



RIALTO UNIFIED SCHOOL DISTRICT HEALTH SERVICES HEALTH POLICY GUIDELINES

Student Name: _____ Date: _____ School: _____

COMMUNICABLE DISEASES

1. **Head Lice:** Upon examination, if child is found to have head lice or nits, he/she will be excluded from school until proper treatment has been completed and nits are removed. Parent must bring student to health office for clearance.
2. **Impetigo and Ringworm:** Area is to be covered and under treatment if child is to remain in school.
3. **Pink eye, Conjunctivitis:** Itching, redness, and thick yellow discharge from one or both eyes. Child will be excluded until 24 hours of treatment.
4. **Other Communicable Diseases:** Child will be excluded until doctor releases child to return to school, i.e. rashes, blisters, sores, etc.

RESPIRATORY PROBLEMS

1. **Green Pus like Nasal Discharge:** Child will be excluded from school and will be asked to remain at home until discharge has cleared up.
2. **Coughing:** Coughing with "rattled" breathing from chest and chest congestion. Phlegm producing cough and/or bad nasal congestion. Child will be excluded from school.

ILLNESSES – DOCTOR NOTE IS REQUIRED IF ABSENT FOR MORE THAN 3 DAYS

1. **Fever:** If child has a fever of over 100.5 and symptomatic, child will be sent home for observation. Child is to remain home until fever free without medications for at least 24 hours before returning to school.
2. **Vomiting:** If a child has vomiting and appears ill, child will be sent home. Child is to remain home until vomit and symptom free without medications for at least 8 hours before returning to school.
3. **Diarrhea:** If a child has had 2 loose stools or 1 watery stool, child will be sent home. Child is to remain home until diarrhea (watery stools) and symptom free for at least 8 hours before returning to school.
4. **Stomachaches, Headaches, Sore Throats:** If child does not exhibit other symptoms, i.e. fever, etc., child is expected to remain in school for the day.

PRESCRIBED AND OVER THE COUNTER MEDICATIONS

1. Any medication to be taken at school requires medical orders from a doctor.
2. If a child is on antibiotic therapy and the doctor advised he/she is to remain home for a specific number of days, child must be kept home until released to return to school.
3. If a child is on antibiotic therapy she/he may attend school with a note of doctor's recommendation.
4. Please notify the school nurse if your child is on medications and let her know if there is something the staff should know or watch for. Contact the school health clerk for appropriate paperwork if you desire a medication to be given at school.

INJURY/ILLNESS

1. If your student is absent more than 3 days a doctor note is required.
2. If any restrictions, limitations or special accommodations require a doctor note.
3. If returning to school with medical equipment, i.e. wheel chair, crutches, casts of any kind, a doctor's order is needed.