (on or off school property) face suspension and/or expulsion from ICS sporting events. Please consult the parent/student handbook for additional information.

STUDENT ATTENDANCE

Students must be present at school by 11:30 a.m. to be eligible to participate in practices or games. If a student is absent for half the day or leaves early due to illness, they are ineligible to participate.

EXCUSED ABSENCES

Excused absences include school-related commitments, church obligations, family events, or medical appointments. These must be communicated to both the coach and Athletic Director in advance. Exceptions to the attendance policy may be granted for excused absences, but only with prior approval from the Athletic Director.

CAPTAINS

Coaches of each individual team will decide how captains are selected. Student-athletes may be provided with the opportunity to vote for their captains. However, coaches and administration have the final say on the decision.

The captain of an Immaculata School team should:

- Assume a leadership role in initiating dialogue among the team

- Assist the team in understanding the rules and expectations as outlined in the athletics handbook
- Lead by example, be a steward of faith, and display good character traits both on and off the field
- Help build team unity
- Motivate the team both during practice and before and during competition

A captaincy can be lost at any time if the coach feels that the captain is not upholding the spirit of the position.

TEAM SELECTION

In a Catholic school, it is essential to demonstrate respect for all members of the school community. There is not an expectation that all students will be able to be members of a team, but when cuts are necessary, students will be treated fairly and with compassion. Administration will review team cuts before team decisions are released.

Coaches perform skills assessments which include subjective and observational data during tryouts on each student, to help best determine which students will be on any given team. Upon request, students may be given feedback from a tryout. Athletic Director and/or the Head Coach will notify everyone that tried out for a team of their team placement via personal e-mail or phone call.

SOCIAL MEDIA

Social media, including parent-run Facebook pages and other platforms, should be used with care and respect. Before posting photos from Immaculata events, please consider whether you have permission to share them. In our faith-based community, we ask all parents to work together to uphold student privacy and promote a safe, respectful environment online. All social media use should align with general school policies.

TEAM PARENT

Each team needs a parent (or parents) to volunteer to be the team parent. The team parent will coordinate parent volunteers for each game to assist in carpooling to practice and games (when needed), scorekeeping, assisting in being line judge (volleyball), organizing parent list for snacks at games, etc. The team parent should have consistent contact with the individual coach to ask what other assistance they might need during the season.

PARENT AND SPECTATOR BEHAVIOR

The role of the parents and spectators within the ICS athletic program is to support the student-athletes in a positive way. If a parent feels dissatisfied with something in the athletic department, they are responsible for first making their concerns known to the coach, and then the athletic director. Parents are also expected to conduct themselves with sportsmanship at all athletic events, regardless of the situation. The use of profanity, racial slurs, or profane gestures is prohibited by student-athletes, parents, spectators, and coaches. Persons witnessed acting in this inappropriate behavior will be reported to the administration, and this can result in suspension from the team, immediate ejection, and possible suspension from future ICS athletic events at the discretion of the administration. Negative communication or physical contact with officials, players, or coaches will not be tolerated under any circumstances.

EJECTION/SUSPENSION

In any case where any athlete/ coach/ or parent is ejected from an athletic contest by the game officials, that person must serve a one-game conference suspension. The suspension will be for the next conference game played by the team. This rule will apply to any athlete competing on any team at any level. The suspension may be carried out from one season to another season in order to comply with Triangle Catholic Schools Athletic Conference (TCSAC) policy. Coaches serving suspension may not attend the game.

Ejections are determined at the sole discretion of game officials and may not be appealed. Any athlete who is ejected from a game will be required to serve the resulting suspension as mandated by TCSAC by-laws.

At Immaculata, sportsmanship and respectful behavior are essential values of our athletic program. Coaches are expected to hold athletes to high standards both during games and at practices.

Unacceptable behavior by a student-athlete may result in disciplinary action, including but not limited to suspension or dismissal from the team. Further disciplinary measures may be taken at the discretion of the coach, Athletic Director, or school administration.

PRACTICES

Gym/field time for all teams will be coordinated through the Athletic Director. Practice times will be worked out based on the coach's and gym/field availability. It may be necessary in some practices to share the gym/field with another team.

Participants on ICS sports teams do need to make every effort to attend all practices and games. Before deciding to participate in tryouts, participants must make sure that they are aware of the commitment they are making. Potential student-athletes should not try out for

a team if they are unable to complete their homework and be an active participant in practices/games. Parents should make sure that children do not over-commit themselves by signing up for several sports.

Schoolwork is the first priority, however, and at the discretion of the coach, a player may request to miss part or all of a practice in order to receive assistance from a teacher after school. If a player is going to miss a practice or game for other reasons, the parent should notify the coach with at least a week's notice when possible. This is very important because many coaches plan their practice agendas with specific drills that require a certain number of players. Once a player misses more than three practices/games (not including illness from school), the player can be suspended or dismissed at the discretion of the coach.

Cross Country Practice: By signing the handbook, as Parent/Guardian, I understand and give permission to the cross-country student-athlete to utilize the Duke East Campus for practices. Additionally, I understand that while at the Duke East Campus Wall, the coaches will implement a buddy system for running. The coaches will be placed at various points along the trail to monitor student-athletes and ensure that everyone is utilizing the buddy system.

PLAYING TIME

While it is understood that the student-athletes at ICS have other activities away from the school, full participation in team-orientated events will be expected. Failure to do so will result in reduced playing time. Exceptions may occur with same-sport conflicts, which will be addressed on a team-by-team basis. Immaculata Catholic School does not guarantee playing time at the varsity level. Playing time is determined solely at the discretion of the coach.

ICS participates in a competitive league, and we encourage each student-athlete to work as hard as possible to improve his/her skills to achieve more playing time. Every student-athlete who gives an honest effort in practices will play JV games. The coach reserves the right to not play any player who has not made a satisfactory effort as expected by the coach. Student-athletes can be moved during the season between JV and Varsity squads at the coach's discretion. Coaches will be expected to discuss their decision with the student athletes and their parents.

The ICS Athletic Department offers three levels of involvement in athletics

1. Varsity – This is the most competitive level. Coaches will select the team they feel will be most competitive in the TCSAC. Placement on this team is not guaranteed at any grade level and playing time on this team is not guaranteed at any grade level.

These decisions are left solely to the discretion of the coach. Each player on Varsity will get in the game at some point throughout the season but might not play in every game.

2. JV Basketball – Players who do not make the Varsity level may be placed on the JV team (when applicable). This team will be competitive at the JV level within the TCSAC. Playing time on the JV team is guaranteed as this is seen as a developmental stage for student-athletes. Coaches will see to it that each player gets playing time, and experience in game situations.

CONFERENCE PLAYOFFS

The 9 schools of TCSAC will participate in playoffs at the end of the season. The playoff schedule will be released at the end of the regular season.

WEATHER POLICY

In the event of poor weather conditions on game days, the Athletic Director will send a communication using TeamSnap if a game/practice has been canceled. If there is no message for a team, that game is being played at the regular time.

For all outside sport practices, if there is thunder or any sighting of lightning, no matter how distant, all play must cease immediately. Everyone must leave the field and take cover in a shelter or car. Coaches are responsible for issuing this directive if the Athletic Director or official is not present. For play to resume, there must have been no sign of any lightning or thunder for thirty (30) minutes. During games, officials have sole responsibility of determining play.

In the event of rain during the school day, every effort will be made to make any cancellation decisions for practices by 1:00 p.m. Parents will be notified via TeamSnap.

TRANSPORTATION

Transportation to/from practices and games is solely the responsibility of the parent/guardian unless a bus is chartered for out-of-town tournaments. We highly recommend that, if possible, carpool with other parents/guardians to practice and games.

If a team uses the school vans, parents will be expected to either pick up their child directly at the game/practice location. In addition, it is a privilege to utilize the school vans and it is expected that players maintain the cleanliness of the vans. Gather belongings, trash, and equipment from vans prior to exiting. If it is found that teams don't maintain cleanliness, the privilege may be taken away until rectified.

Each season, and for each sport, the team parent will publish a sign-up that will reflect the days in which teams need drivers, and how many are needed on that day. Please consider participating in this carpool. Parent/Guardian understands that if their child/student is riding in the school van, they are being driven by a school-approved driver in a school-approved vehicle.

Parent/Guardian understands that if my child is riding in the carpool, they are riding with a parent, and not on a school-approved vehicle or school-approved driver. The school is not responsible for non-sponsored school transportation.

DEDICATION AND DETERMINATION AWARD

Each coaching staff will choose a student-athlete from their team for the Dedication and Determination Award. This award is **not** based on a player's natural abilities or performance. Rather, it is an award for maintaining a positive attitude through adversity, working hard at all times, and always displaying respect for the coaches, teammates and opponents.

REMOVAL FROM THE TEAM-PARENT DECISION

The Principal, Athletic Director and coaches will respect and support the decision of a parent to remove his/her child from a team for any reason. However, once a child is removed, he/she may not be permitted to return to the team for the remainder of the season—this will be left to the discretion of the AD and admin.

GRIEVANCE PROCEDURE

Please be assured that our objective is to act as fairly and consistently as possible in all matters. We realize that issues and misunderstandings will arise throughout the course of any season.

Your constructive feedback is important to both our coaches and the athletic department staff. We strongly encourage you to go to the source of your issue prior to discussing this with individuals not directly involved. Coaches and the Athletic Director have been empowered by our principal to manage athletic programs on a day-to-day basis. These are the individuals most involved in the decisions and actions taken by the team. Going to someone other than the source of decision-making has proven to be counterproductive.

An individual or team grievance may include any perceived or enacted unfair or prejudicial treatment of a player by a coach. A grievance should be handled in the following matter:

1. Do not attempt to address a concern immediately before or following a game/practice.
2. Set up time to discuss the concern with the coach.
3. If the situation is not remedied then, set up a time to discuss the concern with the Athletic Director and/or school administration.

Please note that the coach oversees playing time, starting lineups, team placement, etc. The Athletic Director will avoid intervening with the coach's judgment on these issues unless the Athletic Director feels the situation is blatantly unfair.

ACKNOWLEDGEMENT OF RISK

In being offered the privilege to participate in ICS athletics, students and athletes acknowledge and fully understand that each athlete will be engaging in activities that involve risk of injury.

RIGHT TO AMEND

ICS Administration reserves the right to amend this handbook. Notice of these amendments will be sent via the school mailer and posted on the ICS athletics website. The Principal has the authority to remove a student or cancel a season if student-athlete(s) or parents are not adhering to Immaculata standards.

PARENT AND STUDENT AGREEMENT

Please read, sign, and date this statement and return it to the school office.

I have read and understand the Immaculata Catholic School Student and Parent Athletic Handbook and agree to abide by the guidelines outlined in this document.

_____ _____

Parent Signature **Date**

_____ _____

Student Athlete's Signature **Date**

This form must be returned **prior to tryout or first practice (whichever is first).** Otherwise, the student may not participate.

Contact Athletic Director

Athletics@icdurham.org